



National Center on Disability in Public Health
Public health is for everyone.

National Center on Disability in Public Health and YOU!

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ASSOCIATION OF UNIVERSITY CENTERS ON DISABILITIES

THE LEADERSHIP, EDUCATION, ADVOCACY & RESEARCH NETWORK



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Objectives

To learn about the evidence-based strategies used by the National Center on Disability in Public Health, including five main supports for inclusion of people who have a disability in public health and three key factors of readiness for change.

To examine key areas of health disparity among people who have a disability.

To explore how service as a Disability in Public Health Coach, Site or Learner is similar to a Community of Practice.

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Background on Need

1 in 4 people has a disability

- Over 61 million



Public health efforts do not consistently include people who have a disability

Health disparity areas impact people with disabilities too!

Access to Healthcare

Developmental Monitoring and Screening

Emergency Preparedness

Nutrition and Healthy Weight

Sexual and Reproductive Health

Wellness and Mental Health



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Areas of Health Disparity Among People with Disabilities

Any that impact the general public!

People living with disabilities have higher risk for poor health outcomes:

- hypertension,
- obesity,
- falls-related injuries,
- diabetes,
- smoking,
- depression.



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6 Focus Areas of National Center on Disability in Public Health

Aim: Build capacity by encouraging collaboration between public health partners and AUCD's Network Centers in every state and territory.

- 1. Access to Healthcare:** health care provider training on disability
- 2. Developmental Monitoring and Screening:** identify early signs of developmental disabilities and delays
- 3. Emergency Preparedness:** critical for everyone in community
- 4. Nutrition and Healthy Weight:** everyone needs healthy food to maintain a healthy weight
- 5. Sexual and Reproductive Health:** dating, healthy relationships, sexual orientation, and sexual health for people with disabilities
- 6. Wellness and Mental Health:** health promotion includes wellness and mental health and this needs to include people with disabilities



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Evidence-based disability inclusion in public health

1. Expertise of AUCD Network
2. Case study research with public health partners



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Evidence-based disability inclusion in public health

1. Expertise of AUCD Network

Association of University Centers on Disabilities (AUCD)

- Every state and Territory
- Advance policies and practices that improve the health, education, social, and economic well-being of all people with disabilities, their families, and their communities



Tip:

Find the AUCD Network Center near you:

<https://nationalcenterdph.org/aucd-network-centers/>



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Case study research with public health partners working to include people who have disabilities

- Examined factors of readiness for change and capacity building
- Found: 5 Supports for Inclusion
 1. Facilitative leadership
 2. Systematic reflection
 3. Support – more than money
 4. Personal interest/commitment
 5. Timing

Source: Griffen, A. K., et al, *Inclusion Wheel: Tool for Building Capacity and Public Health Leaders to Serve People With Disabilities* <https://doi.org/10.1177/1524839918788578>



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Case study research: *5 Supports for Inclusion*

1. **Facilitative leadership**-guide conversations with intention
2. **Systematic reflection**-dedicated time to think
3. **Support** – more than money, time, organizational vision alignment, dedicated staff and leadership
4. **Personal interest/commitment**-high engagement
5. **Timing**-learning/collaboration length, piggyback on other work

Source: Griffen, A. K., et al, *Inclusion Wheel: Tool for Building Capacity and Public Health Leaders to Serve People With Disabilities* <https://doi.org/10.1177/1524839918788578>



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Case study research with public health partners working to include people who have disabilities

- Examined factors of readiness for change (today) and capacity building (next time)
- Found 3 key factors for readiness for change
 1. Positive perception/quality interactions with partners
 2. Contact with organizations
 3. Recognition of need to coordinate

Source: Griffen, A. K., et al, *Inclusion Wheel: Tool for Building Capacity and Public Health Leaders to Serve People With Disabilities* <https://doi.org/10.1177/1524839918788578>



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Case study research: 3 Factors for Readiness for Change

- 1. Positive perception/quality interactions with partners:**
Partnership supports everything from activities and collaborations to future opportunities; awareness of partners and positive interactions key for pursuing future efforts
- 2. Contact with organizations:**
Interactions with organizations are important, conversations matter
- 3. Recognition of need to coordinate:**
awareness of how partners may contribute to program collaboration or joint efforts

Source: Griffen, A. K., et al, *Inclusion Wheel: Tool for Building Capacity and Public Health Leaders to Serve People With Disabilities* <https://doi.org/10.1177/1524839918788578>



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Readiness for Change Example:

Community of Practice for use of Diabetes Prevention Program by CDC's Disability and Health Grantees

1. **Positive perception/quality interactions with partners:**

Connecting the members with partnership opportunities, e.g. YMCA

2. **Contact with organizations:**

Facilitating positive conversations

3. **Recognition of need to coordinate:**

Introducing new partners to create awareness of how partners may collaborate

Source: Griffen, A. K., et al, *Inclusion Wheel: Tool for Building Capacity and Public Health Leaders to Serve People With Disabilities* <https://doi.org/10.1177/1524839918788578>



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I'm ready to include people with disabilities!

Now what?



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3 Getting Started Resources

#1) *Public Health is for Everyone Toolkit*: www.phetoolkit.org
Fact sheets, resources, and training

Public Health is for Everyone

An inclusive planning toolkit for public health professionals

www.phetoolkit.org


1 in 4 American adults has a **DISABILITY**

The graphic is a rectangular box with a dark blue left side and a light beige right side. The left side contains the title "Public Health is for Everyone" in white, followed by the subtitle "An inclusive planning toolkit for public health professionals" and the website "www.phetoolkit.org". The right side features four stylized human figures (one red, three orange) above the statistic "1 in 4 American adults has a DISABILITY".



