

AUCD-Emerging Leaders Welcome Webinar
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>> Hello, everyone. We will start in about three minutes.

>> Hello. And welcome to the 2019 AUCD Emerging Leaders Welcome Webinar.

My name is Anna. And I'm the resource manager here at AUCD. Like to thank you for joining us today. I would like to address a few details. We will have a introduction of speakers. Because of number of participants, your audio lines are muted. We will un-mute them during the Q&A at the end. You can submit questions any point via the chat box. You say may send to whole audience or certain people only. Please note that we may not be able to address every question and may combine some questions. This webinar is being recorded and available on AUCD's webinar library. Will be a short five-question evaluation survey at close of webinar. We invite you to provide feedback on webinar and provide suggestions for future topics. Please join me for welcoming Meghan Breheney -- I killed it. That's how it goes. Meghan will start off the webinar. Meghan?

>> My name is Meghan Breheney. I'm one of this year's emerging leaders interns. Both Jazmin and I want to welcome the 2019-2020 emerging leaders. We are excited to have you as part of the community this year.

Brief overview of what we will cover during the webinar today. We are going to introduce ourselves. Talk about what AUCD as well as the emerging leaders community. Talk about our responsibilities and introduce you to the website and talk about getting engaged and events for this year. I'm Meghan. I'm one of the emerging leaders interns. I was born in raised by the beach in New Jersey. I'm now in the Bronx in New York City. I knew I wanted to be a general pediatrician. Listening to stories from my mom who is a kindergarten special education teacher who inspired me to go into the field of developmental and behavior pediatrics. I heard stories from her from parents and families having trouble accessing appropriate services for their kids. Not getting -- diagnoses or evaluations. I wanted to help children with developmental disabilities to help them navigate a complex network.

Outside of work, I love going to the beach, especially the one by my parent's house. I love running in central park as well as trying new restaurants in the city. Now here is Jazmin the other intern who is going to tell you a little bit more about herself.

>> Hi, everyone. Hopefully you can hear me. If you do not, put that in chat box. My name is Jazmin Burns. Born in raised in Sacramento. I'm currently a post doctoral scholar fellow at the U.S. Davis MIND institute. It's someone who has completed their doctorate program and

incurring rest of hours for a license. My brother is one that inspired me to enter this field because I saw the challenges that he faced when he was a kid. I wanted to learn more about how I can help him and others like him as well.

I have family members and friends who have experienced traumatic events. I'm very much interested in trauma informed care as well. I specialize in neurodevelopmental disabilities and evidence-based practices like cognitive behavioral therapy and love to do assessments as well. My main thing I enjoy is spending time with husband and three cats as well as cooking and eating and singing and I dabble in theater and I like to travel a lot too.

I would like to introduce you to Christine Liao.

>> Hi, everyone. My name is Christine. I'm the AUCD program manager. I would love to show you something about myself. I'm a former trainee. My interest especially at social work training as focused on deaf community inclusion especially making sure that our problematic efforts are -- diverse community and includes service to everyone and primary focus on mine is flexibility.

My roles here is basically all of you so involved in this community. Includes the LEND trainees and AUCD trainees. My vision with working with this community is that sort of acts as a professional home for all of you to learn about AUCD and resources that we offer, opportunities for all of you to connect with us and with other programs in the country. Be able to get involved with us and have leadership opportunities. My hope can be future leaders. For all of you who are joining in today, thank you. You will have an opportunity to see how you can do that. I will turn back to Meghan now. Thank you.

>> Who is part of AUCD? It's a diverse network of people with disabilities, family members, educators, researchers and professionals who all collaborate and work together to sort of advance the needs of the disability community. This is an overall schematic of different parts of AUCD. That stands for is Association of University Centers on Disabilities. It's an umbrella organization that has a lot of parts underneath it. If you look above, these are flee federal agencies -- three federal agencies that fund the program through AUCD. The first one on the left is maternal child and health bureau. What LEND is stands for Leadership Education and Neurodevelopmental Disabilities. This is where professional, speech and language trainees and psychology trainees get training in leadership in developmental disabilities.

