

CC standing by]

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Maureen: welcome everyone. We are going to get started shortly. Feel free to introduce yourself in the chat. And tell us where you are coming from. What type of trainee you are. Just waiting for more people to trickle in. I see we have Maryjan from Alaska. Will come in. Feel free to introduce yourself in the chat. Melanie also from Nebraska. Welcome. Always good to see you, Melanie. Amy from Michigan. Again feel free to introduce yourself in the chat. Let's get started. Hello and welcome to the last emerging leaders post conference event. AUCD is pleased to present the storytelling workshop to introduce emerging leaders to digital story and the benefits and how you can use it to share your unique experience as trainees. So my name is Maureen Johnson. I'm a program specialist at AU I'm at the maternal and child health assistance team as well as the assistance team and in my job I support current and former trainees in the AUCD network by court knitting event such as this one. As a visual description of myself I am a black woman wearing my hair in a high puff and I have earrings on. I usually wear glasses sometimes. I almost hesitated to say that I have glasses on but no, I don't have glasses on today. I have contacts but I'm joined today by the amazing team behind the digital storytelling initiative at the University of Kentucky's human development Institute as well as a self advocate from, from the Oklahoma LEND to talk more about storytelling and how you can use it and to give you some examples. So before we begin I would like to give some reminders to ensure that we have a smooth and accessible presentation. We encourage you to rename yourself on Zoom. But please stay muted and if you would like captions you can use the CC button at the bottom of screen to access them. Slides are available. They are emailed to all participants and will also be available after the workshop so the workshop will be recorded and archived and again feel free to use the chat box to introduce your self. We would like to know who he is here with us. I'm going to launch a quick poll and please tell us where you are coming from and if you are a current trainee, or another career professional.

Can everyone see the Poll?

>> No

Maureen: one second. Having a technical difficulty but if you can please just tell us if you are a current or former trainee in the chat.

>> Oh, there it is.

Maureen: Oh, everyone can see the poll now?

>> Looks like people, the majority are from LEND and UCEDDs

Maureen: thank you Lindsay for letting me know sometimes I can't see that poll

>> and most people are current trainees or fellows or former trainees or fellows. Or other. So.

Maureen: fantastic. So with that I would like to pass it off to one of our speakers for today's workshop.

Patti Singleton to introduce the storytelling workshop and also the University of Kentucky's human development Institute's team. Thank you.

Patti: thank you, Maureen and I'm going to let Danielle kind of kick us off.

Danielle: all right good afternoon everyone thank you so much for joining us especially here in eastern time, I know it's getting later into the workday so we appreciate everyone joining. We're really excited to have our team here to talk to about the power of your stories and storytelling in general. So first I'm going to intro our team and I can start with myself. Maureen, if you can go to the next slide please.

Thank you so many is Danielle Augustin I'm the disability education health coach here and I have lunch storytelling initiatives across many projects it started under one of our mental health projects and now I'm doing that work as it relates to Covid 19 vaccines. I am a young white woman with shoulderlength red hair and I'm wearing a plaid festive holiday shirt. And I will turn it over to Adam.

Adam Potter: everyone I'm Adam Potter the video production court needed for the video development Institute and are responsible for doing all the production on the stories that we are talking about today. I am a white man with wavy brown hair, blue eyes and I am wearing a patterned red shirt. I guess they're kind of arrows. And I have an aerial view of downtown Lexington which is home to University of Kentucky, which is where HDI is housed.

Morgan: and my name is Morgan Turner I'm a health education specialist. And for the Kentuckian health collaborative and I'm a Special Olympics athlete and athlete ambassador.

