

**Leading Change in Disability
Rights, Ethics and Genetics:
*Generating Conversation for
Policy and Practice***



Tuesday, November 19, 2019

8:30 - 10:15 a.m.

Panelists



Kara Ayers, Ph.D., OH-Cincinnati UCEDD

Sunday Francis, Ph.D., MN LEND

Leila Jamal, ScM, PhD, CGC, National Institutes of Health

Stephanie Meredith, KY UCEDD

Goals of Presentation



Background



Intersection of topic within AUCD network



Future directions for AUCD network



Centers' role in future activities



Genetics and the Disability Community: A complex history and a hopeful future

Kara Ayers, PhD

University of Cincinnati UCEDD and LEND

Center for Dignity in Healthcare for People with Disabilities

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Lived Experience with Genetic Disabilities



“It is not enough that people with disabilities have a place at the tables where genetic technologies and policies that govern them are being discussed. Those with lived experience must also have a role in decision-making and leadership in these spaces.”



History of Genetic Science and the Disability Community



- Eugenics was (is?) a social movement that argues the human race should be improved if “undesirable” traits were not passed on to future generations.
 - Sterilization is one result of the eugenics movement.

Genetics and Parenting with a Disability



- Parents and prospective parents with genetic disabilities have an increasing number of choices related to family-planning.



Is provider neutrality possible?



- Providers, like genetic counselors, aim to provide non-directive (or neutral) information.
- Medical education expects neutrality but is it realistic with the reality of ableism?

What's often left out of these discussions?



- The role of disability identity in people's decision-making about prenatal testing
 - Those who endorsed a social model of disability were more likely to pursue testing.
- The role of implicit bias among providers in recommending genetic technology



Considering Long-term and Short-term Consequences of Genetic Technologies



- Individual considerations and the need to include a wide spectrum of options
- Speed of advancement
- Actual access and availability of these technologies to most or all
- Unintended or unexpected consequences





Kara Ayers, PhD

Assistant Professor

Associate Director, UCEDD

Cincinnati Children's Hospital Medical Center

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Genetic Research

(in Autism Spectrum Disorder)

Sunday M. Francis, PhD

University of Minnesota

AUCD 2019

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ASD Research: From Micro to Macrosystems



- Genetics
- Gut microbiome

- Functional coupling of brain and behavior (e.g., eye-tracking, imaging)
- Development of screening and diagnostic tools
- Biomarkers

- Prevalence
- Differences across cultures & populations
- Research Registries (i.e., FIND Network, Simons Clinical Network)

- ASD research happens at the very small scale to the very large scale

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ASD Genetics

Examples from the Literature



- Some examples of genes found to have connections to ASD



Integrated analysis of whole-exome sequencing and transcriptome profiling in males with autism spectrum disorders

Marta Codina-Sola^{1,2,3}, Benjamin Rodríguez-Santiago⁴, Aida Homs^{1,2,3}, Javier Santoyo⁵, María Rigau¹, Gemma Aznar-Lain⁶, Miguel del Campo^{3,7}, Blanca Gener⁸, Elisabeth Gabau⁹, María Pilar Botella¹⁰, Armand Gutiérrez-Arumí^{1,2,3}, Guillermo Antiholo^{3,5,11}, Luis Alberto Pérez-Jurado^{1,2,3*} and Ivon Cusó^{1,2,3*}

“...deregulated expression in 1.7% of mutated genes (that is, **SEMA6B**, **MECP2**, **ANK3**, **CREBBP**)”

Neuromol Med (2013) 15:339–350
DOI 10.1007/s12017-013-8222-5

ORIGINAL PAPER

Epigenetic Factors and Autism Spectrum Disorders

Bess M. Flashner · Mark E. Russo ·
Jenine E. Boileau · Derek W. Leong ·
G. Ian Gallicano

“...we examine neurodevelopmental disorders that share significant phenotypic overlap with ASDs and feature the dysregulation of epigenetically modified genes including **UBE3A**”

AJMG AMERICAN JOURNAL OF
medical genetics

Narrowing of the responsible region for severe developmental delay and autistic behaviors in WAGR syndrome down to 1.6 Mb including **PAX6**, **WT1**, and **PRRG4**

Toshiyuki Yamamoto , Masami Togawa, Shino Shimada, Noriko Sangu, Keiko Shimojima, Nobuhiko Okamoto

First published: 19 December 2013 Full publication history

DOI: 10.1002/ajmg.a.36325 View/Save Citation

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“Social” Neuropeptides

ASD Genetics + Biomarkers



- Research has connected these genes with diagnosis and other characteristics of ASD



