



PROMISE TA Center Newsletter January 2016  
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Dear Promise Grantees:

Below you will find the latest newsletter from the AUCD Promise TA Center. This newsletter highlights some resources that address how families can support the transition of youth with disabilities into successful employment opportunities. The resources in this newsletter and many more can be found at the [AUCD PROMISE TA Center](#) and are available in a print friendly format. Please feel free to send us feedback or requests for specific information and assistance. And, of course, from all of us at the Promise TA Center, have a wonderful day.

## The Guideposts for Success: A Framework for Families Preparing Youth for Adulthood

This InfoBrief from the National Collaborative on Workforce and Disability, is an introduction to the Guideposts for Success, a set of resources to help youth as they transition from school to postsecondary activities, including further education and work. Resources include general information for families supporting young people making the transition as well as specific information about mental health needs, learning disabilities, and postsecondary education. This information will also be helpful to professionals seeking strategies to effectively partner with families, and to advocates looking to empower families in the transition process.

Continue reading at

[http://www.ncwd-youth.info/sites/default/files/infobrief\\_36.pdf](http://www.ncwd-youth.info/sites/default/files/infobrief_36.pdf)

### Mental Illness and Mental Health in Adolescence

As any parent, youth worker, or young adult can verify, mental health in adolescence may be characterized by a roller coaster of emotional and psychological highs and lows. This fact sheet provides a very brief introduction to mental health with a focus on definition, assessment, and mental health disorders, then offers perspectives on the role youth development approaches may play in promoting positive mental health and protecting against mental health disorders.

Continue reading at

[http://www.actforyouth.net/resources/rf/rf\\_mentalhealth\\_1208.pdf](http://www.actforyouth.net/resources/rf/rf_mentalhealth_1208.pdf)

### Adolescent Health Highlight: Access to Mental Health Care

Approximately one in five adolescents has a diagnosable mental health disorder, making these disorders one of the leading causing of disability among the age group. The *Adolescent Health Highlight* describes barriers to treating adolescent mental health disorders; discusses the connection between insurance status and access to mental health treatment; and explains funding for adolescent mental health services.

Continue reading at

[http://www.childtrends.org/wp-content/uploads/2013/04/Child\\_Trends-2013\\_01\\_01\\_AHH\\_MHAccessl.pdf](http://www.childtrends.org/wp-content/uploads/2013/04/Child_Trends-2013_01_01_AHH_MHAccessl.pdf)

[Successful Transition Models for Youth with Mental Health Needs: A Guide for Workforce Professionals](#)

This InfoBrief from ODEP (Office of Disability Employment Policy), describes service barriers faced by youth with mental health needs as they reach adulthood, while highlighting new models and strategies designed to break down those barriers and help them to transition successfully into the workplace. Through thoughtful systems change at the local and state levels, and the adoption of promising new program models promoting collaborative networks for care more youth and young adults with mental health needs can become self-sufficient adults who experience personal and employment success

Continue reading at

<http://www.dol.gov/odep/ietoolkit/publications/376.pdf>