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3 Getting Started Resources

#2) *Including People with Disabilities – Public Health Workforce Competencies*: <https://disabilityinpublichealth.org/> provide foundational knowledge around the relationship between disability and public health programs and outcomes



INCLUDING PEOPLE WITH DISABILITIES: PUBLIC HEALTH WORKFORCE COMPETENCIES

www.disabilityinpublichealth.org



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3 Getting Started Resources

#3) Foundational Principles for Sustainable Inclusion of People with Intellectual Disability

provides organizations with principles and guidelines to ensure full and sustainable inclusion of people with intellectual disabilities in health policies and programming, services, training programs, and funding streams

Foundational Principles and Guidelines for Sustainable Inclusion of People with Intellectual Disability



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Join Us! Serve as a Disability in Public Health Coach, Site, or Learner!

Disability in Public Health *Coach* – individual who has disability inclusion experience

Disability in Public Health *Site* – group, team, organization that has disability inclusion experience

Disability in Public Health *Learner* – not yet including people with disabilities, but want to do so

How will this work? Disability in Public Health Coaches and Sites will be matched with Learners who are not yet actively including people with disabilities in their health promotion and public health efforts, but aim to do so in the future.

Free to apply and participate! Applications due January 30 - Learning groups will form in February

Tip: [Apply today! https://www.surveymonkey.com/r/DPHApplication](https://www.surveymonkey.com/r/DPHApplication)

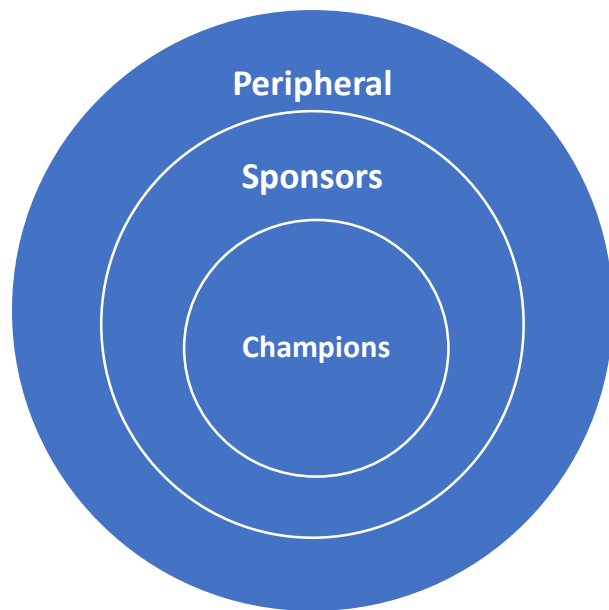


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Join Us! Serve as a Disability in Public Health Coach, Site, or Learner!

Coaches, Sites, Learner – similar to Community of Practice levels



What is a Community of Practice?

A forum for expanding skills and expertise, with different levels of participation:

1. Champions: inner circle of participants
2. Sponsors: a willing participant, but may not provide the same level of time, attention, and resources as a champion
3. Peripheral: a participant that is not actively participating and may be watching and listening to the interaction of core and active members

All members contribute to the leadership of the community rather than just one individual.

Source: *Communities of Practice*, Wenger

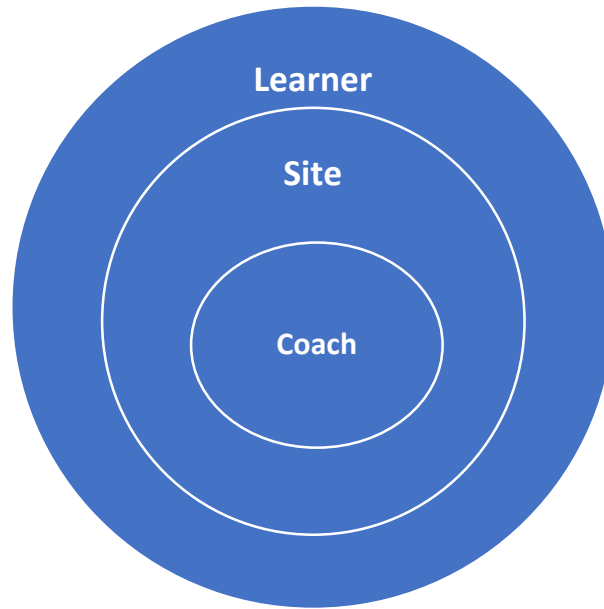


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Coach, Site, Learner – similar to Community of Practice levels



Tip: [Apply today!](#)

<https://www.surveymonkey.com/r/DPHApplication>

Source: *Communities of Practice*, Wenger



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Take Home Lesson:

Don't assume someone else is doing this work of including people living with disabilities

It's up to you!



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Calls to Action:

Join Us! Serve as a Disability in Public Health Coach, Site, or Learner!

Stay in Touch!

Follow Us on Twitter: @PHis4Everyone

Subscribe to Newsletter: Email NationalCenterDPH@aucd.org

Want to include PWD in your efforts? Ask for help!

AUCD's National Center for Disability in Public Health can help!

<https://nationalcenterdph.org/>

Join next webinar on 1/30

Learn more about factors of capacity that support inclusion of people who have a disability in public health



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Many thanks to our Sponsors!

**WITH Foundation,
CDC Grant 1 NU38OT000280-01-00,
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Visit www.nationalcenterDPH.org to
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Discussion

Any questions?



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Thank you!

Please complete evaluation.

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