

**Understanding Family Perspective Curriculum
Third Year Residents
2005-2006**

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The Understanding the Family Perspective for Third Year Residents curriculum is a four-part, interactive lecture and experiential learning series to be provided to all third year pediatric residents during their one-month developmental behavioral rotation. While the curriculum for first year rotating pediatricians focuses on theory and process, this second in the series will focus on practical knowledge and practical application. This curriculum will help further build the residents' understanding of the issues and concerns of families who have a child with a disability and practical realities they face on a daily basis.

Pediatric residents will bring to the first session a case study from their current patient roster to use throughout the month. Compliance with prescribed treatments and directions is a major concern of medical practitioners. By building perspective, they will be better able to assist families in the ensuring appropriate and consistent care and services for children with disabilities. Additionally, attitude awareness is a key component of delivering quality medical care. Residents will be asked to self administer an attitude awareness instrument, measuring attitudes towards people with disabilities, intended to be an ungraded exercise in self awareness and improvement. It will be administered on the first day and at the end of the rotation. Pediatricians will also be called upon throughout the month to insert cultural issues into each of their scenarios.

During this one month rotation, the residents will be able to experience first hand the rewards and challenges of raising a child with a disability. In addition to classroom time, they will spend time visiting a local community resource, either Parent to Parent of Miami or Miami Children Hospital's Resource Center. This series is intended to bring additional awareness and perspective to pediatricians about the myriad of issues that families must balance while ensuring appropriate and consistent services for a child with disabilities. It is further intended that pediatricians will step up to the future leadership roles that they may encounter to ensure that the delivery of care and resources are readily available to families in a culturally sensitive and practical way.

The lecture series is developed and delivered by parents of children with disabilities.

Below is a brief description of the lecture series:

Session 1: "Systems of Care for the Child with Disabilities: Are there really 30 Hours in a Day?"

Each pediatrician will be asked to describe a child with complex health and developmental needs that they have provided services to during their residency. They will explore and construct a 'whole child' plan for the systems of care needed by their child, the logistical issues involved for the family in qualifying for, participating in and paying for those services and supports. The systems of care discussed will include education, medical care, recreation, caregivers, family considerations and respite care as well as the community resources that are available for each.

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Session 2: Family Resource Centers: Life Lines for Families

Pediatricians will take a field trip during this session to a community resource that exists to assist families similar to their case family. The pediatricians will visit Parent to Parent of Miami to see first hand the resources that may be available to a family with a child with disabilities. They will visit, explore and evaluate each of these resources through the eyes of their case family in an effort to build contextual perspective.

Parent to Parent of Miami – Isabel Garcia
Miami Children’s Hospital – Janet Bell Taylor

Session 3: IDEA and the Education of Children with Disabilities: The Pediatrician’s Role

Using their case studies, pediatricians will be given a broad overview of current legislation as it pertains to the education of children with disabilities at federal, state and local levels. They will learn about IFSPs, IEPs, transition plans and therapeutic services, practically applying these to their case studies.

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Session 4: Who Pays and How Much? – Helpful Hints for Pediatricians

During this session we will have an expert in the field discuss insurance, coding and billing, how to build in extra time into visits for families with children with disabilities, Title V funding, Medicare/Medicaid funding, SSI and Respite Care resources within the community. Pediatricians will again apply theory to their case studies in an effort to ensure appropriate and consistent services to their case family as well as learn what their role can/will be.

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Learning outcomes for the month long series:

1. Pediatricians will develop an awareness of and understand the importance of their role outside the clinic environment in ensuring the ‘whole child’ is served and accommodated.
2. Pediatricians will understand the practical realities from a parent perspective of coordinating systems of care for one child with disabilities and the magnitude of the effort required.
3. Pediatricians will have a broad general introduction to federal, state and local legislation and policy that impacts educational and medical systems of care.
4. Pediatricians will gain some insights and practical techniques for maneuvering through the maze of insurance and public program funding.

Suggested Readings:

1. Anderson, Winifred; Chitwood, Steven; Hayden, Deidre. Negotiating the Education Maze: A Guide for Parents & Teachers. Woodbine House, Inc., 1997.
2. Gill, Barbara. Changed by a Child. Broadway Books. 1997.
3. Haddon, Mark. The curious incident of the dog in the night-time. Vintage Books, 2003.
4. Quinn, Patricia O.; Stern, Judith M. Putting on the Brakes: Young People's Guide to Attention Deficit Hyperactivity Disorder. Magination Press, 2001.
5. Strohm, Kate. Being the Other One. Shambhala Publications. 2005.

8/3/05