Francis et al, 2016

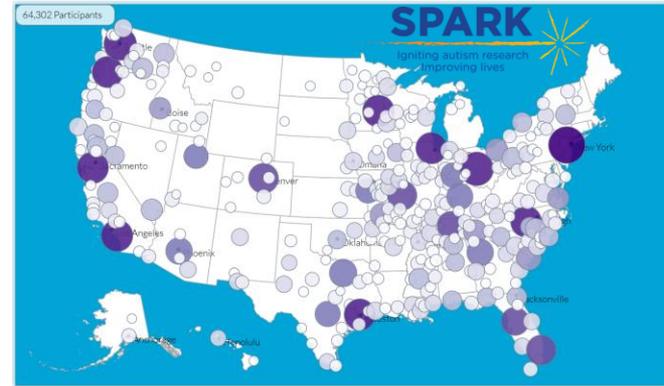
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Taking the Micro Macro



- Studying the genetics in large groups can be helpful
- Large genetic studies are underway
 - SPARK - a nationwide genetics study to collect samples from 50,000 families
 - Larger studies - increase statistical power and can address heterogeneity issues



From SPARK Website July 2017
Dark Purple 4,700-10,000

NEUROVIEW | VOLUME 97, ISSUE 3, P488-493, FEBRUARY 07, 2018

SPARK: A US Cohort of 50,000 Families to Accelerate Autism Research

The SPARK Consortium

nj Genomic Medicine

Exome sequencing of 457 autism families recruited online provides evidence for autism risk genes

[Pamela Feliciano](#)^{#1}, [Xueya Zhou](#)^{#2}, [Irina Astrovskaya](#)^{#1}, [Tychele N. Turner](#)^{#3}, [Tianyun Wang](#)³, [Leo Brueggeman](#)⁴, [Rebecca Barnard](#)⁵, [Alexander Hsieh](#)², [LeeAnne Green Snyder](#)¹, [Donna M. Muzny](#)⁶, [Aniko Sabo](#)⁶, The SPARK Consortium, [Richard A. Gibbs](#)⁶, [Evan E. Eichler](#)^{3,7}, [Brian J. O'Roak](#)⁵, [Jacob J. Michaelson](#)⁴, [Natalia Volfovsky](#)¹, [Yufeng Shen](#)² and [Wendy K. Chung](#)^{#1,8}

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The Scientist

One Researcher's Journey



- Graduate Research
 - Neuroplasticity in the motor cortex
- Postdoctoral Research
 - Investigating ASD and other NDDs from genetics to big data modeling
 - Role of neuromodulation in the understanding of perinatal stroke
 - MN LEND fellowship

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The Scientist

As Communicator & Advocate



- Begin early within training to connect beyond other researchers, ask socially-minded questions, and increase awareness
- Connecting with communities through informal and formal programs
- Understanding the language and images preferred by communities
 - 2018 MN State Fair Study
- Listening to communities

The Team



CAN | Lab

Converging Approaches to Neurodevelopment



@UMN_CANLab



canlab.umn.edu

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Bernadette Gillick, PhD, MSPT, PT

