

Models of Successful Health Care Practices for People with Developmental Disabilities including Rural, Urban and School Models

Title: Health & Wellness for Teens Living with Disabilities: Understanding and Becoming Sensitive to the Issues

Content Area: Access to health care for people with developmental disabilities, including insurance policy limits, health care as a business, empowerment, self-advocacy and systems change

Citation or URL: <http://www.healthwellness.org/archive/training/td4.htm>

Brief Description: The Rehabilitation Research and Training Center (RRTC) on Health and Wellness at Oregon Health and Science University developed a curriculum for use with teenagers with disabilities to support them in developing an understanding of issues related to achieving health and wellness. Information on the curriculum is provided on the webpage cited above. Additionally, on the webpage, copies of the curriculum can be ordered. The curriculum includes a participant and trainer's manual, as well as a video for use during instruction.

Title: Caring for Children with Neurodevelopmental Disabilities and Their Families

Content Area: Models of successful health care practices for people with developmental disabilities including rural, urban and school models

Citation or URL: Vargas, C. M. & Prelock, P. A. (2004). *Caring for children with neurodevelopmental disabilities and their families*. Mahwah, NJ: Lawrence Erlbaum Associated.

Brief Description: This book discusses issues involved in providing care to children with neurodevelopmental disabilities and their families. Specifically, it presents a multidisciplinary approach to family-centered, collaborative care that is responsive to cultural differences. Case studies are used to demonstrate the value of this approach for children with varying disabilities and their families. Chapters cover family's perspectives of family-centered care, cultural competence, care coordination, interdisciplinary assessment and practice, and transitioning to adulthood. Each chapter includes references, study questions, and lists of resources for students and trainees who want to gather further information on a specific topic.

Title: A Consensus Statement on Health Care Transitions for Young Adults with Special Health Care Needs

Content Area: Models of successful health care practices for people with developmental disabilities including rural, urban and school models

Citation or URL: American Academy of Pediatrics, American Academy of Family Physicians, & American College of Physicians—American Society of Internal Medicine. (2002). A consensus statement on health care transitions for young adults with special health care needs. *Pediatrics*, 110(6), 1304-1306

Brief Description: This brief article provides a consensus statement by the American Academy of Pediatrics, the American Academy of Family Physicians, and the American College of Physicians—American Society of Internal Medicine on the steps that medicine needs to take to ensure effective transitions for young adults with special health care needs that maximize life-long functioning. The article provides an overview of what is meant by health care transitions, and provides critical steps for ensuring that young adults experience successful transitions.

Title: Preventative Health Recommendations for Adults with Mental Retardation

Content Area: Models of successful health care practices for people with developmental disabilities including rural, urban and school models

Citation or URL:

http://www.guideline.gov/summary/summary.aspx?doc_id=4201&nbr=3209&string=mental+AND+retardation

Brief Description: This set of preventive health guidelines for individuals with mental retardation was developed in Massachusetts as a collaboration between the University of Massachusetts Medical School Center for Developmental Disabilities Evaluation and Research (E.K. Shriver Center) and the Department of Mental Retardation. The guidelines were developed in response to findings that people with mental retardation were not getting the same preventive health screenings as the general population. Additional recommended screenings that relate to specific diagnoses are also included.

Title: Massachusetts Health Promotion and Coordination Initiative

Content Area: Models of successful health care practices for people with developmental disabilities including rural, urban and school models

Citation or URL:

http://www.dmr.state.ma.us/Health_Promotion_and_Coordination_Initiative.html

Brief Description: The Massachusetts Department of Mental Retardation has recently implemented a health promotion and coordination initiative that provides consumers, support providers, and families with information and tools to use when communicating with health care providers about an individual's health. The complete manual with supporting materials is posted on the DMR web site (<http://www.dmr.state.ma.us/PDF/L2B-A1P.pdf>).

Title: Core Curriculum for Specializing in Intellectual and Developmental Disability: A Resource for Nurses and Other Health Care Professionals

Content Area: Models of successful health care practices for people with developmental disabilities including rural, urban and school models

Citation or URL: Nehring, W. M. (Ed.). (2005). *Core curriculum for specializing in intellectual and developmental disability: A resource for nurses and other health care professionals*. Boston, MA: Jones and Bartlett Publishers

Brief Description: This book takes an interdisciplinary approach to identifying and addressing health issues that affect people with intellectual and developmental disabilities across the lifespan. It covers a wide range of topics, including general topics such as health promotion, transition, nutrition, and quality of life outcomes, as well as more specific topics such as seizure disorders, eating and swallowing disorders, and psychopharmaceutical management of co-morbid psychiatric diseases. The text also covers family perspectives and health care policy issues. Additional resources are provided for each topic for trainees who want to gather more information on a specific topic.
