

UCEDD Involvement in State Health Reform Implementation Efforts

How to involve self advocates?

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IT'S ALL ABOUT...
Perspective=point of view...
How you see something



Community First Choice Option

- Community First Choice Option (CFCO) is section 2401 of the Affordable Care Act, which establishes a new State option to provide a broad range of personal attendant services and supports to eligible individuals based on functional needs.
- CFCO provides a six (6%) percentage point increase in Federal Medical Assistance Percentage (FMAP) permanently.



Service Delivery Structure

Current Structure				
	TCM			
ACS Waiver	Elder Choices	AAPD	Living Choices Assisted Living	Personal Care/Independent Choices
Case Management		Case Management		
Direct Services	Direct Services	Direct Services	Direct Services	Personal Care Services

Proposed Structure		
ACS Waiver	DAAS Waiver	State Plan Eligible/Non-Waiver Clients
Case Management/Self-Direction Counseling	Case Management /Self-Direction Counseling	TCM/Self-Direction Counseling
CFCO		
Direct Services		

Community First Choice Development and Implementation Council

To help make sure the CFCO program is put together in the best way possible, DHS established an 18-member advisory group, called the Community First Choice Council. It is made up of people who use services, individuals with disabilities, individuals who are aging, and people who represent people with disabilities and people who are aging.



Role of CFCO Council

The Council will provide important input and guidance to DHS in the development and implementation of the Community First Choice Option program.

The Council will:

- Provide input regarding the design and implementation of the CFCO and the array of services that will best meet the needs of individuals.
- Provide input for the development of the consumer-directed components of the CFC.
- Assist the State with identifying and addressing issues related to helping move services for individuals currently receiving other home and community-based services to the CFCO program to assure a seamless transition and continuity of service.
- Advise the State on strategies to ensure high quality of services that incorporates a continuous quality improvement design.
- Provide ongoing input into the operations of the CFCO during the implementation phase.

Why it's important to include Self Advocates?



- It is our lives being discussed in policies
- One size does not fit all
- Come together and work together
- We want to help work to
- make their own lives better
- Help you help us...
Support others to make
our lives better.



Why self advocacy is important?

- None of these changes or goals will be achieved just because we say they should.
- Self-advocates can do a lot to improve their own lives and help others improve their life too
- We can ALL be leaders in our lives
- “Self-advocacy” is a way for us to come together to improve our lives.



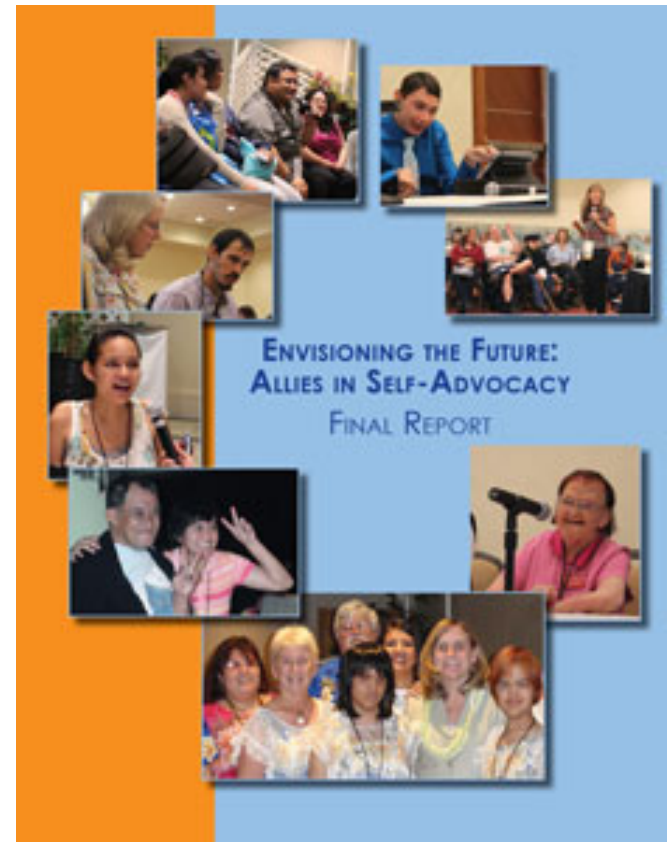
How to support Self Advocates?

- Make sure I can get to the meeting
- Make sure I have information that will be discussed at the meeting
- Call me and ask if I need to go over and talk about the information



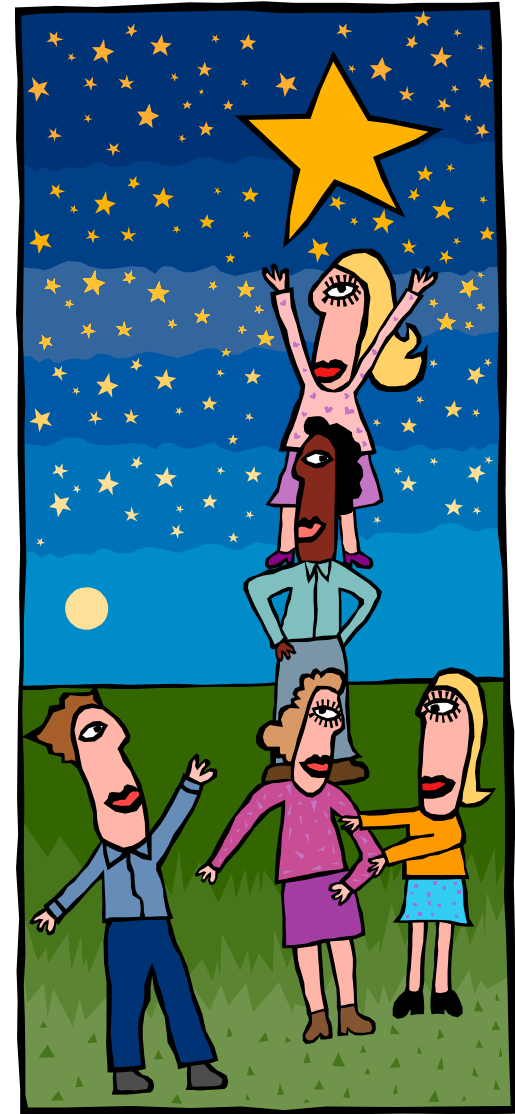
What can others do?

- ◆ Parents can support their family members to go to meetings and complete projects
- ◆ support a self-advocacy group...
- ◆ others should be sure self-advocates have the information they need to understand how services might change in their state



In the end...

- We are all leaders in our lives
- Self-advocates are learning to take charge of their lives
- They are learning to help others around them.
- And take action at the state and local levels.
- But... are YOU willing to hear what we say?
- Are we ALL willing to work together?





**"Coming together is a
beginning...keeping together is
progress...
working together is a
success."**

Self Advocates Were Here!



BE THE CHANGE YOU WANT TO SEE IN THE WORLD!