Middle is office of intellectual and developmental disabilities. They fund the university centers of access and developmental disabilities. These are self-advocates, family trainees who advocate on both a community, state and federal level to advance different disability policies.

On the far right, last federal organization is the national institute for child health and human development. They found the 14IDDRCD that are under AUCD. That stands for intellectual developmental disabilities research center. These are transitional researchers who are looking at try to go find causes and possible treatments for intellectual and developmental disabilities. There are trainees who all work together under the umbrella of AUCD.

And I know I just kind of threw a lot of different acronyms out at you guys. I feel we have a lot of different acronyms. If you need help to remember them, took a while to get those down, you can check out guide on emerging leaders website. This is included on the webinar here as well as in the chat. Now I would like to introduce Andy Imparato who is executive direction of AUCD.

>> Thank you, I want to acknowledge and thank you and Jazmin in leadership in organizing the webinar. I had a chance to meet with you individually since you began as emerging

leaders interns. Thank Christine who is a champion for professionals on our staff. We are in the process of hiring a new staff person to be the lead staff working with emerging leaders community.

>> I like to be part of this opening webinar to introduce myself and kind of reinforce some of the messages that you are hearing from other speakers today. People are sharing their personal backgrounds, I grew up in southern California. My discipline is law and policy. I went to Stanford for law school. Doing disability work for my career mostly in the -- and before working -- I was working with Tom Harkin on health, laborer and pensions. I wanted to acknowledge that Katie who is on the line who is summer intern in addition to work with university commonwealth -- with higher education. And Rodney who is on the call is a phenomenal leader for IDDRRC. Rodney has a passion in trying to help folks in their development. I appreciate how much they are engaged in UCEDD.

One thing that happened last year is important milestone for us is our directors voted to change the AUCD bylaws so we have a voting member of our national board representing early career professional perspective. Six years before I got here, we had an early career professional on our board. They did not have a vote. They were non-voting member on the board. We had eight phenomenal people submit their applications to be the early career professional representative on the board. Nominating process where our nominating committee selected three of those individuals and they will go on ballot and voted on by directors in next week or so. I see that as another sign that our board and our membership are recognizing that the work we do is most important work that we do.

Sometimes I describe us as a 600 million-dollar research and development arm for the disability field where one of the things we develop is people. Reason I say \$600 million, if you add the budgets together and what they are able to leverage and attract beyond core funding, it's about 6,000 people working in it. Every year, we have 3,000 new trainees coming through the network. I feel like they are a critically important part of what we do. I encourage you during the time when you are a trainee or early career professional connected to one of our centers, recognized resource that you have at AUCD. And that's what you are going to hear about on this webinar. You will hear about it all year long from emerging leaders interns. For those able to come today at AUCD conference, you will get a feel for it there. We have over thousand people there and wonderful thing that happens in Washington every November. Delighted to meet you here. You can look at me at Andy@AUCD. Andy Imperato on Facebook and Andrew Imperato on LinkedIn. I think I'm turning it back to Meghan.

>> Great. Thank you so much, Andy. Just to talk to Christine a little bit to emerging leaders community. We 79 you to think of your professional home. It's made up of current and trainees and early career professionals. Multiple disciplines, come from all across the country. We want you to think of emerging leaders community as place to learn and engage with other trainees and also to use it as a bridge to larger AUCD community as well. One of the great things to check out is emerging leaders website. Link is also on this page. Intentionally designed with emerging leaders input what they thought would be most important for them. Divided into four sections. In a way mirror how you go through your training. First section is learn which is where you can learn about AUCD and more about the emerging leaders community. Next is connect. Talks about way you can connect one-on-one with other people in the emerging leaders community network. Whether social media or other platforms. Next step is getting involved in larger community. The map that I will talk to you about in a bit. And becoming a trainee liaison. And then grow is giving you information about taking your

training into your next step. Into resources for finding your next career and using the experience you had here to better your career in the future.

As the emerging leaders interns, we like to think we are a team. We want to be here throughout your training as a bridge between you guys and the rest of the network, we want to hear from you about your feedback and anything that you think could make your training better. Me and Jazmin have separate responsibilities but we want to work as a team. I'm involved in planning events in this webinar and trainee events at conferences and I'm in charge of creating the emerging leaders map. Jazmin is involved in communication and engagement and the trainee liaison coordinator.

