COVID-19 Public Health Webinar Series

Session 4: Advice on Your Questions
Thursday, April 30, 2020, 4:00 p.m. - 5:30 p.m. ET
Welcome

Ilka Riddle, PhD
University of Cincinnati Center for Excellence in Developmental Disabilities (UCCEDD)
Facilitators:
Ilka Riddle, PhD - University of Cincinnati Center for Excellence in Developmental Disabilities (UCCEDD)
Adriane Griffen, DrPH, MPH, MCHES - Association of University Centers on Disabilities (AUCD)

Speakers:
Georgina Peacock, MD, MPH, FAAP - Division of Human Development and Disability, National Center on Birth Defects and Developmental Disabilities, Centers for Disease Control and Prevention (CDC)
Tamara Theiler - Federal Emergency Management Agency (FEMA)
Maribell Hernandez – Center for Excellence in Developmental Disabilities at the UC Davis MIND Institute
Max Rivera Hernandez – Self Advocate / first year Community College Student
Laura Stough, PhD - Center on Disability and Development, Texas A&M University

Discussants:
Hector Ramirez - Disability Rights California
Carolyn V. Chang Esq. - Family Law Attorney

Q&A Marshal:
Ilka Riddle, PhD - University of Cincinnati Center for Excellence in Developmental Disabilities (UCCEDD)
Introduction: What is public health?

Adriane Griffen, DrPH, MPH, MCHES
Association of University Centers on Disabilities (AUCD)
Public health...

• Promotes and protects the health of people and communities
  - Everywhere: where you live, learn, work and play
• Prevents people from getting sick or injured
• Promotes wellness by encouraging healthy behaviors
• Practice of science and art

American Public Health Association: [www.apha.org/what-is-public-health](http://www.apha.org/what-is-public-health)
Public health is for everyone.

• Everyone! #PHis4Everyone
• Shares tools for managing change
• Thinking creatively and doing things differently
• Motto / Framework for AUCD’s National Center on Disability in Public Health

Public health is for everyone.

Work with us!

- AUCD works in every state and Territory
  - UCEDDS
  - LENDS
  - IDDRCs

- Advance policies and practices that improve the health, education, social, and economic well-being of all people with developmental and other disabilities, their families, and their communities.
Coronavirus and Individuals with Disabilities

Georgina Peacock, MD, MPH, FAAP

Division of Human Development and Disability, National Center on Birth Defects and Developmental Disabilities, Centers for Disease Control and Prevention (CDC)
Coronavirus and Individuals with Disabilities

Georgina Peacock, MD, MPH, FAAP
Community Interventions and At Risk Task Force
COVID-19 Emergency Response
Centers for Disease Control and Prevention

April 30, 2020

For more information: www.cdc.gov/COVID19
Watch for symptoms

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness.

Symptoms may appear **2-14 days after exposure to the virus**. People with these symptoms or combinations of symptoms may have COVID-19:

- Cough
- Shortness of breath or difficulty breathing

*Or at least two of these symptoms:*

- Fever
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

Self-Checker

A guide to help you make decisions and seek appropriate medical care.
CDC Updates – New FAQs Uploaded

Children and Youth with Special Healthcare Needs

Is my child with an underlying medical condition or special healthcare need at higher risk for severe illness from COVID-19? +

What additional steps should families that have a child with an underlying medical condition or special health care need take? +

What can I do if my child has difficulties adjusting to new routines and following recommendations? +

How can my family cope with the added stress? +

What if my child or someone else in the home is sick with symptoms of COVID-19? +

What if my child's symptoms of their underlying medical condition or complex, chronic medical condition get worse? +

What if my child needs to go to the hospital? +

Patients with Asthma

If I have patients with asthma, do I need to make any changes to their daily asthma preventive management regimens to reduce their risk of getting sick with COVID-19? +

If my patient experiences an asthma exacerbation, should the exacerbation be treated any differently to reduce risk of COVID-19? +

Are any changes recommended to the asthma treatment plan if my patient with asthma has COVID-19? +
People with Disabilities with Direct Support Providers

- Ask direct support providers if they have symptoms or if they have been in contact with someone who has COVID-19

- Tell direct support providers to:
  - Wash hands
  - Clean frequently touched surfaces and equipment
  - Wear a cloth face covering
  - Refer to [CDC’s Recommendations for Routine Cleaning and Disinfections of Households](https://www.cdc.gov/coronavirus/2019-ncov/hcp/routine-cleaning-disinfecting.html)

