

Presenter Bios

CDC Webinar: More adults with disabilities need physical activity -

How can health professionals help?

Updated May 20, 2014 5/20/2014 6:53 AM

Brandy Peaker, MD, MPH – LCDR, U.S. Public Health Service, Coordinator, Medical and Business Outreach Programs, CDC Vital Signs™

Brandy Peaker, MD, MPH, is a board-certified family medicine physician, Lieutenant Commander in the U.S. Public Health Service, and Coordinator of *CDC Vital Signs* Medical and Business Outreach Program. Dr. Peaker completed her undergraduate education at Wake Forest University with a Bachelor of Science in Health and Exercise Science and earned her medical degree from the University of Maryland School of Medicine. Following a Family Medicine residency at Carolinas Medical Center, she completed a second residency in Preventive Medicine and obtained a Master of Public Health degree from the University of North Carolina, Chapel Hill. Before joining CDC, Dr. Peaker practiced primary care at a community health center in Raleigh, North Carolina. She continues her clinical work at the Atlanta VA Medical Center.

Dianna Carroll, PhD, MS – LCDR, U.S. Public Health Service, Senior Health Scientist, National Center on Birth Defects and Developmental Disabilities, CDC

Dianna Carroll, PhD, MS, is an epidemiologist and is the team lead for CDC's Disability Research and Epidemiology Team whose focus is surveillance and research of health risks and behaviors among adults with disabilities. Her team also manages Disability and Health Data System (DHDS), a web-based data tool providing state-level data on the health of adults with disabilities. Her current work focuses primarily on physical activity among adults with disabilities. Dr. Carroll received her doctoral degree from the University of Texas-Houston Health Science Center School of Public Health. She first joined CDC in 2006 as an Epidemic Intelligence Service Officer and worked in the Division of Nutrition, Physical Activity, and Obesity until joining the Division of Human Development and Disability in 2012. Prior to joining CDC, she spent over a decade working in health services research and mental health research at the VA Medical Center and Baylor College of Medicine in Houston, Texas.

Cheri Blauwet, MD – Sports Medicine Fellow, Rehabilitation Institute of Chicago/Northwestern School of Medicine; Chair, International Paralympic Committee (IPC) Medical Committee

Cheri Blauwet, MD is a Sports Medicine Fellow at the Rehabilitation Institute of Chicago/Northwestern University Feinberg School of Medicine. She is a graduate of the Stanford University School of Medicine and completed her residency training in PM&R at Spaulding Rehabilitation Hospital/Harvard Medical School, where she served as Chief Resident. Additionally, she is a former Paralympic athlete in the sport of wheelchair racing, competing for the United States Team in three Paralympic Games (Sydney '00, Athens '04, Beijing '08) and bringing home a total of seven Paralympic medals. She is also a two-time winner of both the Boston and New York City Marathons, and has been nominated for the ESPY Award, the Laureus World Sports Award, and Women's Sports Foundation Athlete of the Year. She is a member of the International Paralympic Committee's Medical Committee and serves on the Board of Directors for the United States Anti-Doping Agency (USADA) as well as the Neilsen Foundation Quality of Life Grant Review Board.

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Lisa Culver, PT, DPT, MBA – Senior Specialist, Clinical Practice, Department of Clinical Practice and Research, American Physical Therapy Association

Dr. Culver holds the title of Senior Specialist, Clinical Practice in the Department of Practice and Research of the American Physical Therapy Association. Much of Culver's activities over the past years revolve around promoting the relationship of physical activity and health to communities of interest. This includes spearheading the creation of APTA's *Physical Fitness for Special Populations* initiative, including a dedicated web presence, targeted resources, and advocacy for APTA members on fitness, disease and disability prevention, health, and wellness for patients and clients of all acuity levels and across all settings. She has presented nationally on the topic at APTA conferences and to numerous external stakeholders. Culver has been APTA's lead staff on collaborative activities on physical activity and health with the President's Council on Fitness, Sports and Nutrition; CDC's Diabetes and Obesity Conference; the National Center on Health, Physical Activity and Disability; and the HHS Be Active Your Way Blog. Culver served on the coordinating committee of the National Physical Activity Plan (NPAP) and continues to be the staff contact for the Board Seat to the NPAP Alliance Board of Directors. She is a current member of the *Exercise is Medicine* Practice Committee and serves on the Editorial Board of *Current Sports Medicine Reports*, the clinical professional journal of the American College of Sports Medicine. Culver received her Bachelor of Science in physical therapy in 1977 from Indiana University and her Master of Business Administration in 1989 from George Mason University and her doctorate in physical therapy in Massachusetts General Hospital Institute of Health Professions in 2007.