I mentioned this map. This is a map highlights current trainees in network. Led by trainees who wanted to learn what other trainees were doing, what they were involved in, how they could connect with them and collaborate on different projects. This is what the emerging leaders map looks like. As you can see in previous maps, we had trainees from across the country who were showcased. If you click on pins, brings up ways and lists way you can communicate with that trainee.

>> We really want you if you know someone who is involved in interesting research, community outreach, self-or family advocacy. We would love for you to highlight them. Trainees can know what they were working on. You can email me with more questions to emergingleaders@aucd.org.

Now Jazmin is going to talk a little bit more about trainee liaisons.

>> Hey, everyone. We are currently recruiting for our trainee liaisons. Great opportunity if you are interested in leadership, networking and being the bridge between your center and AUCD. There is a commitment. We do have monthly training liaison calls. That's going to begin late October, early November. I'm working on the syllabus that will be sent out after recruitment ends. Social media interactions. You will be able to send social to me and post it on your behalf. AUCD 360 article is a requirement. Monthly newsletter that we send out. Highlights and research development and trainee development that you can do. Just one you are required to do. When we send out the syllabus, we will talk more about that as well. Attendance to one AUCD webinar. It's two to three hour per month requirement. That's something to work on to make sure it fits in.

We did include the link that goes straight to trainee liaison page. I shared the responsibilities already. I wanted to share a little bit more of the requirements. You have to be a current trainee for 2019/2020 year. I have been receiving e-mails from people who are interested or from the person's supervisor which is fantastic. It's really important that we are getting the training director involved so we know they are all on the same page. Training director from your program identifies the trainee and asks them to be the designated TL for the site. They can tell their training director that they are interested and have them reach out to me. If you are interested, have your program or trainee director e-mail me at emergingleaders@aucd.org. Make sure you are CC'd on the e-mail as well. Include name, e-mail address and discipline. I'm trying to keep all of that in order. Deadline for submission is October 11th. One other important thing I wanted to include. I know some sites are LEND and UCEDD, you can have two trainees if you are a dual system. You can have one LEND training as a TL and one UCEDD as a trainee as well. Keep that in mind.

For social media, we are working on our hashtags and everything. We do have a Facebook page. Please go ahead and "Like" the page. We have an Instagram at @AUCDpix. And Twitter is @AUCDNews. Once the PowerPoint is posted, you will be able to click the links

and follow along.

So next I'm going to pass it back to Meghan.

>> Great. Thank you, Jazmin. One of the things that I also wanted to talk about is getting involved with learning more about disability policy and if that's something you are interested in engaging more about policy education, you can check out the disability policy news in brief. What that is, it's a weekly e-mail about current disability policies and what I think is great about it is gives good and easy action steps that teach you how to engage with local and national lawmakers around those policies. Prior to autism cares being passed a couple of weeks ago, a lot of briefs talked about ways you can reach out to your local representatives to push for that legislation to be passed. I included the link here. Brings you to the page where you can put in your e-mail and prescribe. It's a weekly bulletin that will talk about what's current in the disability policy world.

Two of our big events this year that we wanted to highlight. First one is right around the corner. That's the AUCD conference. Over thousand people that come to this conference. A lot of engagement. A lot of networking. It's from November 17th from the 20th in Washington D.C. Specific trainee events at conference both networking and conference groups that are specific to trainees to allow them to get to know each other. Brainstorm about how we can improve our training, how we can interact with AUCD. There are scholarships available. Traveling to D.C. could be far away for some people. You can check out the national conference page or the emerging leaders website to learn more about scholarship activities. Go on that page and learn more about the conference. And check out scholarship opportunities. In spring in March, we have disability policy seminar. This is focused on advocacy. I included the link here. You can learn more about that conference as well. We talked about the emerging leaders community and how to get involved. I want to highlight the many, many different opportunities that emerging leaders have to get involved with the community. First one you are doing now. Attend the AUCD seminars to learn more about emerging leaders community and AUCD. We want you to represent your work and your program or your center by contacting me about emerging leaders map and nominate someone from center who is doing great work. Have your program director contact Jazmin about being a trainee liaison. We want to learn more about what other people are doing. We are going to try to use social media to highlight trainees and give current information what is going on. If you want to learn about disability policy and sign up to get the disability in brief newsletter, we would love everyone to attend the AUCD conference in November and the disability policy seminar in April.

