

AUCD Sexual Health Special Interest Group (SIG)

August 4, 2020

3:00 - 4:00 EST

<https://uky.zoom.us/j/831542613> AND/OR

Call in at: +1 669 900 6833 (US Toll)

Meeting ID: 831 542 613

Or Skype for Business (Lync):

SIP:831542613@lync.zoom.us

27 Participants

Overview

- A. Welcome
- B. Sexual Health SIG Overview - AUCD Sexual Health Page
 - a. <http://www.aucd.org/template/page.cfm?id=975>
 - b. Store SIG quarterly meeting agendas, notes, and resources
- C. SIG listserv etiquette reminder
 - a. Join the listserv - <https://www.aucd.org/template/page.cfm?id=767>
- D. Maintaining Relationship Status: An Open Discussion follow-up

Updates

- A. Webinars
 - a. Sex Talk for Self Advocates #7: Marriage
Wednesday, August 12 @ 2pm-3:30pm ET
 - b. Sexuality in School Settings: Katie Thune
Tuesday, October 20th @ 2:00 ET

Stephanie asked for clarification on Sexuality in Schools surround the social implications of exploring ones sexuality in the school setting? or more how sexuality instruction is happening for the I/DD population in schools? or both?

Answer: Katie touches on both as she has developed a curriculum SexualityForAllAbilities but leans heavily on classroom experiences for shared resources

Program Spotlight (10 minutes)

- A. Janean Forsyth Lefevre - Wyoming Institute for Disabilities
 - a. Clinician's Manual for LGBTQIA+ Individuals with Autism
 - b. Janean's email: jforsyth@uwyo.edu

Leadership group for Utah Regional LEND (5 states) is releasing a manual.

The Rainbow Spectrum Manual will be free and available to the network. It will be available as a PDF on the web and the group will disseminate broadly.

Timeframe for release - currently sent out for one final review, so keep an eye out in a month or so. Will be shared to the SIG listserv.

The manual will be a living document - users are welcome to provide feedback so the manual can continue to be relevant, inclusive, and useful.

Katherine asked to clarify which types of clinicians could use the manual - Sean answered that anyone who works with someone with I/DD could find it useful, but maybe not all of the manual will be relevant to all professions.

Lindsey suggested connecting with the MHDD National Training Center.

<https://www.mhddcenter.org/>

Faith Kelly is involved with MHDD and offered her contact: faith@alaskachd.org

Learning Exchange

- A. Opportunity to discuss needs and updates from members
 - Anne Tapia will share some information to the listserv about support groups for people who identify as trans and I/DD.
 - Elevatus is hosting a training for sexuality educators about supporting LGBTQ and intellectual and developmental disabilities being sexually healthy. A new project about employment and sexual harassment. Elevatus finished a project with Project Search about interacting with co-workers, they will be making it available to the general public. 12 lesson curriculum.
 - Linda Sandman provided an update on Illinois law that requires sexuality education for adults with disabilities who receive services. There is a new website available: <https://www.dhs.state.il.us/page.aspx?item=122403>. Linda participated in a curriculum work group that evaluated sexuality curriculum. Also established information and guidance for guardians in partnership with Protection and Advocacy org. Worked with self advocate groups to create a document "What Self Advocates Want You to Know."
 - Faith Kelly shared an update on Friendships and Dating. UA put together a pilot of a virtual program and are formalizing a virtual version. They will be rolling that out this fall. Useful during the pandemic and also for rural communities. Update to the curriculum in the next year to better support LGBTQIA participants.

Next Meetings: (New link and calendar invite coming)

- Quarter 4: Annual Meeting, date TBD
 - AUCD Virtual Conference: December 7-9, 2020
- Sex Talk Series #8: Children
 - Late January 2021