Adrian Hutber, PhD – Vice President, Exercise is Medicine, American College of Sports Medicine

Dr. Hutber was appointed Vice President of Exercise is Medicine® at the American College of Sports Medicine (ACSM) in 2008, after serving as the vice president of a fitness corporation and as the Director of the Distance Education Division of the world's largest physical activity publisher, Human Kinetics. Exercise is Medicine® (EIM) is the multi organizational, multinational initiative co-founded by the American Medical Association and ACSM - and subsequently coordinated by ACSM - to integrate the scientifically proven benefits of physical activity to prevent and treat chronic disease into the world's health care systems. He has been invited to give keynotes and presentations about physical activity and chronic disease and about EIM at US and international scientific and medical conferences in more than 30 countries on six continents and has helped to establish seven EIM Regional Centers and 39 plus EIM National Task Forces, all with the goal of making physical activity assessment, prescription, and referral part of health care systems globally. Dr. Hutber has numerous publications in physiology and sports medicine scientific journals, has authored the Pre-Exercise Health Screening course (Human Kinetics, 2001), is a Board member of the National Advisory Council for Cancer and Exercise in the USA, and continues to serve as a reviewer for scientific journals, including the British Journal of Sports Medicine.

James Rimmer, PhD – Director of the National Center on Health, Physical Activity and Disability

James H. Rimmer, Ph.D., is a Professor in the School of Health Professions and the first Lakeshore Foundation Endowed Chair in Health Promotion and Rehabilitation Sciences at the University of Alabama at Birmingham. For over 30 years he has been developing and directing health promotion programs for people with disabilities aimed at reducing obesity, increasing physical activity and improving nutrition in youths, adults and seniors with

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disabilities. Dr. Rimmer directs two federally funded centers, the National Center on Health, Physical Activity and Disability (funded by CDC since 1999), and the Rehabilitation Engineering Research Center on Interactive Exercise Technologies and Exercise Physiology for People with Disabilities (funded by the National Institute on Disability and Rehabilitation Research since 2002). He also serves as Director of Research at Lakeshore Foundation.

Matt Holder, MD – Global Medical Advisor, Special Olympics

As an international leader in the emerging field of Developmental Medicine, Dr. Matthew Holder advocates on behalf of people with neurodevelopmental disorders and intellectual disabilities (ND/ID) for better health services. Dr. Holder currently serves as the Global Medical Advisor for Special Olympics International, the President-Elect of the American Academy of Developmental Medicine and Dentistry, and is the Chief Executive Officer of the Lee Specialty Clinic in Louisville, Kentucky - a clinic whose mission is to serve the medical, dental and behavioral health needs of people with ND/ID.

Darcie Mersereau, Vice President, Health Programs, Special Olympics

Darcie Mersereau has been with Special Olympics International since September 2005. Special Olympics provides year-round sports training and competition for persons with intellectual disability of all ages, currently serving over 4 million persons in 175 countries. As the Vice President for Health Programs, Ms. Mersereau oversees a \$21 million public health program that provides health clinics, services, and education to its athletes, trains health professionals in providing care to people with intellectual disabilities, conducts analyses of its athlete health data and disseminates findings to policy makers, the media, partners, and the academic community. Under the organization's 2011-2015 Strategic Plan, Ms. Mersereau is leading a team to integrate health into Special Olympics sports, families, and youth programming; to develop and introduce regionally-specific health programming around topics such as malaria and hand-washing hygiene; and to strengthen linkages with community care networks and other local partners who can support the health and well-being of Special Olympics athletes year-round. Ms. Mersereau holds a BS in Labor Economics from Cornell University and an MPH from University of North Carolina-Chapel Hill.