

BACKGROUND

The UAB Regional Autism Network (RAN) provides free, monthly Community Education Workshops (CEWs) to educate **families** and **providers** on specific issues related to caring for individuals with Autism Spectrum Disorder (ASD).

These workshops seek to connect underserved populations experiencing socioeconomic and psychosocial barriers to care. The workshops present evidence-based intervention strategies to caregivers and providers across the state of Alabama in an effort to increase knowledge and provide translatable skills.

OBJECTIVES

Increase knowledge of evidence-based strategies specific to ASD population

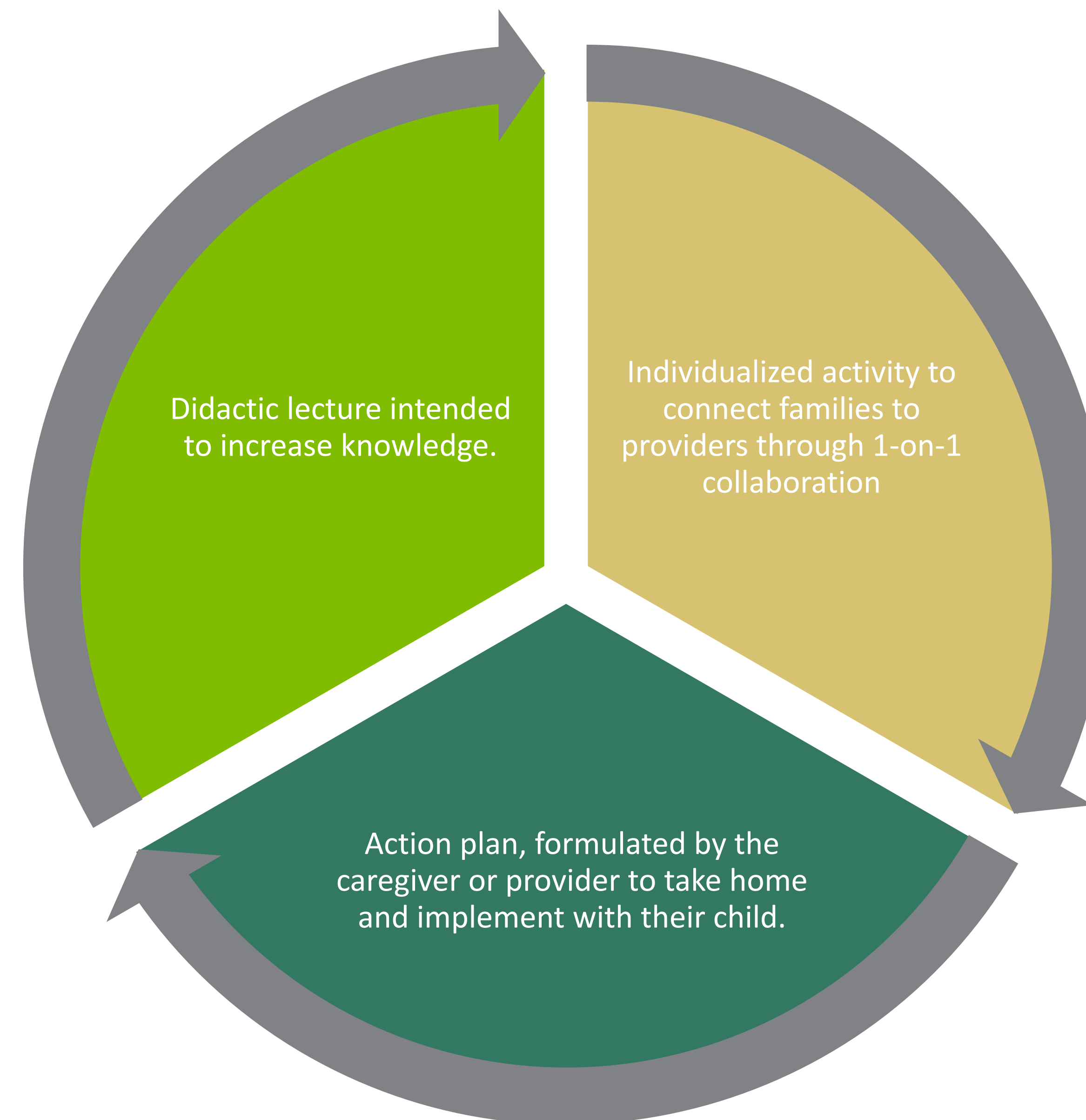
Increase confidence and competence in utilizing strategies in home, classroom, or community

Facilitate connections between caregivers and service providers

Bridge gaps and increase connection to the system of care

MODEL

While the UAB RAN organizes the CEWs, the workshops are facilitated by community-based providers that may not otherwise be accessible to families due to socioeconomic and psychosocial barriers. The workshops consist of three key components:



WORKSHOP TOPICS

- Challenging Behaviors
 - Breaking Down Transition to Adulthood
 - Communication
 - Education and the IEP Process
 - Into the Community
 - Seeking Services to Support
- Transition Age Youth
 - Feeding
 - Sleep
 - Special Needs Planning: Navigating Systems and Long-Term Support
 - Toileting Training

EXAMPLE MATERIALS

RAN
Regional Autism Network
Planning for Community Outings (5/20/2018)

List 3 community settings that are a challenge for your family. What are some hard or stressful parts about visiting those places?

STORE	"FUN" ACTIVITY	OTHER

What are some of the possible ASD and/or "typical" explanations for these challenges?

STORE	"FUN" ACTIVITY	OTHER

What are some antecedents that may help my child in this setting?

STORE	"FUN" ACTIVITY	OTHER

What are the behaviors or skills my child needs in this setting?
 (Place an * by skills or behaviors your child does not yet do consistently)

STORE	"FUN" ACTIVITY	OTHER

BEHAVIORAL PEDAGOGIC INSTITUTE OF ALABAMA
Sample Behavior Intervention Plan

Name: _____ Date: _____

Challenging behaviors to target (Select up to 3.):

- 1.) _____
- 2.) _____
- 3.) _____

Definitions of challenging behaviors:

- 1.) _____
- 2.) _____
- 3.) _____

What method will you use for data collection each behavior?

- 1.) _____
- 2.) _____
- 3.) _____

What is the function of each behavior? (Think SEAT.)

- 4.) _____
- 5.) _____
- 6.) _____