Patti: awesome Morgan and I'm Patti Singleton I am the division director for the human development Institute I am a white woman with long brownish hair I am wearing headphones and big purple glasses today. All right. So we are going to start out with an icebreaker. I have never done this one virtually. So we are going to give ourselves a lot of grace. So what we are going to do is Maureen is going to put two people into every one of, into a breakout room. So you're going to answer the question who am I. One person is going to ask the question and another person is going to answer the question for two whole minutes. And those minutes will take by just about as slowly as possible because it is a lot to talk about yourself for two minutes. And then I'm going to send a reminder out to the group that two minutes is up and you're going to switch partners so the other person is going to answer the question for two minutes. So my example would be something like who am I? Well I am a mother. I am a director. I am a daughter. I'm a cancer survivor. I'm a college graduate. I'm a supervisor. I'm a volunteer. I am a Buckeye. I could go on and on and on answering the question. So this is going to be a great icebreaker just to kind of see what it's like to get to know somebody in depth and kind of sometimes a little bit uncomfortable. So Maureen, do you have the breakout rooms ready

Maureen: yes almost ready. Give me one second.

Patti: so she's going to open the breakout rooms and there's going to be two people in every room and if you want to, the first person to ask the question should be the last person who saw snow. So that will be the person that asks the question who are you. I will give you a couple extra minutes just to figure out who last saw snow. We actually had snow in Kentucky this morning. I know Tatyana you have probably already seen a lot of snow and I think someone is from Alaska. So I'm sure you already saw snow this year. So Maria. All right, so is that clear does anyone need to run through any directions again?

Maureen: we are all set for breakout rooms.

>> Hello

>> Oh hi I was on me.

>> Testing

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Patti: they must've had some really great conversations to still be in the rooms.

Maureen: I agree.

Patti: well I hope you all had some good conversations. Does anyone want to share anything that they learned about the person that they spoke to? You can either...

>> So this is Miyah for the center of leadership and disability put I came in late and tried to find the link And what I learned is that one of the people said that they have three kids and just talking about what her life is like and she wants to dye her hair blue. And another person said that she lost her son and had a genetic disorder. I didn't get to share but I had a chance to listen to their stories really t pick up. So. I was really touched by both their stories.

Patti: Y this is an activity that we use very quickly to get to know people sometimes you feel like you run out of things to say.eah but yet you kind of thing through all the different things that you really are.

>> I didn't get a chance to share because I came in late, but I enjoyed listening to both their stories. So.

Patti: thank you for sharing. All right well we are going to shift now to talk about the danger of a single story and the Danielle

Danielle: you have it pulled up or I can screenshare? So we are really excited the best way to learn about something is through storytelling so the way we are going to intro storytelling is by showing you a story. So this is a wonderful author. Her name is Chimamanda Ngozi Adichie she's going to share a Ted talk from 2009 and so I will read the quote that is on the screen and turn it over to her for intro to storytelling and the power of it. So a wonderful quote from her says that many stories matter. Stories have been used to dispossess and to malign. But stories can also be used to empower and dehumanize. Stories can break the dignity of a people. Stories can also repair the broken dignity.

>> Thank you I am so excited to be here I thought I would wear a top with a Star Wars theme.

>> I was going to say something but I wasn't sure. I was going to say this is a different video from the one I watched but this is a great one. I will put it to you in the chat.

Patti: sorry that was the next one after her Ted talk. And I will fix it on the handout as well.

>> Great. I love Michelle Obama as well.

Patti: so again I think that

speaks to the power of storytelling and a great introduction to that end I appreciate the sentiment in the chat about how

these same ideals that Chimamanda was making relate so well to disability and I appreciate you making the connections.

Patti: one of our colleagues actually did a webinar that was hosted by AUCD in September that was the art of storytelling and in the handout I will provide a link to that end I think Maureen had planned to hand that out as well and it would be great to do an introduction to storytelling with her only because

she had a lot of information in her presentation about culture and how storytelling relates to early childhood in that our earliest speaking moments, our narratives of repeating both stories that we hear and stories that we see and so I think that was a really great foundation so we will make sure to provide that link so you can watch her webinar and see her materials because they really are some of the more foundational of how stories develop and especially as they relate to culture.

Morgan: the next question you might have is why do you share your story? Think about the stories you have been told. There might be a story that has stuck with you. And then, are there personal stories you have that made you go into this field? And then feel free to unmute your self or put in the chat.