New and exciting opportunity that kind of got hammered out in past week. That's becoming a council trainee representative. New opportunity for current trainees and to be involved on different councils on AUCD. There are councils that focus on research, education, training, communications and many more. Each of these councils is looking to have a trainee member who is involved to kind of be involved with them to learn more about what's going on in the training level and how things can be improved. You can join us on the webinar on October 29th at 2:00 if this is something you want to learn more about. If you are selected as a council trainee representative, you get \$500 to attend the AUCD conference in November. Great opportunity to get more involved with AUCD. Also to be able to fund a trip to the conference in November.

And then I'm going to turn it back over to Jazmin.

>> Thanks, Meghan. Because I'm in charge of communications and engagement, I wanted to

hear from you all, if you can just maybe type into the chat as I'm talking so I can see what you guys are thinking. What do you hope to get from your AUCD training. Also wondering what kind of information do you want to get this year. I don't want to inundate you with e-mails and information. Are you interested in certain resources and scholarships and things like that. That will help me pinpoint the information you are looking for and how would you like this to be disseminated. Do you want video posts. Social media or things that are interactive. You can e-mail me at emergingleaders@aucd.org. Because this will help me personalize everyone's experience and make sure that you guys are getting the information and training that you want to get.

I see there are questions regarding trainee events at conference. I did post a link that has a link for AUCD agenda. Some of the training events that will be held on Sunday, November 17th, we will be having a trainee networking session. That way we can come together, network with each other. Share ideas across the country, get contact information and things like that. On Monday 18th, trainee focus group. That's something that Meghan and I are working on. If you are interested, visits to Capitol Hill. You will want to work with your site in terms of if there are people to communicate on the Hill and setting up appointments and things like that. We will be posting new information. Those are exciting events that are happening at the conference.

>> We are not able to help with Hill visits. Oh, I am sorry. We don't help with Hill visits. That's the policy team at AUCD that will help with that. That's an option if you are going to D.C.

>> Join in with Jazmin because we saw some other questions that came up. One being about the emerging leaders map. And nominations open in November. We will close in December and anyone can nominate someone for the map. You can even nominate yourself if you are doing something you want to share with the emerging leaders community. Will be done via survey monkey. You can look for e-mail. That will give a link to survey and information we need from you of sort of thing to highlight who you are, things of that nature. Someone else asked about policy resources. And another great one is Tuesday's with Liz. This is a weekly YouTube video on Tuesdays with Liz who is one of policy advocates and she talks about various policies that are going on and a great way to stay up to date as well. You can check out emerging leaders website that you can get up on policies and how to make an impact on legislation and up and coming legislation as well.

>> Any questions or comments that you guys have for us?

>> Someone is typing. But in the meantime, just kind of going back to the last slide, you know, asking what you hope to get from your AUCD training and, I guess, I can go into a little bit about what I'm excited for this year and kind of specifically why I'm so excited to be one offer emerging leaders. I'm in my third year of training and I've been part of LEND program and about to finish my training year and excited to use this as an opportunity to learn about what other people across the country are doing and learn about how different centers work. Going into the job in the future, I know how things are done here, it's great to see how they are done across the country. And also looking forward to learn more about how AUCD works and how to get involved with policy and advocacy and get to know you at conference in two months.

>> I joined AUCD. Everything is very new and exciting. Reason why excited to join AUCD is it feels so much like a family. Everyone is very passionate and everyone is very kind. I wanted to know more about advocacy and policy. I know the patients I work with, they feel their voice is never heard. I wanted to be that voice for people. I have a strong passion for sharing resources with others, whether trainees, patients, families. I know it's hard to navigate certain

systems whether it's mental health systems or access disability resources. This is why gravitated to be a specific emerging leaders intern.

