



PROMISE TA Center Newsletter October 2015
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Dear Promise Grantees:

Below you will find the latest newsletter from the AUCD Promise TA Center. This newsletter highlights some resources that address how families can support the transition of youth with mental health needs. The resources in this newsletter and many more can be found at the [AUCD PROMISE TA Center](#) and are available in a print friendly format. Please feel free to send us feedback or requests for specific information and assistance. And, of course, from all of us at the Promise TA Center, have a wonderful day.

[Six Core Elements of Health Care Transition 2.0](#) [Transitioning Youth to an Adult Health Care Provider](#)

Recognizing and responding to the diversity among youth, young adults and their families is essential to the transition process. Six Core Elements of Health Care Transition is a best practice resource that is useful for pediatric, family medicine, and med-peds to benefit all youth, including those with special needs, as they transition from pediatric to adult-centered health care. In addition, engaging youth and parents/caregivers from various cultural backgrounds in the development and evaluation of a transition quality improvement process is important.

Continue reading at:

<https://www.aucd.org/docs/Transitioning%20to%20an%20adult%20provider%20Package.pdf>

[Becoming an Adult: Challenges for Those with Mental Health Conditions](#)

The transition to adulthood is a continuous process of rapid developmental change that starts accelerating at age 16 and, for most, is completed by age 30. During this period, most individuals take steps to live more independently and depend less on family support. These steps, which involve completing school and training, launching work lives, and developing relationships with others, can vary greatly. However, for youth and young adults with serious mental conditions the changes during this stage of life are challenging and complex.

Continue reading at:

<https://www.centerforchildrenshealth.org/SiteCollectionDocuments/dentonforrm/resources/WATCHRESOURCE-Challenges-for-Those-with-Mental-Health-Conditions-Research.pdf>

[What to Know about Youth Transition Services for Students and Youth with Disabilities](#)

The Federal Partners in Transition workgroup views transition as the period of time when adolescents are moving into adulthood and are often concerned with planning for postsecondary education, careers, health care, financial benefits, housing, and more. There is a particular need to provide continuity of service for youth from ages 14 or 16 to ages 25 or 30 across both child and adult service systems. This fact sheet was created to address the compatible outcome goals and policy priorities identified in The 2020 Youth Transition Plan: A Federal Interagency Strategy.

Continue reading at:

<http://www2.ed.gov/about/offices/list/osers/transition/products/fpt-fact-sheet-transitionservices-swd-ywd-3-9-2016.pdf>

[Transition Aged Youth with Mental Health Challenges in the Juvenile Justice System](#)

The Technical Assistance Partnership of Child and Family Mental Health (TA Partnership) recognizes that many challenges system of care communities' face in working to better meet the needs of all children, youth, and young adults they serve. In an effort to help these communities meet the unique needs of young people involved or at risk of involvement with the juvenile justice system, the TA Partnership released a resource series focused on this population. The TA Partnership has contracted with the National Center for Mental Health and Juvenile Justice (NCMHJJ) and other experts in the field to produce this resource series.

Continue reading at:

http://www.tapartnership.org/docs/TransitionAgeYouthWithMentalHealthChallengesJJ_10-17-13.pdf