Danielle: Diana says in the chat to encourage others. Absolutely that is a great way to use stories.

Morgan: yeah, really good.

>> This is Miyah I like to use stories to set examples of raising autism awareness and acceptance.

Danielle: thank you for sharing that. Anyone have an example of a story that sticks with them in particular even to this day may be a story from your childhood or early work that still sticks with you and Lindsay says in the chat to make sure our voices are equally heard. Absolutely. All right. There are more in here. I like hearing other stories and always keep my own values and perspective. Love that, Tatyana. [Indiscernible] toxic relationship and I love that one too. I love Ted talks. They are just the best.

Morgan: I would also say that it also helps people learn about you.

Danielle: Ellie, were you going to say something?

Ellie: I would if there is time. When I was preparing for my doc interview for my program that I'm currently and I was really nervous and I remember having a conversation with a mentor of mine that has really stuck with me and he kept saying, you are giving me these stock answers because you are scared. You are scared. Just get there. And tell them a story. You know why you want to do this. I know why you want to do this. But if you can't articulate that because you are scared and don't tell me you are not because I know you are. Then you are not going to be able to get in and help other people who have historically been un-heard be heard so go tell them the story. And it apparently worked because now

Danielle: that's amazing thank you for sharing that Ellie, but a great point is that there's a level of vulnerability there when we are sharing our stories but that vulnerability can really have such broader impacts beyond us to help other people so I appreciate you sharing that. I will read a couple more comments in the chat and then we will move on. Shyla says I shared a story just today about --- a perspective before making assumptions. So important. Stories that stick with mere stories that allows into the world of the author. Nobody know whereby Donna Williams is such a book I have enjoyed where I have got more colorful relatable depiction of being on the autism spectrum. Must more fun than Temple Grandin's no offense. The people are dropping some other book suggestions in the chat so we will make sure to collect those and share those back with you all. Stories help us to connect and can work as more powerful memory tools than a bunch of facts and lists absolutely. Yes thank you for all these recommendations. Awesome. Great. All right. We will move on. So why is it important that we collect stories? You all have Artie hit on a lot of these main points but stories are more than just data.

They are like full rounded experiences that we can draw upon not only to learn, but to use in a professional setting to help people change minds. So stories are particularly important when we are trying to change policy. I was just talking to somebody about this today. I am a type I diabetic and she was saying I want you to come to diabetes day at the capital and talk about your diabetes experience because they will listen to you a heck of a lot more than they will listen to me as a clinician. So it is really using your voice and your stories for broad impact like I was saying are so important. That would be applicable to education and training as well as using stories whenever possible to drive home some of the points that we are teaching people and evaluation making. It's just a well-rounded perspective we can use in all different areas of our disciplines.

Patti: all right so at the human development Institute we had pockets of formal and informal storytelling initiatives. We have done things, we have collected stories over the years, but in terms of our formal storytelling it really started just in 2019 we actually had story corps, who you may have heard of they actually feature a story every Friday on NPR. And we had story corps come in and help us to really kind of frame what was our storytelling and what it meant to us. And yes. Diane says she loves story corps and I will tell you that it was certainly a highlight of my career to say that I have had story corps training, and so the great news about story corps coming in was that in terms of the processes and the procedures and best practices we were really kind of on point with what they knew about themselves in that you just do the best you can and you continue to learn. So because of that we were able to solidify some of our manuals and our processes. Our media releases. We actually do a two-stage media release so we make sure that it is okay, that the individual understands they're getting ready to be videotaped. And then we actually make sure to always get the formal release then before what it is the interview goes online and that is really big. And then just knowing who our audience is and working with people that may not feel that oral communication is not their preferred method so we always give options for story collection including oral you can do video and then written stories. So someone who is most comfortable typing out their story than that is how we can receive it. And certainly because of Covid, one of the great things was that we were really able to come and Adam and Eric are on this call, become the masters of the Zoom interview and capturing the interview on zoom, which was great in that we were really able to reach a wider audience of people. Now our process generally involves the interviewee, so the person who is being interviewed, and interviewer and a facilitator, and we were really trained by story corps to become those facilitators. So we are the person to help make sure that everyone is comfortable and that they have the need and that it's going to be a great recording. After that we were able to set up a dedicated website that has a link to all of our stories and we will show you that towards the end so you are welcome to browse the site, look at the stories. It is public and we are tagging all of those videos as they are uploaded. So right now we have a lot of employment stories. We have a lot of Covid and vaccine stories. We actually have publish 100 stories this year with the vaccine project. And then some that are a little more informal interviews through some money that we had locally. So that was our opportunity to pull all of our stories into one place. Not all of them were hosted on YouTube. And not all of them were posted on the same YouTube channel. So pulling all of those into one central location so that we are able to find and share those.