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The Funding



National Institutes of Health
Turning Discovery Into Health

SFARI

SIMONS FOUNDATION
AUTISM RESEARCH INITIATIVE



UNIVERSITY OF MINNESOTA

Driven to Discover™

LEND

Leadership Education in
Neurodevelopmental Disabilities



DEPARTMENT OF DEFENSE

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Clinical Practice



Leila Jamal, ScM, PhD

About Me

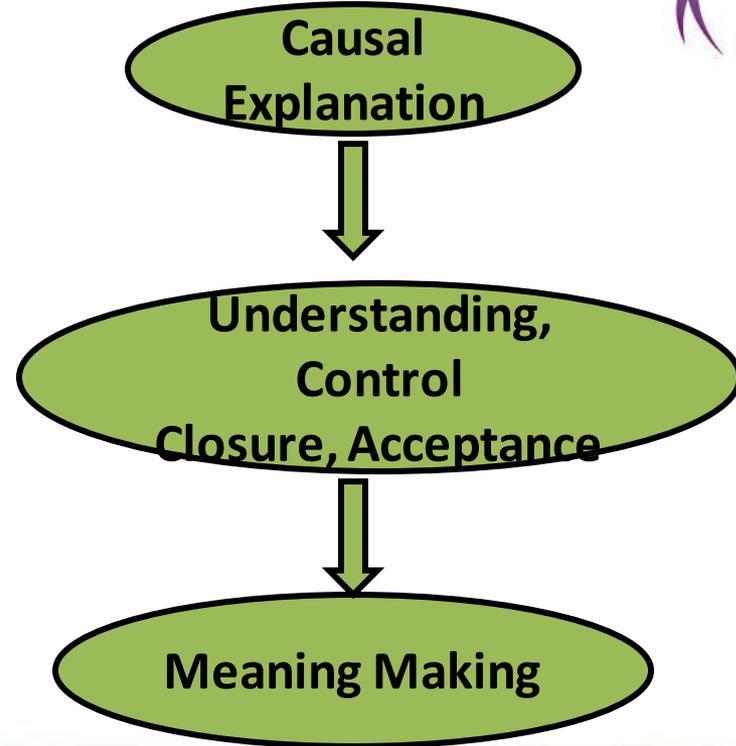


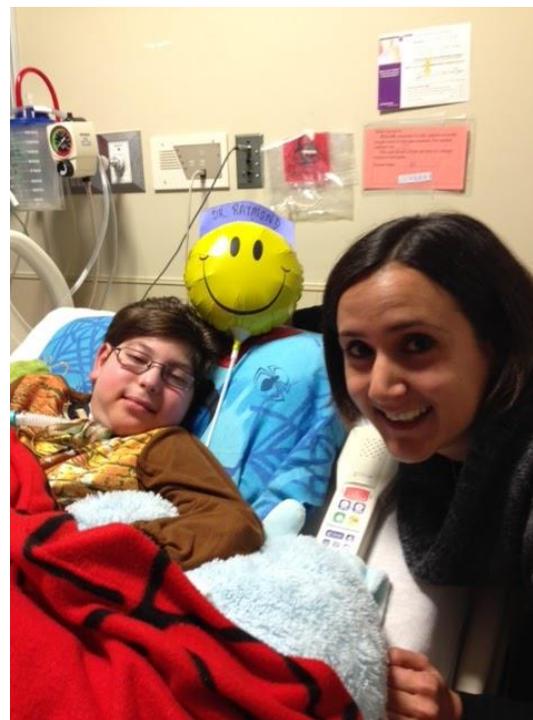
- Research genetic counselor at NIH
- Affiliated Researcher, NIH Department of Bioethics
- Previously worked in pediatric neurology and adult oncology



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Two Ways to Use Genetic Information





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A Changing World

The New York Times

The Online Gene Test Finds a Dangerous Mutation. It May Well Be Wrong.

Third-party analysis of raw DNA is not as rigorous as that done in a certified laboratory. But many consumers don't understand that their results are not conclusive.

NONINVASIVE PRENATAL TESTING (NIPT)

NIPT is incredible & offers you so much information with such little risk.

FETAL DNA MATERNAL DNA

The infographic features a photograph of a pregnant woman on the left. To her right is a diagram showing a fetus in a womb, with arrows indicating the process of sampling fetal DNA from the mother's blood. Below the diagram are icons for fetal DNA (a blue double helix) and maternal DNA (a red double helix).



New gene editing tool could fix most harmful DNA mutations

'Prime editing' more precise than Crispr-Cas9, but still needs time before use on humans



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Genetics: *Original Research*

Noninvasive Prenatal Whole Genome Sequencing

Pregnant Women's Views and Preferences

Haley K. Sullivan, BS, Michelle Bayefsky, BA, Paul G. Wakim, PhD, Kathi Huddleston, PhD, Barbara B. Biesecker, PhD, Sara Chandros Hull, PhD, and Benjamin E. Berkman, JD, MPH

More than half of respondents wanted (at minimum) clear recommendations from clinicians when deciding which prenatal whole genome sequencing results to receive.

The most frequently cited reason for wanting medical prenatal whole genome sequencing results was "to prepare financially, medically, or psychologically for a child with special needs."

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Questions



- How can we provide scientific expertise without reinforcing ableism?
- How can we simplify and explain test options without undermining patient autonomy?
- How can we engage relevant communities in our work, early and often?

Key Considerations



What is the topic of genetic counseling?

How complex is the genetic information?