- Providers can follow CDC’s guidance for [healthcare personnel caring for patients with confirmed or possible COVID-19](https://www.cdc.gov/coronavirus/2019-ncov/hcp/healthcare-providers.html) and on [home care for people not requiring hospitalization](https://www.cdc.gov/coronavirus/2019-ncov/hcp/home-care.html)
Using Personal Protective Equipment (PPE)

- PPE is intended for patients with confirmed or suspected COVID-19 or people caring for patients.
- A cloth face cover is **not PPE**. It is meant to protect other people in case you are infected.
- Patients and healthcare personnel can follow the guidance for **putting on and taking off PPE gear**.
Practice Everyday Preventive Actions

- Clean your hands often
- Avoid close contact with people who are sick
- Stay home
- Avoid touching your face, eyes, nose and high-touch surfaces
- Cover mouth/nose with a cloth face cover
- Clean and disinfect

CDC COVID-19 Prevention site:
The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.
COVID-19 Update

Tamara Theiler
Federal Emergency Management Agency (FEMA)
Voluntary Agency Liaisons

• Foster partnerships to support the delivery of services to address disaster-related unmet needs.

• Resource for understanding FEMA programs and policy.

• VAL-Team@fema.dhs.gov
Regional Disability Integration Specialists

• Advise regional leadership on issues impacting people with disabilities across the states, tribes and territories.

• Serve as liaison between regions and Office of Disability Integration and Coordination.

• Engage in education and outreach on disability issues with SLTT, NGO and private sector partners.

• fema-nrcc-dica@fema.dhs.gov
Virtual Wellness Support

http://disasterdistress.samhsa.gov/
TTY: 1-800-846-8517;
Call: 1-800-985-5990
Text: ‘TalkWithUs’ to 66746

call 1-800-799-7233 and TTY 1-800-787-3224


http://mavi-pr.org/
Food and Nutrition Support

https://www.feedingamerica.org/find-your-local-foodbank

https://foodfinder.us/

Information Sources


• FEMA Rumor Control Page: https://www.fema.gov/coronavirus/rumor-control

• 2-1-1: http://211.org/services/covid19

• National Voluntary Organizations Active in Disaster: https://www.nvoad.org/
COVID19
What helps my family to feel safe and confident

Maribel Hernandez
Mother
Priorities for my family

- Health
- Peace
- Social time
- Organize every day
- Limit current information
- Realistic expectations for services and school
Services and school

- Opportunity to learn
- Considerate
- Effective communication
- Special times
- Less or new staff
What could help

- Identified priorities
- Have a flexible schedule
- Have an emergency plan
- Big change vs recreate
- Take care of yourself
- Ask your kids how they feel
Resources in Spanish

- Website
  https://health.ucdavis.edu/mindinstitute/centers/cedd-spanish.html

- Facebook UC Davis CEDD espanol
  https://www.facebook.com/CEDDCENTROPARALAEXCELENCIAENDISCAPACIDADESD
  ELDESAR/

- CEDD Spanish line (916)703-0439

- Maribel Hernandez, belhernandez@ucdavis.edu
Safe at home

Max Rivera Hernandez
Self advocate
COVID19

• What is it for me?

• How It makes me feel?

• What we need to know and understand?

• What we need to do?

• THIS TIME IS a great family time opportunity
Social time with my family

- Teaching Chris
- Exercise
- Mealtimes
- Movie time
- Cooking time
- Family activity
Free time

- Studying for my driving written test
- Household chores
- Drawing
- Computer, TV, or Video Games
Be safe

- Enjoy your free time
- Help people at your house
- I don’t check the news often
- Flexible schedule

- Be nice with yourself, try your best, and don’t pressure on your schedule
Advice on Your Questions

Laura M. Stough, Ph.D.
Research and Education on Disaster and Disability
Center on Disability and Development
Texas A&M University

COVID-19
Take Care and Take Precautions

redd.tamu.edu
The Disaster Cycle

The Four Phases of Emergency Management

- Mitigation
- Preparedness
- Response
- Recovery
Becoming Part of the Response

1. Provide resources and information
2. Connect people with disabilities and disability organizations with emergency management and public health contacts
3. Develop tools, services, and supports
4. Protect the continuity of your organization and your services
5. Protect yourself as a valued asset to the disability community
COVID-19 Information for People with Disabilities, Older Adults, and Others with Functional or Access Needs

