

Access to Health Care for People with Developmental Disabilities, including Insurance Policy Limits, Health Care as a Business, Empowerment, Self-Advocacy and Systems Change

Title: Health Care USA

Content Area: Access to health care for people with developmental disabilities, including insurance policy limits, health care as a business, empowerment, self-advocacy and systems change

Citation or URL: Sultz, H. A. & Young, K. M. (2004). *Health care USA: Understanding its organization and delivery*. Sudbury, MA: Jones and Bartlett Publishers.

Brief Description: This text provides an overview of the health care system in the United States. Changes in the system over time, as well as the economic, political, and social impetuses for these changes, are discussed. Specific attention is devoted to the evolution and impact of managed care and the market-driven system on health care and health care costs. Legislative and policy changes, such as the impact of the Balanced Budget Act of 1997 are also discussed. Chapters are devoted to emerging issues in: financing health care, medical education, the role of health care personnel, public health, and specific health care sectors (e.g., ambulatory care, long-term care, and mental health services). This text provides up-to-date information on the organization and delivery of health care in the United States.

Title: Wrestling with typology: penetrating the "black box" of managed care by focusing on health care system characteristics

Content Area: Access to health care for people with developmental disabilities, including insurance policy limits, health care as a business, empowerment, self-advocacy and systems change

Citation or URL: Brach, C., Sanches, L., Young, D., Harvey, H., MeLemore, T., & Fraser, I. (2000). Wrestling with typology: penetrating the "black box" of managed care by focusing on health care system characteristics. *Medical Care Research and Review*, 57(Suppl. 2), 93-115
(Available online (<http://mcr.sagepub.com/>) with subscription)

Brief Description: This article overviews and provides a framework, in matrix form, for understanding the relationship between the organizational and delivery characteristics of the managed health care system in the United States. Background information on the changes experienced over the past 20 years in the health care system is provided. Suggestions for achieving clarity in research through a better understanding of and typology for the organization and delivery of health care services are also provided.

Title: Closing the Gap: A National Blueprint to Improve the Health of Persons with Mental Retardation

Content Area: Access to health care for people with developmental disabilities, including insurance policy limits, health care as a business, empowerment, self-advocacy and systems change

Citation or URL: <http://www.surgeongeneral.gov/topics/mentalretardation/retardation.pdf>

Brief Description: In 2002, then Surgeon General, David Satcher M.D., Ph.D. convened a conference on Health Disparities and Mental Retardation. This conference included professionals in the field, service providers, and people with mental retardation and their families. During the conference, information was presented on the health disparities facing people with mental retardation, and a number of goals and action steps were created to guide future efforts to reduce these disparities. This report summarizes the information presented at the conference and describes the goals and action steps recommended to improve the health outcomes experienced by people with mental retardation.

Title: Rehabilitation Research and Training Center (RRTC) on Health and Wellness webpage

Content Area: Access to health care for people with developmental disabilities, including insurance policy limits, health care as a business, empowerment, self-advocacy and systems change

Citation or URL: <http://www.healthwellness.org/>

Brief Description: The Rehabilitation Research and Training Center (RRTC) on Health and Wellness at Oregon Health and Science University in Portland Oregon is funded by the National Institute on Disability & Rehabilitation Research and does research on overcoming the barriers people with disabilities face in accessing health care and developing innovative strategies to promote health and wellness outcomes in people with disabilities. There are a variety of materials available on their website, including information from the 2003 State of the Science Conference hosted by the RRTC on Changing Concepts in Disability and Health, articles that have been published as a result of the Center's research (<http://www.healthwellness.org/rrtclibrary/publications.htm>), and current, ongoing research projects (<http://www.healthwellness.org/research/research.htm>).

Title: Perspectives of Physicians, Families, and Case Managers Concerning Access to Health Care by Individuals with Developmental Disabilities

Content Area: Access to health care for people with developmental disabilities, including insurance policy limits, health care as a business, empowerment, self-advocacy and systems change

Citation or URL: Reichard, A., & Turnbull, H. R. (2004). Perspectives on physicians, families, and case managers concerning access to health care by individuals with developmental disabilities. *Mental Retardation*, 42(3), 181-194.

Brief Description: This article reports the results of a study of the status of medical care for people with development disabilities in Kansas. Specifically the authors surveyed and conducted focus groups with physicians, families and case managers on their satisfaction with the availability, accessibility, appropriateness, and affordability of health care for people with developmental disabilities. The authors report their findings from the survey and focus groups and provide suggestions for improving the status of medical care for people with developmental disabilities.

Title: Access to Health Care for Individuals with Developmental Disabilities from Minority Backgrounds

Content Area: Access to health care for people with developmental disabilities, including insurance policy limits, health care as a business, empowerment, self-advocacy and systems change

Citation or URL: Reichard, A., Sacco, T. M., & Turnbull, H. R. (2004). Access to health care for individuals with developmental disabilities from minority backgrounds. *Mental Retardation*, 42(6), 459-470.

Brief Description: This article reports the results of a project examining access to health care in Kansas for individuals with developmental disabilities from low-income populations and minority backgrounds. Specifically, the authors conducted qualitative interviews with 23 families who had a child with a developmental disability and an income below 200% of the federal poverty level. The authors discuss their findings and provide recommendations for improving access to health care for people with developmental disabilities from low-income populations.
