

Regional Small Group Discussion Notes

Great Lakes

States include: IL, IN, MI, MN, OH, WI

- **Challenges:** Equity gaps, rural/urban differences and challenges; opioid exposure; over-prescription and cost of medications
- **Existing Collaborations:** HEAL initiative (exposure to opioids); Ohio LENDs focused on a project supporting children impacted by opioids with an online curriculum; ECHO models; collaborative office rounds with topical focus
- **Ideas for Collaborations:** Regional meetings focused on opioid exposure or more broadly on issues that impact children, with application of MCH competencies
- **Opportunities:** Zoom platform to connect trainees to discuss on topical issues

Mid-Atlantic

States include: DE, MD, NJ, PA, WV, VA

- **Challenges:** Climate change; emergency preparedness; personnel; lack of understanding and supports related to mental health; states vary within region
- **Existing Collaborations:** Between the LEND programs for new discipline involvement; conferences
- **Ideas for Collaborations:** AUCD as a resource for training, policy-focused work, and sharing resources; addressing needs of families crossing state lines for services; data center available to train on data and how to inform policy; building self-advocacy leadership regionally
- **Opportunities:** START (NH) model for mental health and ASD; Project TEACH (NY) related to mental health and primary care, LEND training at Drexel, share information re: family supports

Northeast

States include: CT, ME, MA, NH, NY, RI, VT

- **Challenges:** Geography; time; LEND tends to meet more often
- **Existing Collaborations:** Annual regional LEND conference (typically in May)
- **Ideas for Collaborations:** Instead of planning activities, create opportunities to hear from each other so organic one-to-one partnerships can develop
- **Opportunities:** Healthy Weight Research Network; Friday Zoom conferencing; trainee exchanges; Einstein has a family workshop in the Spring

Pacific West

States include: AK, AZ, CA, CO, HI, ID, MT, NV, NM, ND, OR, UT, WY, WA

- **Challenges:** States are too big to work with Title V so they work on county level; including people in projects from different programs; no shared space for collaboration; need a leader to bring people together on issues
- **Existing Collaborations:** CA Youth Council; including self-advocates
- **Ideas for Collaborations:** MCH Leadership Training Network; Washington State Leadership Initiatives/newsletter; working together on legislative policy

South

States include: AR, MS, LA, OK, TX

- **Challenges:** Property values; tax and education services revenue are lower; states emphasize privatization; emphasis on public/higher education so it makes it harder to recruit underrepresented trainees/groups; decreasing funds for early intervention; access to services and provider shortages
- **Existing Collaborations:** AR/MS/LA do mobile services; satellite training programs; Southern Region Seminar two times per year
- **Ideas for Collaborations:** Mobile clinic between all regions and have a “screening day”; increase number of trainees that go to the AUCD Meeting
- **Opportunities:** Small grants

Southeast

States include: AL, FL, GA, KY, NC, SC, TN

- **Existing Collaborations:** Making Lifelong Connections’ Southern Leadership Cooperative (rotating trainee meeting)
- **Ideas for Collaborations:** Increase size of LEND listserv; appoint a LEND person to manage the listserv to share communications about events and encourage trainee involvement
- **Opportunities:** More activity on the regional listserv through LEND