In terms of what I'm doing at LEND program. This is my first and last year with LEND. Wanted to work more with and learn more about leadership and focusing on working with 0 to 5-year-olds. That's a place where I wanted to gain more experience. I think I want to do that in my future as well.

>> Yeah, I was going to say, Katie had a question about trainee liaison opportunity.

>> I'm not quite sure what specific information you are looking for. That opportunity is to be a bridge between your site and AUCD. Questions that other trainees might have, you can bring to monthly calls. Certain highlights that you want to share, the research development. Things that are going on so that AUCD is in tune with that site and site is in tune with AUCD. We are a huge network. The trainer liaison position is good for keeping people up to date and informed. We have monthly calls. You will know what we are focusing on. We will have sign-ups for the AUCD 360 article. One that they will have to do. Send me social media for Twitter and Facebook. Good way for us to see what's going on across sites. I hope that answers your questions. If you have additional questions, type them in the chat box. I would happy to communicate more via e-mail. You can send questions to emergingleaders@aucd.org. And you can put trainee liaison. I will answer those questions. You're welcome.

>> This is Andy. I wanted to chime in a little bit. I feel like we have not a lot of participants on this webinar. I feel like one of the things that trainee liaisons is what is best way for us to engage trainees? Maybe that a webinar is not the best format. Doing it on a Friday is not the best choice of date. Liaisons are voice of 3,000 trainees to AUCD central office so that, you know, we're doing things and format in a way that results in more trainees engaging and making decisions in a way that benefits the trainees and is responsive to priorities and feedback. If you look at new positions created on the council, same idea, we want to give trainees while they are trainees opportunity to engage in council and evaluation which Rodney is one of -- council on community education dissemination for trainee council. We are getting that perspective as they have membership from across our network are making decision what they want to prioritize and work on.

>> That's correct. Some of those questions that are on the slide about what kind of information is needed, how should information be disseminated, these are things that hopefully go and ask and bring that back to you. That's helpful information. Every year is very different. Every year, trainees have different needs and wants. That's why I think it's important to have open communication. In doing this. We can have brainstorming sessions during these monthly calls as well.

>> Good to see that you have 21 fellows on the calls with you as well. Hello to everyone at your site and thank you so much for getting involved with the webinar.

>> Yes.

>> We don't want to bombard you with useless information in ways that you don't find accessible. You can reach out to us at social media to figure out ways to get everyone engaged is what we are here for and what we want to do.

>> Anyone have any other questions or is there something that we didn't cover that you want to know more about?

>> Or does anyone want to volunteer and tell us about themselves and why they are in AUCD and what they are hoping for from being a trainee this year?

>> Don't be shy.

>> 21 people in Massachusetts?

>> Technology. It's hard sometimes.

>> Yeah, also the conference is come up as well as we are starting to plan some of these trainee events input from emerging leaders would be great from what opportunities they feel is the best if there is anything they want to focus or talk about on. As of now, we are starting the process and really open to what sort of things we want to incorporate into the trainee events at the conference. We want you to get the most out of your experience in D.C.

>> Another exciting event is a training breakfast. And that's where professionals meet at a table and trainees can speak to the professional. There are many networking opportunities. Both formal and informal.

>> I'm not sure if everyone knows how to raise their hand.

>> There is a toolbar on the top. There is a person that's going like this. You can click that button and it will raise your hand.

>> This is Andy. I wanted to see if Rodney from the council on research and evaluation wants to say anything to the folks on this call about what your council is working on and how people might be able to get involved in it? Not to put you on the spot, Rodney. I know you are up to the challenge if we can make the technology work?

>> Your line is un-muted, Rodney, sounds like.

>> And he's typing.

>> We can't hear you, Rodney. Maybe we didn't un-mute your line. Try clicking on raised hand button.

>> You can have opportunity to chat if you want to try.

>> You just have to engage your speaker. It's the one that looks like a microphone. May not be clicked on.

>> We are trying to figure out our technical things going on, I was curious if people are interested in going to the conference or if they have already registered. Maybe if you have already -- if you are interested and/or registered, type in, yes, I'm going or put a green checkmark where the guy is doing this with his hand. I'm curious. I'm really excited.

>> Katherine is great. Great! We are looking forward to meeting all of you face to face.

