

AUCD Sexual Health Special Interest Group (SIG)
Wednesday August 7, 2019
Meeting Minutes

Attendees:

Julie Atkinson; Lindsey Mullis; Annie Woodrum-Jason and Sam M.; Leeane Beers; Anne Tapia; Amy Rieser; Caitlyn Viccora; Courtney Lanham; Chelsea Frank; Lauren Schenker; Kim Brown; Mary Beth Szydowski; Amanda Tipkemper; Melissa Dubie; Amelia Reighard; Janean Forsyth Lefevre; Tara Lutz; Karen Ward; Linda Stack; Staci Carr; Tanisha Clarke; Tosin Ajisope

2019 Events and Activities

A. Webinar series: "Sex Talk for Self-Advocates" continuation

- a. LGBTQ+ next topic, date TBD
- b. Raesin Cane (transgendered) from Anne Tapia has a great speaker for this topic as they have had sessions on "double rainbow" - would need to coordinate work schedule. Anne will share contact information.
- c. Nathan Morgan from Milestone resource center in Ohio as speaker as well as a few others (Beth & Doug as professional perspective). Anne will share contact information.
- d. Kim Clearly, OT, presents with husband "our beautiful world" and sensory interventions for their marriage and promotion of good communications (Anne has contact)
- e. If you know of a potential speaker, please share their contact information with Lindsey and Julie

B. Other topics of interest?

- a. Staci from Virginia is looking at education for elementary school students with disabilities and comparing what is provided to neurotypical students so looking for IEP team considerations; Lindsey suggested education setting in general with resources
- b. Amanda suggested online safety and online relationship building, self-disclosure, next steps; cat-fishing. Annie said the previous conference the topic of social media was very highly attended and request for more information and resources
- c. Courtney Lanham - "One area that I see a huge need for is related to rights of expression regarding gender and sexuality. Many individuals (especially those who are not their own guardians) are restricted from expressing these areas of their lives."
- d. Leeane goes into different schools and talks about healthy relationships and disability and many students ask can someone date if they have a physical disability and how does that work? People with disabilities can date and have fulfilling intimate relationships.
- e. Jean mentioned being interested in cultural competency/culturally responsive sex education as a topic as Courtney Lanahm mentioned that it is difficult to

provide families who are not exposed to a lot of diversity good resources on this topic.

- i. Julie will find the “amazed” video to share with group
 1. <https://amaze.org/video/puberty-disability-sexuality/>
 - ii. Raesin Cane also did a section on this
- f. Melissa wants to know - how are people teaching consent?
- i. could be a share out resource
 - ii. Dr. Nora Balarderian's Rules of Sex has some info on that.

Discussion

A. Update on sharepoint - At this time we are unable to create and support a sharepoint site, but we do feel the listserv could be utilized by members to help share information and resources.

- a. Resource sharing through listserv. Please share resources, articles, white-papers, research, etc. through the listserv.
 - i. Active member can send emails to listserv by addressing emails to: aucd_sh@lists.aucd.org
 - ii. Responses go to **everyone** regardless of where you select “reply” or “reply all.”
 - iii. To only respond to the sender, forward the message to the sender. As a sender, please be sure to include your email in your signature line.
- b. Website Resources Update:
 - i. New resource and it will be on the AUCD Sexual Health SIG homepage. Oregon Health & Science University UCEDD: <https://www.ohsu.edu/university-center-excellence-development-disability/sexual-health-resources>
 - ii. Being updated. University of Wyoming UCEDD: <http://www.uwyo.edu/wind/srh/resources/individuals-with-disabilities.html>
 1. Asking for feedback on the website as it is being updated.
Please send feedback to Janean Forsyth at jforsyth@uwyo.edu

B. Munroe-Meyer Institute (University of Nebraska Medical Center) new sexual health programs

- a. Multidisciplinary approach towards sexual health equity, hygiene, and independent living, education on supports. training for community, and SANEs,
- b. Technical Assistance request for information for proof of concept and making sure there aren't any specific gaps or service delivery model consideration, and successful billing for sex ed.
 - i. Alaska has had successful billing under rehabilitation services

ii. Contact Info: anne.woodruff@unmc.edu; s.montemarano@unmc.edu

C. AUCD updates - AUCD Annual Meeting is November 17-20, find more information here: <https://www.aucd.org/conference/>. We'd love to see you there.

Open Discussion

A. Melissa Dubie asked for direction on resource development on Women's Health that don't already exist:

a. From Lindsey: <https://www.hdilearning.org/product/preservice-health-training-module-womens-healthcare/>

Video Training on Health Care for Women with Developmental Disabilities
The Human Development Institute at the University of Kentucky has developed Preservice Health Training (PHT) modules designed to educate student and practicing primary care providers about working.

b. From Linda Stack:

<https://www.acog.org/About-ACOG/ACOG-Departments/Women-with-Disabilities?IsMobileSet=falseWomen%20with%20Disabilities>

Women with Disabilities - A resource to increase awareness ob-gyns to the needs of women with disabilities in their access of health services.

Interactive site for clinicians serving women with disabilities

Next Meeting: Fall 2019, TBD

We are waiting to hear if our proposal submitted on sexual health and abuse prevention is accepted for the Annual Meeting. If it is accepted, we will co-host a two-part session on this topic with the Abuse and Neglect SIG during the Annual Meeting and will hold a working meeting prior to the Annual Meeting in DC. If the proposal is not accepted, we will hold our working meeting during the Annual Meeting and provide a zoom link for all to attend and participate; the presentation on sexual health and abuse prevention would then be delivered as a webinar.