

Exhibit J.3 - UCEDD Checklist for Best or Innovative Practices

UCEDD BEST OR INNOVATIVE PRACTICES CHECKLIST

Instructions: The elements below are criteria to use to identify a best or innovative practice. Although a practice does not need to excel in every one of the elements, it must be noticeably superior to what is regarded as common practice among grantees to qualify as a best or innovative practice. Reviewers should rely on information provided by the grantee and will need to use their personal judgment when determining if a practice does qualify as a best practice. A best practice may be a research or evaluation project, policy analysis, data assessment, outreach initiative or awareness effort. It may provide direct service or supported opportunity to people with developmental disability, indirect support to family and community care givers or interdisciplinary training for students, fellows, professionals and policymakers. It may involve leadership development, community work or clinical practice. While best practices are diverse in their workings, they share these common characteristics:

ELEMENT #1: *It reaches the population of focus*

Grantee should explain how the practice reaches the population of focus and improves the lives of people with developmental disability, who are people with severe and multiple disabilities, without regard to disability label.

ELEMENT #2: *It is an effort characterized by quality*

Grantee demonstrates how this practice rises above the routine and can be fairly characterized as an outstanding or significant achievement due to model or innovative methods which are reasonable in cost; supported by individuals, families, policymakers and professionals; easily taught; replicable and adaptable by others.

ELEMENT #3: *Its impact is measurable*

Grantee can quantify the impact on people with developmental disabilities, families, community care givers, students, fellow, professionals, direct services and policy makers. Grantee can quantify the result of the practice with respect to leadership development, community work, litigation, mediation or clinical practice. Grantee describes the impact in terms of increased services, new individual supports,

Exhibit J.3 - UCEDD Checklist for Best or Innovative Practices

additional access to enriching community opportunities, improved awareness, better compliance monitoring, new legal precedent or a trained workforce. Grantee demonstrates that impacts are sustainable.

ELEMENT #4: *It addresses the aspirations of individuals*

Grantee demonstrates how the practice supports individuals with developmental disabilities in exercising choice, self determination and control of resources and how the practice contributes to the ability of individuals with developmental disabilities to live in the community in full and unqualified integration and inclusion with non-disabled peers and associates. The practice may, for example, provide access to safe and appropriate child care, after school services, public transportation, recreation, leisure and social activities; but it will certainly do so in the most integrated setting. It is often a practice which provides an opportunity to contribute and participate in the community, develop new friendships and lead a meaningful and productive life.

ELEMENT # 5: *It is respectful in its methods*

Grantee demonstrates how the practice reflects a social service philosophy that uses the strengths, resources and capabilities of the individual, respects the individual's dignity and priorities. It and views the individual as the primary decision maker in the service delivery process. The design, focus and direction of such a practice are derived from the involvement of people with developmental disabilities and their families. They support access to generic services rather than isolation within services specific to disability. They are cultural competent and reflect the meaningful preferences of many different communities.

ELEMENT #6: *It safeguards those it intends to benefit*

A best practice is one which is free of risk, abuse, exploitation, neglect or violation of civil rights.

Exhibit J.3 - UCEDD Checklist for Best or Innovative Practices

Use the checklists below to describe best or innovative practices by identifying 2 or 3 of the most significant accomplishments during the past five years (or since the last MTARS visit). In your description, discuss the steps that the UCEDD took to achieve the significant accomplishment.

BEST OR INNOVATIVE PRACTICES	
<i>Accomplishment</i>	<i>Description and Relevant Comments</i>
Describe accomplishment 1 – <ul style="list-style-type: none"> • Was it related to a goal in the 5-year application? • Were there barriers to its completion? • If so, how were they resolved? • What community partners were involved? • What was the impact on consumers? • What was the impact on the community and/or state? • Was the impact systemic? • Was the impact statewide? 	
Describe accomplishment 2 – <ul style="list-style-type: none"> • Was it related to a goal in the 5-year application? • Were there barriers to its completion? • If so, how were they resolved? • What community partners were involved? 	

Exhibit J.3 - UCEDD Checklist for Best or Innovative Practices

<ul style="list-style-type: none"> • What was the impact on consumers? • What was the impact on the community and/or state? • Was the impact systemic? • Was the impact statewide? 	
<p>Describe accomplishment 3 –</p> <ul style="list-style-type: none"> • Was it related to a goal in the 5-year application? • Were there barriers to its completion? • If so, how were they resolved? • What community partners were involved? • What was the impact on consumers? • What was the impact on the community and/or state? • Was the impact systemic? • Was the impact statewide? 	