# WORKING TOGETHER TO BUILD RENEW AS AN EVIDENCE-BASED PRACTICE FOR HIGH SCHOOL STUDENTS WITH EMOTIONAL AND BEHAVIORAL CHALLENGES

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Summary: Students with emotional and behavioral challenges succeed when they have teams working together to achieve their goals. A research study also takes a team. Two UCEDDs worked together to study RENEW. We followed four steps, just like RENEW does for students.

#### WHAT IS RENEW?

## CENTER ON DISABILITY AND COMMUNITY INCLUSION



The Center on Disability and Community Inclusion (CDCI) has a

Dr. Jesse Suter worked with other researchers on wraparound, so

had team with research and grant experience. Center also had funds

available for grant writing. Able to apply several times until funded.

grant on wraparound, so ready to apply for similar grant.

history of supporting projects like RENEW. Had applied for a research

WHAT DID VERMONT DO?



RENEW stands for Rehabilitation for Empowerment, Natural supports, Education, and Work. It is a strengths-based process that supports community inclusion and self-determination to achieve positive education, employment, and social goals. RENEW uses a person-centered planning process with four steps:

#### 1. ENGAGEMENT

RENEW begins with youth deciding they need support. Then a facilitator helps them create a plan that says who they are and what they want.

#### 2. TEAM DEVELOPMENT

Youth is supported by facilitator to make a team of people who are needed to help them achieve their goals. Need natural supports & professionals.

#### 3. IMPLEMENTATION

The team meets regularly to carry out the plan. They meet and check in regularly to make sure they are on track. Changes made when needed.

#### 4. TRANSITION

When the youth gains more self-determination skills, they can do more on their own. RENEW can then end, and youth can move to other things.

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#### WHAT DID NEW HAMPSHIRE DO?

#### Institute on Disability/UCED





Dr. JoAnne Malloy is one of the developers of RENEW and has strong

connections to wraparound community, so connected with Dr. Suter.

relationships with schools, trainers, and coaches. She also made

centers, and other providers. Promising data on student outcomes.

RENEW was developed in 1996 at the Institute on Disability (IOD).

RENEW is used around the U.S. by schools, community mental health

IOD led the implementation team, overseeing all trainings for schools, coaching for facilitators, and support for school teams. RENEW coaches worked closely with schools.

The coaches and IOD team saw some schools had trouble using RENEW. They realized we needed more data to understand how students were doing. IOD is also leading transition to next study.

WANT TO LEARN MORE ABOUT RENEW OR IOD?

https://iod.unh.edu/renew



CDCI successfully got research grant and led research study. CDCI also provided support for budget, IRB approval, and data collection and management.

We are now in the final year of the 4-year grant. However, we are planning for one additional year to complete student data collection and collect new data from schools on implementation.

WANT TO LEARN MORE ABOUT STUDY OR CDC!?

https://www.uvm.edu/cess/cdci/

