

What makes you the happiest in your daily life?

- 1) Interdependence
- 2) Building relationships
- 3) Work
- 4) Reinforcement
- 5) Trust
- 6) Models
- 7) Our families
- 8) Having good physical and emotional health
- 9) Freedom to make choices
- 10) Flexibility
- 11) Lifelong learner
- 12) Faith and hope
- 13) Maslow's hierarchy

## Maslow's Hierarchy of Needs



- 14) Being financial secure
- 15) Goal accomplishment
- 16) Sleep
- 17) A positive attitude
- 18) Love?