>> Hey everybody, thanks Patt for the perfect segue into this I am Adam Potter the video production coordinator and I make all of these stories. I just wanted to give you guys a couple of the logistics and processes involved with making these like conducting the interviews, editing the recordings that we make and some of the software programs that we use. I will give you guys some alternatives that you may be interested in using when you do your storytelling production. In terms of you can just stay on the one slide, and you should can show the site, I didn't mean Patti to stop you there. With all of the candidates I have reached out to them via email and made sure that we met on their time. I have tried to be as flexible on my end of the schedule so that whenever they wanted to tell their story and they were comfortable with it that's when we would perform it. And I sent them the base questions before hand too so they had a basic guideline of what we were going to go over. Of course other questions came up. The goal is to just have like a cohesive conversation with a person and just get to know them deeper than I could learn over an email or something they type up unprepared. Of course they sign that release form that we were talking about and they agree to their story being shared. And we also offer an opportunity for me to further edit it if they decide that they don't want something in the story that made it to the initial episode. I send them like a plane transcript and a copy of the audio so they can listen through it and make sure everything is cool. Patti mentioned of course that we had to switch to Zoom and videoconferencing for the Covid 19 pandemic. We would much prefer to have video cameras on people, but zoom actually did make it easy for us to get in touch with people from all over the US and outside the US too. In terms of helping us get these stories set up. And learning about as many people as possible. And then of course we implemented the story core training into our interviewing process. You know, waiting a little while in between answers and questions to make sure that the person that I'm talking to has gotten their entire thought out. That was definitely something I had to practice for a long time. But you know I have gotten better at it over the year and a half I guess that we have been interviewing people, two years now. So yes it has been a fun process to learn how to do that. Then of course after the recordings are done I will take them into a video software, video editing software program. I use Premier Pro. And I do edit it pretty meticulously. I like to take out ums and pauses. I like to make it sound like a comfortable conversation and the pacing still sounds right. But I like to clean things up so it sounds like it was prepared for NPR or something. And of course we have titles and captions that are reviewed for accuracy onto a still graphic, so people with disabilities can follow along with the video, can read it. Can keep a guideline with what part of the story we are on and then of course we post these to the corresponding YouTube channels. The websites, the partner organizations websites and of course our storytelling archive site. And then we promote these through the HDI social media and through other partner social media. And if you want to go to the next slide for me. I will tell you guys about some of the software programs that we use. I am seeing a question about payments in the chat. Yes we do offer stipends to every candidate who does an interview by the way. I don't know if we mentioned that but I want to make sure I fit that in as well. But back to the software of course zoom has been a vital program throughout the pandemic. For not only our project but for so many organizations, schools, businesses and even family members and friends to keep up with each other. We have not yet found a better platform or cheaper alternative to easily record these remote

interviews. That's the one I offered there. Editing like I mentioned before we use the Adobe suite for all of our video editing here at HDI. That includes applications like Premier Pro. Audition, Illustrator, Photoshop, media encoder and many more, but there are some viable alternatives in terms of editing and the first I would like to mention is Wondershare Filmora it's an application with a free and premium version that both allow for nonlinear video editing and the free version just leaves watermark and if your organization uses Apple or Mac computers the built-in app iMovie is a well-rounded video editing program that can provide similar results for you.