- Accommodation and Compliance: Coronavirus Disease 2019 (COVID-19) - Information on how to handle clinical care during social distancing and school program closures.
- Alliance for Aging Research - Q&A about COVID-19 for older adults and people with chronic health conditions.
- Autism Focused Intervention Resources & Modules - Toolkit with information and resources on supporting individuals with autism through uncertain times.
- Autism Society - Provides updates, information, and resources on COVID-19 for people with in the autism community.
- Autism Speaks - Information on how to handle clinical care during social distancing and school program closures.
- Center for Disability Rights - Information on appropriate action steps for attendant service users in a response to the Coronavirus Disease.
- Centers for Disease Control and Prevention - Information for individuals who are at a higher risk for severe illness.
- Centers for Disease Control and Prevention - Provides information about COVID-19 and related topics in ASL.
- Centers for Medicare and Medicaid Services - The Coronavirus (COVID-19) Partner Toolkit can be found here.
- Communication First - Provides the information on the communication rights of individuals that have hearing, speech, or vision impairments getting treatment during COVID-19, as well as an accommodation request form to bring to the hospital.
- Communication Service for the Deaf - Provides COVID-19 information in ASL and the number to the ASL Now COVID-19 Hotline.
- Disability Community Preparedness Resources - A document providing resources related to COVID-19 for people with disabilities.
- Disability Rights Education & Defense Fund - Provides information on the rights people with disabilities have to receive healthcare during the COVID-19 pandemic.
- Disability Rights Texas - Provides information, resources, and updates on COVID-19-related civil rights and legal issues for people with disabilities.
- ElderCare Locator - A public service to connect you to services for older adults and their families.
- FACETS - Provides resources for families with autistic children and adults.
- Flatten Inaccessibility - An opportunity for people that are blind or have low-vision to participate in an inaccessibility survey during the COVID-19 pandemic.
- Freedom Scientific - Offering JAWS, ZoomText, and Fusion assistive technology programs to individuals that are blind or have low-vision free of charge for personal computers at home until June 30th, 2020.
- Global Healthy Living Foundation - Providing a free COVID-19 support program for chronically ill patients and their families.
- Hearing Loss Association of America - Information on how to communicate with doctors, nurses, and staff at the hospital during COVID-19.
- Houston Mayor's Office for People with Disabilities - Online form created to identify the immediate needs of Houstonians with disabilities caused by COVID-19.
Thank you for your email! We want to assure you that the Center on Disability and Development (CDD) at Texas A&M University is operational and continues to be of service to you and the community. In order to protect the health of our staff and those we serve, and following guidance from the CDC and Texas A&M University, all Center staff are working remotely from their homes. Our hours of operation remain the same - Monday-Friday 8AM CT – 5PM CT.

- If you need immediate emergency assistance, please call 911.
- If you are needing assistance with social services due to COVID-19, please call 2-1-1.
- If you have access or accommodation needs related to the current COVID-19 situation, call your local office of emergency management or call your local city hall.

In this current environment, information and understanding are changing rapidly. Stay up to date about the Center on Disability and Development's daily office operations and COVID-19 as it relates to you and the community's safety with the following resources:
- TAMU and COVID RESPONSE: https://www.tamu.edu/coronavirus/index.html and
- Also, follow the Center on Disability & Development (CDD) https://www.facebook.com/TAMUCDD/
| **Emergency Manager** | **Contact:** Brad Ellis  
**Address:** 104 Loop 150 W.  
Bastrop, Texas 78602  
**Phone:** 512-561-4022  
**Email:** brad.ellis@co.bastrop.tx.us  
**Website:** co.bastrop.tx.us/page/em.home |
|------------------------|-------------------------------------------------|
| **Long-Term Recovery Team** | **Bastrop County Long-Term Recovery Team**  
**Address:** Box 1975, Bastrop, TX 78602  
150 Settlement Drive, Ste. B-2  
**Phone:** 512-521-3001  
**Email:** info@bcltrt.org  
**Website:** www.bcltrt.org |
| **Council of Governments** | **Capital Area Council of Government**  
**Contact:** Mr. Betty Voights  
**Address:** 6800 Burleson Road, Building 310, Suite 165  
Austin, TX 78744  
**Phone:** 512-916-6018  
**Email:** byoights@capcog.org  
**Website:** www.capcog.org |
| **Center for Independent Living** | **Austin Resource Center for Independent Living**  
**Address:** 8200 Cameron Road Suite G154  
Austin, TX 78754  
**Phone:** 512-832-6349  
**Email:** arcil@arcil.com  
**Website:** www.arcilinc.org |
| **Education Service Center** | **Region 13**  
**Contact:** Mr. Rich Elsasser  
**Address:** 5701 Springdale Road  
Austin, TX 78723-3675  
**Phone:** 512-919-5313  
**Website:** www4.esct13.net |
| **Local Intellectual and Developmental Disability Authority** | **Bluebonnet Trails Community Services**  
**Address:** 1009 Georgetown St.  
Round Rock, TX 78664  
**Intake Phone:** 512-244-8363  
**Phone:** 512-321-7620  
**Main Phone:** 512-255-1720  
**Crisis Phone:** 800-841-1255 or 512-532-6021  
**Website:** www.bbtraills.org |
Prevention of COVID-19: Modifications and Accommodations for Individuals with Disabilities