>> Is there a LinkedIn group? That's a good question. I'm not sure if there is. But there we go. Christine says there is not one. There is an AUCD LinkedIn. Not emerging leaders but one for AUCD.

>> Yeah, this is Andy. There is an AUCD LinkedIn. It's not very active. If we have a trainee that is active and wants to get something going to make AUCD more active or start one that is focused on emerging leaders, we are totally active on that. We want to be active on platforms that you are active on. If you see an opportunity, we are completely open to that.

>> Which is great. Platforms changed quickly with what is engaging people the most. It's great to see what current trainees are using whether social media or LinkedIn. That's great part of having these conversations is learning about better ways to engage everyone across the network.

>> One thing I want to emphasize. Think of AUCD as amplification opportunity for anything that you want amplified. If you get an award, we want to know about it. If you are quoted in news thing or publish an article or do a poster or tag us on Twitter with your poster, we can amplify it. Think of it as a place to reach more people whatever you are trying to promote from where you are.

>> I don't know if Rodney is still having difficulty.

>> Anyone else with questions or suggestions or anything else they wanted to talk about as the webinar is getting close to the end?

>> Seems like Rodney is typing in the chat what he was hoping to talk about over the microphone.

Rodney. Smart goals for core is something new. Can you explain it a little bit further?

>> I want to remind people that CORE is on research and evaluation. Rodney is vice chair of that council. They have developed goals for their work as a council that align with AUCD's strategic map and overarching goals. If you go to toaucd.org, you can see councils as a header at top of website and you can click on it and get more information. I know it's going to take Rodney a while to type all of that. Wanted to share that information.

>> Thank you.

>> Seems like we have people on here from Miami and Massachusetts. Would anyone else want to volunteer where their program is. Where they are coming from today's webinar. Ah, Minnesota.

>> Virginia, Michigan. Kind of all over the country which is great.

>> Went by fast, I wanted to notice that somebody asked the question, are there opportunities for trainees to engage when not able to travel? And I think the question was specifically about engaging in AUCD conference. So one way to engage with the conference without traveling and also the disability policy seminar is to follow the hashtag. That's hashtag AUCD 2019. People are live tweeting the plenaries. Lots of photos of things happening including poster and poster presentations. There is a conference app that people can go in there and see posters on the app. It's a great question. We have 150 to 200 trainees at conference. We have 3,000 trainees. We welcome your thoughts about ways to get that information out for the people that are not able to be at the conference.

>> Additionally, if your site that has trainee liaison, share with them about things that you were held at the conference. That's something to be doing if you can't physically make it to the conference this year?

>> Any other questions or Rodney, you going to be typing more about smart goals for CORE?

>> So I think Rodney says it's better to send a link. I explained to people how we can find it on the website. We can follow-up with the link to CORE smart goal.

>> Great, sounds good.

Just make sure that you are signed up on trainee listserv. That's a lot of information will be disseminated. Resources and things like that. Again, please remember to e-mail us if there are any further questions about resources or how to nominate individuals for the emerging leaders map, we are very responsive. Don't be shy.

>> Yes. And start looking for posts from us on social media. We are trying to think of a cool hashtag. If anyone has any suggestions for that as well to kind of flag our posts on overall AUCD social media pages. But in the future, look for social medias posts. E-mails says that come out through listserv. We want to try to make this year as great and fulfilling and as much of a learning experience as we can.

>> So if there are no further questions, there is going to be -- I'm glad you found this helpful. That makes us happy.

>> There is going to be an evaluation to complete at end of this webinar. Christine, would you like to talk about that evaluation? I believe it might be a survey or a link just to see how we did and how we can better do the webinar in the future.

>> Yeah, looks like the link for the evaluations will pop up when we end so you guys can hang on and fill that out.

>> Great. Very nice to talk to all of you guys. I'm looking forward to meeting you at conference in November or if not through social media and e-mail.

>> Have a wonderful Friday, everyone. Look like your day is still over. Mine is in the middle. I'm here in California. Wonderful Friday and wonderful weekend. Thank you all so much for tuning in.

Donna CART Captioner: Webinar has ended. Thank you.