And then in terms of transcribing these interviews which is a massively vital part to the process for editing them, we have chosen Otter AI. As we plan to add each of the interview recordings at a detailed level we have an opportunity to modify and perfect the automatic transcripts that Otter AI creates for us. And the software offers a limited trial account for free that allows for some transcribing each month or you can pay \$100 per year for essentially unlimited captioning. Then REV is a slightly different option that implements several human typists to carefully listen through portions of users' uploaded recordings to quickly produce well-typed and punctuated transcripts. And actually charge per minute of media uploaded. That does not fit our exact preferences but it might fit yours. I can answer any questions and the breakout rooms when we are finished with the presentation.

>> I have heard this phrase at the conference, nothing about us without us. This means that people with disabilities should be included when disability is being discussed. We believe that people with disabilities should be part of the interview process. The digital storytelling initiative used people with disabilities like me to tell the stories of interesting people. So for example I have also interviewed people as part of our health project. So I do these interviews titled Morgan's musings. It is where I interview people with disabilities, people with, people that are self-advocates in the disability community. And people that just are around other individuals with disabilities. And I enjoy, I really enjoy interviewing people like that because one, people with disabilities, not everybody with a disability can, or it is good to have someone with a disability to advocate for people like them and to educate people everywhere to know that they have a voice and they deserve to be heard by, or they deserve to be heard by everyone. Oh, and then we want, or we want, we want you to think about whose story can you tell? It might be of a family member. Someone you met at school. Or someone you have worked with. So, write an action item down to interview someone to get to know them better.

Patti: thanks, Morgan. So that is where we want to, before we split into our breakout rooms, so if you can think about who is one person that you would love to interview to get to know them better, to be able to tell their story. If you want to write that down as an action item my to-do list is usually on paper. But if you have an app or maybe use your calendar. And then Maureen, if you want to break us out into groups. Yes Judy Heumann is amazing.

Danielle: Patti are you want to talk about who they want to interview in the breakout rooms?

Patti: No, that was an action item as we split. Got the rooms ready. Go ahead Maureen.

Maureen: sorry I was just saying the breakout rooms are now open so you should be able to join the breakout room. If you click at the bottom of your screen you should see a breakout icon with a red number and you should be able to join either room, and then speakers will join the rooms as well.

Patti: okay so how about we do Danielle and Morgan if you want to go into room number one and talk more about content and then Adam and Eric if you want to join room number two and you can talk more about the actual editing and apps. Does that work?

Danielle: Adam and Patti I wanted to bring a question that we just had a, what is the best transcription service for someone who may have slurred speech or who have speech impediments that sometimes transcription services can't accurately transcribe what have you found to be the best service?

Patti: Sure, honestly at that point, and we you know, we have had several instances. It is usually either better just to hand transcribe or actually have the person with the disability help you transcribe. Just to make sure that what they are saying is accurately coming across. And again that is why having those different options for collecting the interviews is really great because you know, if someone knows that their oral speech is just not as strong and that they would really prefer to have a written statement that either someone else reads, or that is just printed on the webpage then obviously we want to be able to capture the spirit of what they have to say.

Adam : Yeah to expand on that and to answer --- here it's kind of a technology thing at this point. It is not something that we really have not found a program that accurately captures other languages or you know different styles of speech like that. And so just to expand on what Patti said yes we usually talk with the candidate themselves have them help us create a transcript and that helps us make the story more geared towards them and how they want to portray themselves and how they want to tell their story. So it just makes it more customized for them.

