

**Helpful Resources**  
**MCHB Training Meeting**  
**Sunday March 5, 2006**

<b>1. Protection of health and safety</b>			
Organizer	Course Title	Website/How to access	Comments
CERT		<a href="https://www.citizencorps.gov/cert/training_mat.shtm">https://www.citizencorps.gov/cert/training_mat.shtm</a>	3-day training
OSHA	Disaster Site Orientation	<a href="http://www.wetp.org/wetp/index.cfm?Current=391">www.wetp.org/wetp/index.cfm?Current=391</a>	Available in many languages
CDC	Training for Supervisors at Disasters	<a href="http://www.cdc.gov/niosh/emhaz2.html">www.cdc.gov/niosh/emhaz2.html</a>	
FEMA	IS-22 Citizen Guide to Emergency Preparedness	<a href="http://www.fema.gov/areyouready">http://www.fema.gov/areyouready</a>	Are You Ready? An In-depth Guide to Citizen Preparedness (IS-22) is FEMA's most comprehensive source on individual, family, and community preparedness
FEMA	IS-346 An Orientation to Hazardous Materials for Medical Personnel	<a href="http://training.fema.gov/EMIWeb/IS/is346.asp">http://training.fema.gov/EMIWeb/IS/is346.asp</a>	This course is designed to prepare hospital personnel to analyze hazardous materials situations, take the necessary steps to assure medical provider safety, and identify appropriate resources for decontamination and medical care.

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<b>2. Personal and family preparedness plans.</b>			
Organizer	Course Title	Website/How to access	Comments
		<a href="http://www.ready.gov/america/overview.html">http://www.ready.gov/america/overview.html</a>	
American Red Cross	Together we Prepare	<a href="http://www.redcross.org/prepare/makeaplan.html">http://www.redcross.org/prepare/makeaplan.html</a>	A printable sheet with 6 steps to preparedness
FEMA	IS-22 Citizen Guide to Emergency Preparedness	<a href="http://www.fema.gov/areyouready">http://www.fema.gov/areyouready</a>	

<b>3. Chain of Command [e.g., Emergency Management Systems, ICS]</b>			
Organizer	Course Title	Website/How to access	Comments
FEMA	IS-100, IS-700	<a href="http://training.fema.gov/EMIWeb/IS/is700.asp">http://training.fema.gov/EMIWeb/IS/is700.asp</a> , Train-the-trainer opportunities in every state	Basic training
FEMA	IS-300, IS-400, IS-800		Advanced training for supervisors
	HICS 4	Trainings will be available in early summer 2006	For volunteers who will work with hospitals
University of MN Office of Emergency Preparedness and Public Health		<a href="http://www.ahc.umn.edu/outreach/epp/home.html">http://www.ahc.umn.edu/outreach/epp/home.html</a>	

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<b>4. The role of health in an emergency response</b>			
Organizer	Course Title	Website/How to access	Comments
AMA	National Disaster Life Support		Cost if CE credit is received
U of MN Public Health Emergency Training	UMPHET	<a href="http://www.sph.umn.edu/umncphp/phet.html">http://www.sph.umn.edu/umncphp/phet.html</a>	Available in modules
Indiana Dept. of Health	A compendium of training opportunities	<a href="http://www.inlms.com">www.inlms.com</a>	Requires registration to receive access to a collection of Public Health trainings.
NY-NJ Public Health Training Center	Orientation to Public Health	<a href="http://www.nynj-phtc.org/oph.cfm">http://www.nynj-phtc.org/oph.cfm</a>	A web-based course that provides learners with a basic understanding of public health's mission and functions

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<b>5. Communication roles and processes</b>			
Seattle/King County Advanced Practice Center	Emergency Risk Communication for Public Health Professionals	<a href="http://www.nwcphp.org/edu/riskcomm">http://www.nwcphp.org/edu/riskcomm</a>	
SAMHSA		<a href="http://www.riskcommunication.samhsa.gov/">http://www.riskcommunication.samhsa.gov/</a>	
Johns Hopkins School of Public Health	Risk Communication Symposia	<a href="http://www.jhsph.edu/preparedness/training/archives/Risk_Comm_symposia.html">http://www.jhsph.edu/preparedness/training/archives/Risk_Comm_symposia.html</a>	Ten 15-minute modules, includes notes and further resources
CDC		<a href="http://www.atsdr.cdc.gov/HEC/primer.html">www.atsdr.cdc.gov/HEC/primer.html</a>	Handout on topic areas for risk communication
NIH	Health Risk Communication	<a href="http://www.nlm.nih.gov/pubs/cbm/health_risk_communication.html">www.nlm.nih.gov/pubs/cbm/health_risk_communication.html</a>	Targeted to health care providers
FEMA	IS-242 Effective Communication	<a href="http://training.fema.gov/EMIWeb/IS/is242.asp">http://training.fema.gov/EMIWeb/IS/is242.asp</a>	Designed to improve your communication skills. It addresses: Basic communication skills, how to communicate in an emergency, how to identify community- specific communication issues, using technology as a communication tool, effective oral communication, and how to prepare an oral presentation.

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<b>6. Mental health and disasters</b>			
SAMHSA		<a href="http://www.shs.net/samhsadr/contents.htm">http://www.shs.net/samhsadr/contents.htm</a>	
CDC		<a href="http://www.cdc.gov/niosh/unp-trinstrs.html">http://www.cdc.gov/niosh/unp-trinstrs.html</a>	
SAMHSA		<a href="http://www.mentalhealth.org/cmhs/EmergencyServices/index.htm">http://www.mentalhealth.org/cmhs/EmergencyServices/index.htm</a>	Includes related links
SAMHSA	Tips for talking about disasters	<a href="http://www.mentalhealth.org/cmhs/EmergencyServices/after.htm">http://www.mentalhealth.org/cmhs/EmergencyServices/after.htm</a>	
SAMHSA	Self-Care Tips for Emergency and Disaster Response Workers	<a href="http://www.mentalhealth.org/cmhs/EmergencyServices/response.htm">http://www.mentalhealth.org/cmhs/EmergencyServices/response.htm</a>	
Department of Veterans Affairs	National Center for PTSD (NCPTSD)	<a href="http://www.ncptsd.org">http://www.ncptsd.org</a>	
NCPTSD	Disaster Mental Health	<a href="http://www.ncptsd.org/disaster.html">http://www.ncptsd.org/disaster.html</a>	
Emergency Preparedness Digest	The nutritional needs of rescue teams	St. Laurent, D. (1996).	
	Psychological First Aid	<a href="http://www.ifrc.org">http://www.ifrc.org</a>	
Nebraska Dept. of Behavioral health		<a href="http://www.disastermh.nebraska.edu/psychfirstaid.html">http://www.disastermh.nebraska.edu/psychfirstaid.html</a>	
Red Cross	Maintaining a healthy state of mind	<a href="http://www.redcross.org/preparedness/cdc_english/health.ast">http://www.redcross.org/preparedness/cdc_english/health.ast</a>	Also available in Spanish
CDC	Disaster Mental Health Primer	<a href="http://bt.cdc.gov/mentalhealth/primer">http://bt.cdc.gov/mentalhealth/primer</a>	