

AUCD Sexual Health Special Interest Group (SIG)

Meeting Minutes

February 4, 2020

26 participants

Next Meetings: (New link and calendar invite coming)

- Quarter 2: May 5, 2020 @ 3pm Eastern
- Quarter 3: August 4, 2020 @ 3pm Eastern
- Quarter 4: Annual Meeting, date TBD

Overview

- A. Welcome
- B. Leadership transitions
- C. Sexual Health SIG Overview - AUCD Sexual Health Page
 - a. <http://www.aucd.org/template/page.cfm?id=975>
 - b. Store SIG quarterly meeting agendas, notes, and resources

Updates

- A. Webinars
 - a. Webinar series: "Sex Talk for Self-Advocates" continuation
 - i. Parenting
 - ii. Sexual self-advocacy
 - iii. Marriage
 - b. Webinar on special education and sexual health for youth with IDD
- B. Resource sharing
 - a. Use of the listserv - <https://www.aucd.org/template/page.cfm?id=767>

Program Spotlight (10 minutes)

- A. Mirian - Maryland UCEDD Training Director & Stacy Hermen – Project Search Kennedy Krieger Institute

Mirian has completed ElevateUs training and combined with clinical experience works toward 2-hour training on sexual health followed by a full day training internal and external professionals throughout Maryland offering CEUs.

Brought together KKI leaders to help identify best practices for sexual health resources for the community and developed a plan for better sharing of resources. Through post-secondary services at KKI they have offered community trainings for individuals, professionals, as well as parents and caregivers. KKI brought ElevateUs training to Baltimore for a train the trainer and now have 11 faculty and staff across disciplines including a self-advocate who are now trained. KKI employees trained will work toward core competencies for all KKI staff on this topic per the training. Project Search is a 10 month transition to work program and working with ElevateUs to develop

curriculum. Wanting to provide education on healthy relationships to individuals, families, and providers in the area through the effort.

Learning Exchange

A. Opportunity to discuss needs and updates from members

Linda Sandman – Illinois recently passed a state law for 2020 implementation that all programs and agencies that offer residential and rehabilitation services to individuals with IDD and receive HHS money must assess and provide sexuality education. Providers across the state are in a and a workgroup exists to help promote the facilitation of this as the materials used must be approved by the department. Linda co-chairs the curriculum committee reviewing 6 curriculums currently. The 6 curricula are: 1. Sexuality Education for Adults with DD (Elevatus Training). 2. Family Life and Sexual Health Special Education curriculum (King County Public Health, Washington state). 3. NCIL Sex Ed for People with IDD. 4. Friendships and Dating curriculum (Alaska UCEDD). 5. Illinois Imagines curriculum and other resources (www.illinoisimagines.org). 6. Healthy Relationship through Arc of Spokane (Washington state). Does anyone have any additional curriculum suggestions not captured.

Julie asked if there are other states with similar legislation? New Mexico has added sexual health content into the waiver requirements.

Staci Carr commented in the chat box: “I am working to change the process that addresses Healthy Relationships (family life) for individuals with IDD in K-12. I am developing Social/Emotional considerations guidelines that IEP teams with caregivers and students can review annually, so that we are targeting skills on a developmentally appropriate level with the accommodations and modifications needed.... Has anyone else tried to do this? Any resources to share? Parents often opt out of "family life" and teachers don't usually want to teach it. if anyone does.... my email is secarr@vcu.edu (Staci Carr)--- thanks in advance.” It was suggested she reach out to Katie Thune at <https://www.sexualityforallabilities.com/> to help answer her questions.

Links shared in the chat box:

<https://www.sexualityforallabilities.com/>

<https://www.ohsu.edu/university-center-excellence-development-disability/teaching-tools>

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Zoom Group Chat

From Staci Carr to Everyone: 02:39 PM
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From OFONEDU to Everyone: 02:40 PM
<https://www.kennedykrieger.org/sites/default/files/library/documents/community/maryland-center-for-developmental-disabilities-mcdd/MCDD%202020%20Summer%20Learning%20Series%20Catalog%20Save%20the%20Date%20Final.pdf>

From Me to Everyone: 02:41 PM
 Thank you Mirian!

From OFONEDU to Everyone: 02:42 PM
 My pleasure!

From Staci Carr to Everyone: 02:44 PM
 if anyone does.... my email is secarr@vcu.edu (Staci Carr)--- thanks in advance

From Lindsay Sauve to Everyone: 02:46 PM
<https://www.ohsu.edu/university-center-excellence-development-disability/teaching-tools>

From Staci Carr to Everyone: 02:48 PM
 thank you so mucj
 great point

From Amy Rieser -Wyoming to Me: (Privately) 02:48 PM
 Here is what Linda Sandman sent me (for your minutes) :
 Curriculum under consideration:
 Sexuality Education for Adults with DD by Elevatus Training
 Family Life and Sexual Health (FLASH) from King County in WASH state
 NCIL Sex Ed for People with IDD

To: Everyone v
 Type message here...

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 Friendships and Dating

<https://www.ohsu.edu/university-center-excellence-development-disability/teaching-tools>

Positive Prevention Plus
 Special Education Family Life (FLASH)
 Getting to the heart of intimacy
 Circles

From lindsayandman to Everyone: 02:49 PM
 The 6 curricula I mentioned are: 1. Sexuality Education for Adults with DD (Elevatus Training). 2. Family Life and Sexual Health Special Education curriculum (King County Public Health, Washington state). 3. NCIL Sex Ed for People with IDD. 4. Friendship and Dating curriculum (Alaska UCEDD). 5. Illinois Imagines curriculum and other resources (www.illinoisimagines.org). 6. Healthy Relationship through Arc of Spokane (Washington state)

From Me to Everyone: 02:49 PM
<https://www.sexualityforallabilities.com/>

From Me to Amy Rieser -Wyoming: (Privately) 02:49 PM
 Thank you Amy!

From Me to Julie Atkinson: (Privately) 02:52 PM
 can you save the chat as the host? It won't let me even copy and paste it for some reason.

To: Everyone v
 Type message here...