



PROMISE TA Center Newsletter September 2015
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Dear Promise Grantees:

Attached you will find the latest newsletter from the AUCD Promise TA Center. This Back to School newsletter edition highlights some resources that address leadership development in young adults. The resources in this newsletter and many more can be found at the [AUCD PROMISE TA Center](#) and are available in a print friendly format. Please feel free to send us feedback or requests for specific information and assistance. And, of course, from all of us at the Promise TA Center, have a wonderful day.

BACK to SCHOOL Edition!

FEATURED ARTICLE

Leadership:

A guide for promoting leadership skills in youth with disabilities

The *Natural Supports Project* staff interviewed 32 young adult leaders with disabilities ages from 18-30 to gather their perspectives on what makes someone a leader and to ask their advice on how to best support leadership development in youth with disabilities. This guide was developed to share their advice and strategies with families, school staff, and other adults who work with youth, and with youth with disabilities who want to develop their leadership skills.

Continue reading more at:

<http://www.waisman.wisc.edu/naturalsupports/pdfs/YouthLeadershipTipSheet.pdf>

National Resource Center for Youth Development: Youth Engagement

Youth are valuable participants in the planning and implementation of programs which affect them-after all, who knows what youth need than youth! Youth engagement teaches life skills, provides opportunities to practice those skills, and offers a variety of leadership experiences. Young people need a variety of opportunities and meaningful roles to contribute to their world, through relationships with adults.

Continue reading more at:

<http://nrcyd.ou.edu/publication-db/documents/youth-leadership-toolkit-public-speaking.pdf>

Public Speaking: A Guide to Help Youth Prepare for Speaking Engagements

The purpose of this guide is to assist experienced youth leaders or supportive adults in preparing youth for speaking engagements. This can include trainings, youth panels, workshops, conference plenary sessions, etc. It is essential for all public speakers to have a good understanding of the audience to which they will be presenting. Begin by briefing the youth on the group requesting the presentation and exploring the youth's general thoughts/experience on the subject.

Continue reading more at:

<http://nrcyd.ou.edu/publication-db/documents/youth-leadership-toolkit-public-speaking.pdf>

Natural Supports:
Strategies for Developing Youth Leadership

Youth leadership development happens through shared experiences in which young people learn by doing. Unfortunately, youth with disabilities often are left out of youth leadership opportunities because of misconceptions about their disability, segregation in school and community settings, and lack of opportunities to share their experience and feelings.

Continue reading more at:

<http://www.waisman.wisc.edu/cedd/pdfs/products/family/strategies.pdf>