There is currently no vaccine to prevent COVID-19. The best way to prevent infection is to take steps to avoid exposure to this virus, which are similar to the steps you take to avoid the flu. Most people with disabilities will not have difficulty with the CDC guidelines for self-protection. However, people with moderate to significant levels of disability may need the following modifications or accommodations in order to implement these guidelines. Always ensure that these and other guidelines are communicated in accessible formats.

<table>
<thead>
<tr>
<th>Cognitive Disabilities</th>
<th>Physical Disabilities</th>
<th>Sensory Disabilities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ensure understanding of the length of time hands must be washed.</td>
<td>Make adaptations to home environment to allow for frequent hand washing.</td>
<td>Provide guidelines in accessible format.</td>
</tr>
<tr>
<td>Use a timer or other assistive device to time hand washing.</td>
<td>Caregivers provide assistance so that hands are washed adequately and often.</td>
<td>Provide guidelines in accessible format.</td>
</tr>
<tr>
<td>Caregivers provide assistance and supervision so that hands are washed adequately and often.</td>
<td>Design accessible alternate hand sanitizing methods.</td>
<td>Provide guidelines in accessible format.</td>
</tr>
<tr>
<td>Ensure that people understand how to correctly use hand sanitizer.</td>
<td>Caregivers provide assistance in the use of hand sanitizer.</td>
<td>Provide guidelines in accessible format.</td>
</tr>
<tr>
<td>Caregivers provide assistance and supervision in the use of hand sanitizer.</td>
<td>Design accessible alternate methods to cover face.</td>
<td>Provide guidelines in accessible format.</td>
</tr>
<tr>
<td>Model correct procedures for covering coughs and sneezes.</td>
<td>Provide facemasks for those who cannot perform these functions.</td>
<td>Provide assistance in identifying disinfectant products.</td>
</tr>
<tr>
<td>Explain the importance of keeping hands away from face.</td>
<td>Caregivers provide assistance and supervision in washing hands and using hand sanitizer more frequently.</td>
<td>Provide guidelines in accessible format.</td>
</tr>
<tr>
<td>Model disinfection procedures.</td>
<td>Caregivers disinfect area for these individuals.</td>
<td>Provide guidelines in accessible format.</td>
</tr>
</tbody>
</table>

Replace caregivers and attendants who are sick and providing care.
Assist with spatial separation from others.
Model appropriate distance to keep from others.

Avoid close contact.
Avoid touching face.
Avoid touching disinfected areas.
Avoid close contact.
EFFECTIVE COMMUNICATION TOOLKIT

• The Effective Communication Toolkit helps emergency personnel ensure communication equipment and services address the functional and access needs of all people in the community.

• Find more info at www.preparingtexas.org and to download the toolkit

• Provides info on using people first language, plain language, multi-modal communication, and accessible charts and graphs

• Provide this information to emergency management in your community
Search Corona Virus Resources

Did you spot an incorrect phone number or something that is outdated? You can fix it! Simply create a free account. If you’re already registered, log in now.

Search Harvey Resources

Add Resources
Discussant

Hector Ramirez
Disability Rights, California
Discussant

Carolyn V. Chang Esq.
Family Law Attorney
Q&A Marshal

Ilka Riddle, PhD
University of Cincinnati Center for Excellence in Developmental Disabilities (UCCEDD)
Thank you for participating!

Save the Date: *Disability in Public Health COVID-19 Town Hall June 2 at 3pm ET*

Share resources in Public Health is for Everyone online toolkit that helps public health professionals create programs for everyone [www.phetoolkit.org](http://www.phetoolkit.org)