

# MEDICAID TRENDS AND PROJECTIONS

April 23, 2010

Steve Eiken  
Thomson Reuters



THOMSON REUTERS

# MEDICAID OVERVIEW

---

- A health insurance program for qualifying individuals
- Also funds long-term supports for people with disabilities
- State-administered, within Federal guidelines

# MEDICAID SUPPORTS FOR PEOPLE WITH DD

---

- Intermediate Care Facilities for people with Developmental Disabilities (ICF/MR)
- Home and Community-Based Services (HCBS) Waivers under Section 1915(c)
- Other options are less common

# STATE VARIATION IN MEDICAID SERVICES

---

- Total spending on DD services ranged from \$32 (Nevada) to \$338 (New York) in FFY 2008
- The percent spent on HCBS – not ICF/MR – ranged from 42% (Illinois) to 100% (Oregon)

Source: Thomson Reuters analysis of CMS 64 reports

# TREND: MORE COMMUNITY SUPPORTS

---

## Medicaid Expenditures in Billions

	2002	2008	% change
ICF/MR	\$11.3	\$12.0	5%
HCBS Waiver	\$12.8	\$21.7	70%

Source: Thomson Reuters analysis of CMS 64 reports

# TREND: MORE SUPPORTS IN PRIVATE HOMES

---

- Estimated People Who Received ICF/MR or HCBS, in Thousands

	2002	2008	% change
Family Home	150	253	69%
Own Home	65	83	28%
Other	260	278	7%

Source: National Residential Information Systems Project

# STATE USE OF WAIVERS

---

- In FFY 2008, 118 HCBS Waivers targeted people with DD:
  - Most served ID and related conditions
  - ID-only: 18 waivers in 9 states
  - ASD-only: 7 waivers in 7 states

# STATE USE OF WAIVERS

---

- Supports waivers, which do not provide residential services
- Waivers using Section 1115 that combine ICF/MR and HCBS (AZ, VT, RI)



# MANAGED CARE APPROACHES

---

- Managed by local MH/DD agencies using Section 1915(b) and 1915(c) waivers (MI, NC)
- Managed by a DD service provider using Section 1915(a) (PA program for adults with ASD)

# OPPORTUNITIES: IN-HOME SERVICES RESEARCH

---

- What interventions prevent out-of-home placement for children with DD?
- What supports help adults with DD live in their own home?