

AUCD SIG: Sexual Health
Thursday, August 25, 2016
11-12 PM Alaska Daylight Time
1-2 Mountain Daylight Time
3-4 Eastern Daylight Time
<https://zoom.us/j/367180783>

Members Present

1. Tanisha Clarke, MD
2. Katie Lancaster, WY
3. Rebekah Moras, AK
4. Kim Brown, MT
5. Lindsey Mullis, KY
6. Michelle Rojas-Soto, CA
7. Linda Tortorelli, IL
8. Peggy Helm-Quest, WI
9. Becca Obuchowski

Old Business

- AUCD is working on compiling SIG quarterly meeting minutes and meeting agendas on their website.
- Resources can be found at the Wyoming Institute for Disabilities (WIND's) Sexual and Reproductive Health (SRH) Project's Resource page (www.uwyo.edu/wind/srh). SIG members can send resources to be posted on the website to Katie Lancaster at katie@uwyo.edu.
- Katie Lancaster coordinates the planning of quarterly meetings and Rebekah Moras coordinates webinars.

Updates

- Current Goals: 4 yearly meetings + 4 webinars
- 4/28/16 Webinar: "Advancing Sexual Self-Advocacy" by Katie Arnold, Tia Nelis, & Linda Sandman
 - 151 attendees
 - 33 evaluations completed
 - Averages (0-4)
 - I learned new information from this webinar = 3.42
 - I am likely to incorporate information from this webinar into my own work = 3.27

- I am satisfied with the training and/or technical assistance received = 3.24
 - “Webinar Comments” below
 - Supported decision making: Jonathan Martinis
 - Bethany Stevens unavailable
 - AUCD SIG website
 - Katie Lancaster and Rebekah Moras up as contacts – Thanks Tanisha Clarke!
 - How to connect to [Sexual & Reproductive Health page](#)? (Wyoming UCEDD)
 - Add resources from [Sexuality & Disability Consortium](#)? (Illinois UCEDD)
 - Add Vanderbilt module resources? (Tennessee UCEDD)

Future Webinars

- Evaluations will inform future webinars. Comments from this webinar as well as from the CA UCEDD webinar suggest webinar topics should be more in depth and provide direct training or information to staff, parents/guardians, and individuals with IDD. The focus of webinars should not be on the researcher but more to support individuals with IDD and those in their support network.
- Group discussion on alternatives to guardianship/supported decision making. The group will consider, at a future date, if Jonathan Martinis will be an appropriate speaker for a webinar.
- October: Friendships & Dating Program
 - Julie Atkinson & Karen Ward
- Suggestions for future webinars:
 - Mechanics of Sex
 - Possible speakers: Katherine McLaughlin, Bethany Stevens
 - Alternatives to guardianship/supported decision making
 - Possible speaker: Jonathan Martinis
 - Sexuality and Autism
 - Mary E. Van Bourgondien PhD, Clinical Director Chapel Hill TEACCH Center

Tasks

- Contact speakers for possible webinar on sex mechanics and sexuality and Autism.
- If SIG members have resources or updates these can be sent via the listserv in order to stay in touch between our quarterly meetings.
- Update information on what UCEEDs are currently working on in regards to evidence-based sexuality education programs.

- Send out Doodle Poll for November quarterly meeting to prep for AUCD (proposed times will be considerate of different time zones)
- AUCD December 2016
 - The SIG will meet before AUCD to talk about the goals of the SIG and identify a long term goal.
 - Provide Zoom link for SIG members who cannot attend AUCD.
 - At AUCD the SIG will use this time to identify deliverables, potential webinar topics, vote on leadership, and build listserv participation.

Webinar Comments (highlights)

- “the speakers were obviously very knowledgeable and passionate about the work they are doing and making a difference in people's lives. I appreciated the distinction in information available for people with IDD regarding sex health/safety vs seeking pleasure and fulfilling sexual relationships.”
- ☹️ “It was not as in-depth and informative about the actual topic, it seemed like it was just accounting events that the team did, but not much of what they found or actual data.”
- I would have loved learning about what states had established sexual self-advocacy for people with developmental disabilities programs since a lot of the participants were wondering if these programs existed in their states. Also, I wanted to learn more about co-leaders with developmental disabilities. Great webinar!”
- “What a fantastic overview of work toward promoting the support of sexuality for people with IDD. Wonderful to see and hear that you all are addressing this crucial issue! I also appreciated hearing about the barriers (e.g. funding issues) that your group has run across. This helps me understand the larger systems at play affecting this work. THANK YOU.”
- “I love the focus on pleasure, so important! Great job providing the history of your work, and incorporating lots of resources like the publications, videos, curricula, etc. The focus on self-advocates being at the table from the beginning continues to be very unique, and yet so foundational and basic. Also centralizing "people of color" as you mentioned is super critical. Love the emphasis on "interdependence" and the Choices diagram from your research. Is there some way to bring in a little about the legitimacy of asexuality without perpetuating myths of people with disabilities as asexual by default? The presenters pace of speaking was accessible (i.e. slower) and clear. Thank You so much for your work!!”
- “The speakers did a wonderful job presenting their information and it was great having the comment section open throughout the entire time. I also appreciated the way that questions were handled (not allowing every person to speak at the

same time and having the speakers be the only ones to actually say- and respond to them).”

- ☹️ “While this webinar provided a good resource, I thought this training would cover specific ways to increase people's sexual self-advocacy that could be put into practice. The webinar covered the Illinois group itself and the project itself, but not nearly enough details on its findings and how it can be used in everyday life.”
- “It would be nice if the list of resources were emailed out after the webinar ended, so that we could have them to use instead of going through the webinar for them.”