Patti: absolutely. Anyone else want to share anything? We have got a couple minutes yet. I do have my contact information and you also have access to the slides. And I do have a link that I will share in the chat and access, and Maureen can send this out. So I actually have a really funny story about regional dialects. So we use rev.com and that's because it was easiest just because they were already set up in the payment system for the University of Kentucky. But so last year for the AUCD conference we submitted several presentations and we have several staff that are from various international areas and generally transcribing their interviews no problem. But the one staff member with very thick southern southeastern Kentucky appellation accent that one always got kicked back and Rev kind of just said it was that the audio quality was too bad. But I know that it had more to do with the dialect than it did with the actual file. So yes. I think it has less to do with technology and because places like Rev, there is a captioner like we have today there someone actually going in and listening and typing and although there is probably some aid with the technology I'm sure it does some auto transcribing first, someone is going to rent doing that and I think that probably it is reasonable to say that because it is a very specific accent that yes it does not, and it is computers. I mean and people. And Rev captioners only get paid for the projects they can get done so it's probably very hard to find somebody that has an understanding of those southern accents especially. But yes. So if you have ideas, if anyone has an idea because actually I have a staff member that I know I'm going to have to do all of her videos by hand, I have yet to find anyone and even the auto captions some of our staff, it's funny, we have, Jason Jones is one of our staff and he is paraplegic but has that southern accent, not as strong as some of the other staff, but every time the auto captions comes across as water plagiarism. I

don't even know what water plagiarism is. [Laughter] but that is what it says in the captions when we do the captioning and so it is just it is what it is.

And I will say and I know Lindsay is up next to talk about her experience, I have seen some efforts were different AI initiatives to capture audio recordings of people with different disabilities to try to improve the quality. However a lot of those are unpaid. Which obviously is problematic in and of itself to ask people with disabilities time without compensation but those initiatives are out there. I'm hopeful somebody I would say in the next couple years we will see some improvements. But thank you all so much and like Patti said feel free to reach out to us with any other questions or resources that you need we all appreciate your all's time.

>> We want to thank all the presenters again from the human development Institute and the digital storytelling initiative. Thank you again Patti Adam, Morgan and Danielle. If you want to use the reaction to Len give a big round of applause. Before we conclude the workshop I would love to introduce our next speaker. We have a great... I'm losing my train of thought because it's late days but I really want to introduce our next speaker Lindsay Spoon a self advocate from the Oklahoma LEND and she's a perfect example of storytelling in practice. So really using all of the tips and tricks that you just learned today. So I want to pass it off to Lindsay to kind of share more about her experience and also talk about her YouTube page and Facebook page.

Lindsey: thank you for having me today as a visual description, sorry of me, I am a white woman wearing a flowered pink shirt with roses on it with a black background books I am a huge fan of Harry Potter. So that is my background behind me. And I have brown hair. So I am here to talk to you about storytelling. And Maureen, if you want to share my YouTube and Facebook page that would be wonderful. And I will put them in the chat here. Oh thank you, Maureen. Yeah, so as you can see my YouTube channel, I have started this when I was 12. Okay. Starting this when I was 12. Just because I wanted to be like everybody else and have a YouTube channel and I thought it was cool. But it quickly turned into something more for me. It quickly turned into where I get to share my two passions. Where my two passions collide which are makeup and disability advocacy. So as a part of my Oklahoma LEND experience being that I'm physically disabled and it is hard for me to type and everything they are allowing me to video my reports. And that is what the majority of what you see here. I have, the biggest thing I will say about storytelling and having a YouTube channel and creating something like this whether it be a YouTube channel or Facebook page or whatever it may be is you have to be consistent with it. You have to be consistent with it. You have to be consistent. And whatever your story is, get it out there. Share it. I have shared a lot about disability advocacy. Different books I have read. That I love. You know, a topic of abuse and stuff like that. So whatever the stories, get it out there. I mean, all stories are perfect. Your story, no one can tell it better than you. You are the person in charge of your own story. And whatever you choose to share is, whatever you choose to share is yours to share. No one else can tell it better than you. You might have friends who have gone through similar experiences. But your story is your story. And we all need different perspectives. I don't have to talk... How do I continue my blog and make videos when I have writers block? Well the biggest thing is I am constantly coming up with new ideas. I have friends in the YouTube space who are my personal

