

Charting the LifeCourse

The Charting the LifeCourse Framework was created BY FAMILIES to help individuals and families of all abilities and all ages develop a vision for a good life, think about what they need to know and do, identify how to find or develop supports, and discover what it takes to live the lives they want to live.

The following principles and values are at the core of the Charting the LifeCourse Framework, helping us to think differently about what it means to support individuals and families to have good lives.



PERSON WITHIN THE FAMILY

Individuals within the family unit have unique needs but are connected to each other as a whole, regardless of location or blood relation.

LIFE EXPERIENCES

Individuals and families focus on life experiences within specific life stages. These experiences influence the overall direction of the trajectory towards THEIR vision of a good life.



LIFE DOMAINS

A holistic approach helps individuals and families live fulfilling lives with specific, connected and integrated life domains.













ALL PEOPLE HAVE
THE RIGHT TO LIVE,
LOVE, WORK, PLAY,
AND PURSUE THEIR
LIFE ASPIRATIONS IN
THEIR COMMUNITIES.



INTEGRATED SUPPORTS STAR

Individuals and families utilize an array of integrated supports to achieve their vision of a good life. These include strengths and assets, relationships, community and eligibility-specific supports, and technology.

