Your Personal Haven: Building a Sensory Lifestyle

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Advocacy Without Borders
Your Sensory Haven: Building a Sensory Lifestyle

This presentation blends first-person experiences with practical techniques to help families and individuals identify and problem solve for addressing sensory needs in a variety of contexts. Focused discussion will address developing personalized low-tech and low-cost pre-emptive strategies and contingency plans for home and community use.

- Recognize the intersectionality of sensory needs, functionality, and behavior expressions
- Identify potential effective strategies to use in home and community contexts for divergent sensory needs
- Reflect on a strengths-based perspective for addressing and honoring sensory needs
POTENTIAL

We are all gifted. That is our inheritance.
Heather Ann Chase

Why Are The Lights So Loud?

Stories About Being An Adult Female With Asperger's

Naoki Higashida

The Reason I Jump

The Inner Voice of a Thirteen-Year-Old Boy with Autism

David Mitchell

Introduction by David Mitchell

Translated by Ka Yoshida & David Mitchell

Loud Hands

autistic people, speaking
Because Stimming Is What We Do.
What Is Stimtastic?

Stimtastic is affordable stim toys, chewable jewelry and fidgets for autistic adults and teens as well as individuals with SPD, ADHD, dyspraxia... everyone who stims! Run by an autistic person, Stimtastic celebrates stimming as a natural part of our lives.

Every purchase you make at Stimtastic.co supports autistic individuals: 10% of proceeds from sales at Stimtastic.co go back to the autism community in the form of charitable donations and direct giving.

All of the stim toys, jewelry and fidgets we carry have been personally selected and tested by autistic individuals. We also carry an ever-changing line of autistic-designed stimming products as a way to support artists on the spectrum.
Stimtastic is affordable stim toys, chewable jewelry and fidgets for Autistic adults and teens (and kids too!). Owned by an Autistic person, Stimtastic celebrates stimming as a natural part of life on the spectrum.
Welcome to the BGLK Store!

For months I've been wanting to put a new solution together for the BGLK store, and we have finally made it happen. We will slowly be migrating products over here until everything is all moved over! Welcome!

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- 100 No-Cook Meal Items For When You Refuse to Adult
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