friends. So I am constantly connecting with them and seeing what they are doing on their channel. And if it is something I love and something I like I will continue it on time. So that is something that I do. I'm constantly watching other people's content. You have to be a supporter if you want people to support you. You have to be a supporter of other people. I love it. I cover a lot of topics. If you guys want to subscribe go ahead. You don't have to. But it is free. Subscribing is free. Liking a Facebook page, it's free. And it gets more voices heard. Because like you guys said, when the University of Kentucky was speaking, there's not a lot of disability content out there. There's not a lot of disability content out there. We don't have our voices heard and be shown in media a lot. That is one of my biggest complaints. But if you just started, just start making videos, posting on Facebook, you never know what you could end up with and your story is powerful and your story is the voice that needs to be heard and other voices need to be heard. And your story is powerful and it has the power to change the world. Something that I like to say is find beauty in advocacy and keep rolling on so thank you guys for allowing me to speak today.

Maureen: thank you so much for sharing. Use the reaction button and give Lindsey a round of applause.

Lindsey: yes I do. I will type that in chat. Or I can just say it out loud. That would be easier. Not a fork is my Instagram my twitter is not a fork 13. So if you want to follow me there you can. Yeah. But my Facebook page is LindseySpoon. So it kind of is a play on words because my last name is spoon. I love sarcasm. So.

Maureen: thank you again to all the presenters. I did see a question in the chat from Michelle. When stories are sensitive how can one protect the storytellers identity

I know that for a fact when we had someone who didn't want to share their name I think we have had two or three stories where someone did not want to share their names they gave us an alias to use in place and we kind of use the image of a microphone and edited the story to where it was just the content and nothing about names or any of the family members.

Maureen: thanks for responding, Adam. Any other questions? Oh Lindsey, I think you are speaking, but you are muted.

Lindsey: if you want to email me, my email is makeup --- @Gmail.com I would love to be on your show. I use voice dictation. So that is what you were seeing me using voice dictation. But it is easier to say things out loud rather than type them. So.

Maureen: understandable. Again I want to thank all the presenters for this fantastic presentation on storytelling. So hope that you have learned something about storytelling and its benefits and how you can start as well. So this workshop has been recorded and will be disseminated out through the emerging leaders listserv as well as to all participants. You can get a copy of this recording in about a week as well as the slides and a handout of the resources that were covered in today's workshop as well as some of the resources that were placed in the chat. So please we would love it if you can complete a quick survey just telling us , giving us feedback on this workshop and what other topics you would like to hear from AUCD whether it is a workshop or a webinar we'd like to hear how we can continue supporting you. So if you just use this quick link to complete the survey or you can also use

your phone and put up the QR code. I see Lindsey you raised your hand.

Lindsey: I believe I have a quick comment for, she put a comment in chat or Carla read I'm sorry I pronounce your name wrong. But somethin I learned as a child who has a developmental disability and my mom being a parent that has a child with IDD is sometimes you have to be 18. You can step back and not intrude with your child's story, but sometimes you have to be a team in order to advocate. And get that story out there. That is something that is very hard to remember myself. I like to be independent but sometimes you have two be a team and be able to get that story out there. To be able to get the story out there. So I hope that makes sense.

Maureen: good response, thank you.

>> Danielle, who is your friend that joined us.

Danielle : this is my officemate, her name is Chi. she loves the camera.

>> I have a kitty too. She doesn't jump up, but applejack is at home. She's a ginger. I could show you a picture of her. I will turn on my camera so you can see her. Okay here she is. Sorry about that. There she is.

Danielle: oh my gosh, so too.

>> She matches your hair. I love cats so I saw yours. I had to ask. So.

Danielle: me too.

>> What is her name?

Maureen: thank you all again for coming to the workshop please complete the evaluation survey it will be disseminated to all participants so if you don't catch the link right now don't worry I will send it out. Again thank you all so much for attending the workshop and have a great rest of your evening.

>> All right.