America’s schools should be places where every child is safe and protected. The practice of seclusion and restraint in schools exposes students to physical, developmental, and emotional harm.

Seclusion and Restraint Terms to Know

- **Seclusion** is when a student is made to stay in a room or area alone and physically not allowing them to leave when they want.
- **Chemical Restraint** is the use of medicine to stop a student from being able to move freely or in some cases cause a student to fall asleep against their will.
- **Mechanical Restraint** is the use of a device or equipment to prevent a student from being able to move their body freely.
- **Physical Restraint** is when one person uses their body to keep a student from being able to move his or her torso, arms, legs, or head freely.

About the Act

The Keeping All Students Safe Act (Federal legislation) will provide children in all states equal protection from these dangerous practices. The legislation would:

**Not allow:**
- seclusion
- mechanical restraint
- chemical restraint
- any form of aversive behavioral interventions
- physical restraint that restricts breathing or is life threatening
- physical restraint as a planned intervention

**Require:**
- certification that meets minimum standards of staff conducting physical restraint
- parental notification and follow-up meetings if a physical restraint occurs
The Keeping All Students Safe Act provides for the resources and system support needed to make changes. It also guarantees that school faculty and staff are held responsible to use proven positive behavior supports to keep all children safe at school.

Support and sponsorship of this legislation is needed to establish long-overdue protections for the use of restraint and seclusion in our nation’s schools.