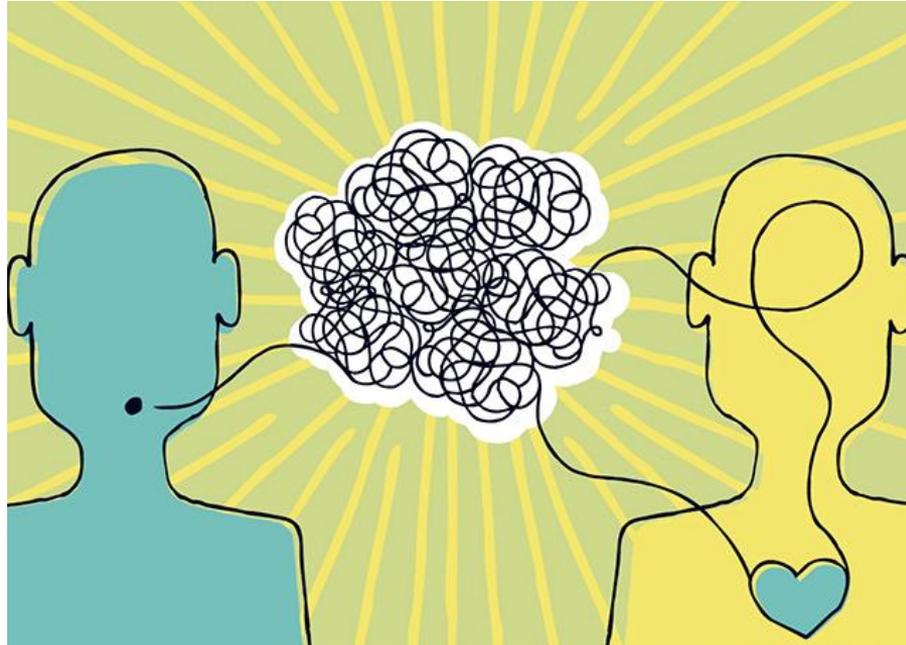
How potentially impactful is the genetic information?

What is the nature of the relationship between counselor + patient?

What professional role is the counselor in?

What are the interests + contributions of family members in the counseling process?

Above all else, listen...





Family Policy and Practice

Stephanie Meredith,

Director, The Lettercase National Center for Prenatal and Postnatal
Resources, University of Kentucky's Human Development Institute

The Diagnosis Experience



First Point on the Life Course



Research by Skotko, Berrier & Levis



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Disparity Between Genetic Technology & Educational Infrastructure



Prenatal Screening Technology

- Industry and federal funding (FASTER study)
- Rapid adoption (cell-free DNA), profit driven
- Marketing mechanisms
- Limited regulation

Educational Infrastructure

- No funding for Prenatally & Postnatally Diagnosed Awareness Act
- Developing solutions is slow & deliberate w/consensus
- Dissemination challenge
- Limited access to genetic counseling

Outcomes for Families



- Nelson-Goff Study (2013) 35% Negative and 11% Positive

“I don’t ever remember her saying ‘sorry’ at any point. She gave us the facts and resources ... The genetic counselor at the MFM group was also very kind ... She gave us some of the common health concerns, resources and hope (ie. talked about how things have improved so much for individuals with Ds since even 10 years ago and encouraged early interventions). Overall our experience was very positive.”

Outcomes for Families



“It was 8 days before we had the appointment...an excruciating 8 days where I barely slept, cried every time I was alone, and did countless (unhelpful) google searches to get any information I could, both medical and related to living with a child with DS. I wish there would have been more info available to me and my husband, because a lot of what is available on Google is scary and not necessarily accurate.”

The Challenges



- Making sure patients accurately understand the technology and have given informed consent
- Moving conversations about ethics from theory to practice. *Ethics and best practice should drive the engine instead of potential profit or excitement about technology*
- Embedding the disability rights perspective into medical and genetics culture through resources, training, culture, and policy
- Cost-benefit justifications

What is at stake is the future fabric of humanity.

AUCD Network Can Be the Power for Change



- Provide forums for interdisciplinary conversations about genetics, bioethics & disability issues



AUCD Network Can Be the Power for Change



- Stay current & educate young professionals about the intersection of genetics & disability identity in the news & history



AUCD Network Can Be the Power for Change

- Develop educational resources and partner with advocacy & medical organizations for dissemination



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AUCD Network Can Be the Power for Change



- Develop & disseminate training for genetics and medical professionals that is embedded with the disability rights perspective

UK **HDI Learning**
University of Kentucky Human Development Institute

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PHT 201
Prenatal Genetic Counseling Introduction

PHT 201: Medical Professionals: Improving the Prenatal Diagnosis Experience and Long-Term Patient Outcomes with Accurate, Up-to-Date, and Balanced Information about Genetic Conditions

\$0.00

AUCD Network Can Be the Power for Change



- Be a policy leader where genetic and disability issues intersect





DISCUSSION

A Discussion of Ideas



How do we intersect our personal perspective in our work?



What are the emerging technologies and concerns?



What does authentic engagement of people with disabilities and families mean for this field?



How do we grown from history and become more neutral about disability?

A Discussion of Ideas: AUCD



Are there future opportunities for our Centers?

Research
Training
Policy



How can we (AUCD, Centers) engage the disability perspective?



Identify next steps for your Center, AUCD network.



Questions