

**Virginia LEND Program  
Trainee Evaluation of Family Mentorship Experience  
2005-2006**

**Part 1**

For questions 1-10 please indicate the degree to which you agree or disagree with the following statements about the family Mentorship experience. Please indicate whether you *Strongly Agree (4)*, *Agree (3)*, *Disagree (2)*, or *Strongly Disagree (1)* by circling the corresponding number next to each statement. If the question is not relevant to your experience or you cannot answer the question, circle *NA (Not applicable)*.

<i>As a result of the Family Mentorship Experience.....</i>	<b>Strongly Agree (4)</b>	<b>Agree (3)</b>	<b>Disagree (2)</b>	<b>Strongly Disagree (1)</b>	<b>NA</b>
1. I have a better understanding of the day-to-day activities/routines of families that have a child with a disability.					
2. I have a better understanding of the additional issues which having a member with a disability brings into the life of a family (in terms of emotions, values/choices, culture, social life, schedules, finances, planning for the future, etc.)					
3. I have a better understanding of the impact (positive and negative) that professionals can have on the lives of families.					
4. I have become more sensitive to the need to consider the family and its particular routines and circumstances when developing treatment plans and interventions in my professional capacity.					
5. I have learned to appreciate family strengths and recognize the family as the expert in their child, in order to better promote parent-professional partnerships.					
6. I have a better understanding of the great diversity among families and their needs.					
7. I have a better understanding of similarities between families that have a member with a disability and families that do not.					
8. I recognize that any professional working with families that have a child with a disability would benefit from this type of an experience.					
9. I have discussed/promoted family-centered care with my colleagues/peers.					
10. I have acquired knowledge and tools which I intend to use in promoting family-centered care in my professional practice.					

**Part 2**

For the Family Mentorship Experience you were required to have five visits with the family assigned to you; have at least one phone contact with the family each month; twice either submit a journal record of your FME experiences and reflections OR attend a journal discussion group with your faculty advisor; complete four Blackboard assignments; participate in two group discussions throughout the year; and attend a training session on chronic illness, death, and grief. In the first six questions, please reflect on each of these requirements and provide some feedback about your experiences with each – for example, was it a worthwhile activity for your LEND training, what did you learn from it, how it might have been improved, and so on. The last four questions are included to get your feedback and suggestions about the Family Mentorship Experience as a whole.

1. Five (or more) face-to-face visits with your mentoring family:

2. Monthly phone or email contact with family:

3. Journal and/or journal discussion group:

4. Blackboard discussion activities:

5. Group FME discussions:

6. October session on chronic illness, death, and grief:

**Part 3**

[Note to readers of Promising Practices in Family Mentorship Guidebook: The questions in this section are actually posted for discussion by the Va-LEND trainees on the web-based FM discussion board. However, they could be included in the trainee evaluation form instead, as in this sample document.]

1. How did the Family Mentorship Experience add to your understanding of families who have a child with a disability?

2. In what ways did the Family Mentorship Experience add to your development of leadership skills in the area of neurodevelopmental disabilities?

3. How could the Family Mentorship Experience be improved for future Va-LEND trainees and mentoring families?

4. Do you have any additional comments, critiques, or suggestions for modifying and improving the Family Mentorship Experience?

**Thank you for all the work and caring  
you have put into the Family Mentorship Experience --  
and also into this evaluation!**