

Transition and Extension of Social Skills into Work, Community, and Healthcare Settings

Sarah O'Kelley, Ph.D.
UAB LEND, Alabama





Survive



transition



HEALTH CARE

SOCIAL LIFE

JOB/CAREER

RECREATION 



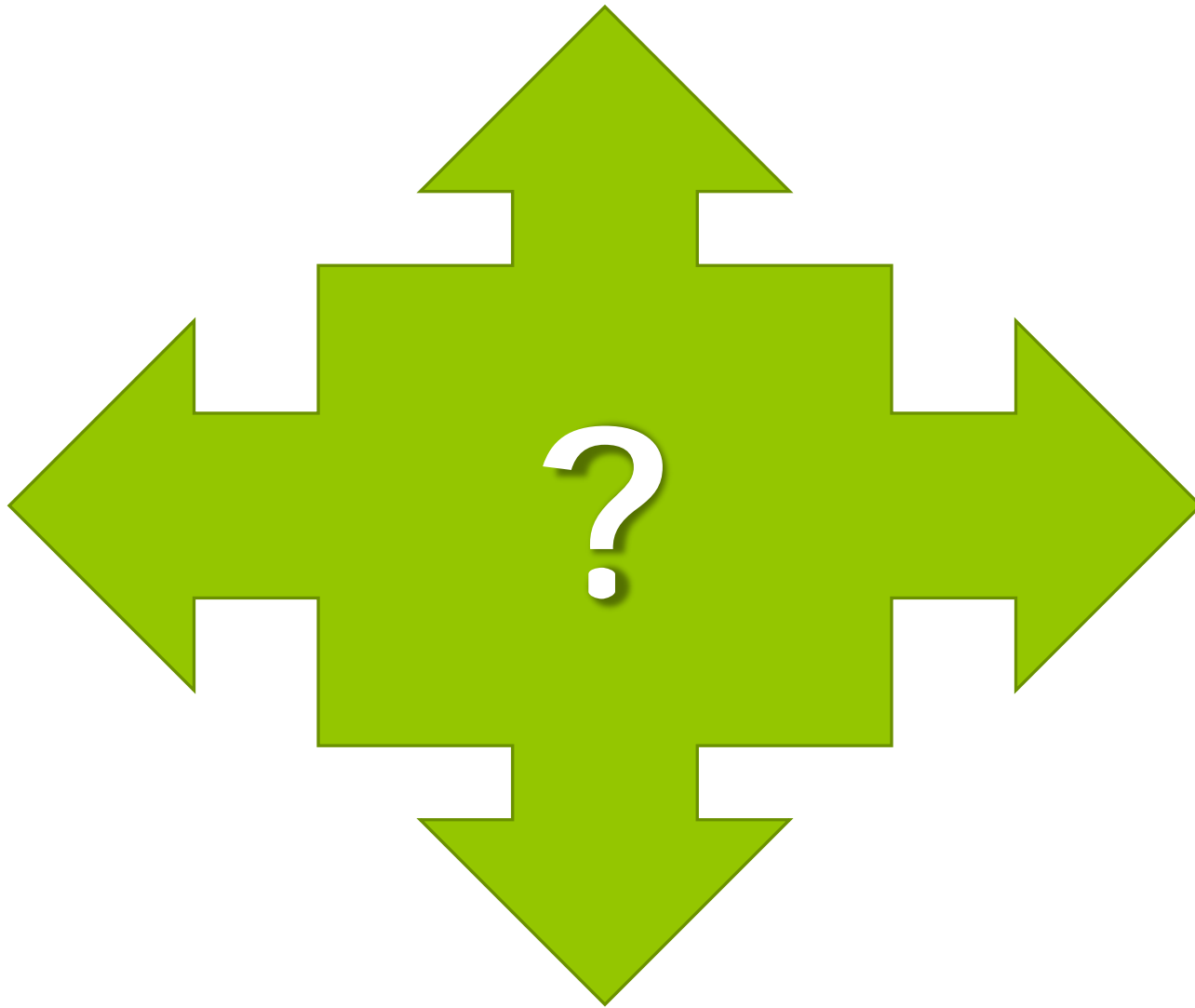
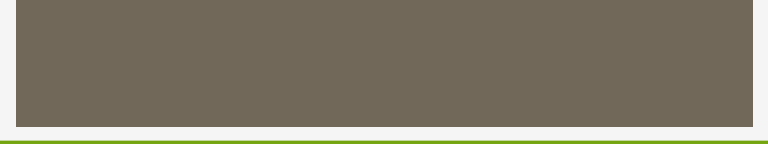


FIND

KEEP

BUILD







**Social
Skills**



Social Skills for Teenagers With Developmental and Autism Spectrum Disorders

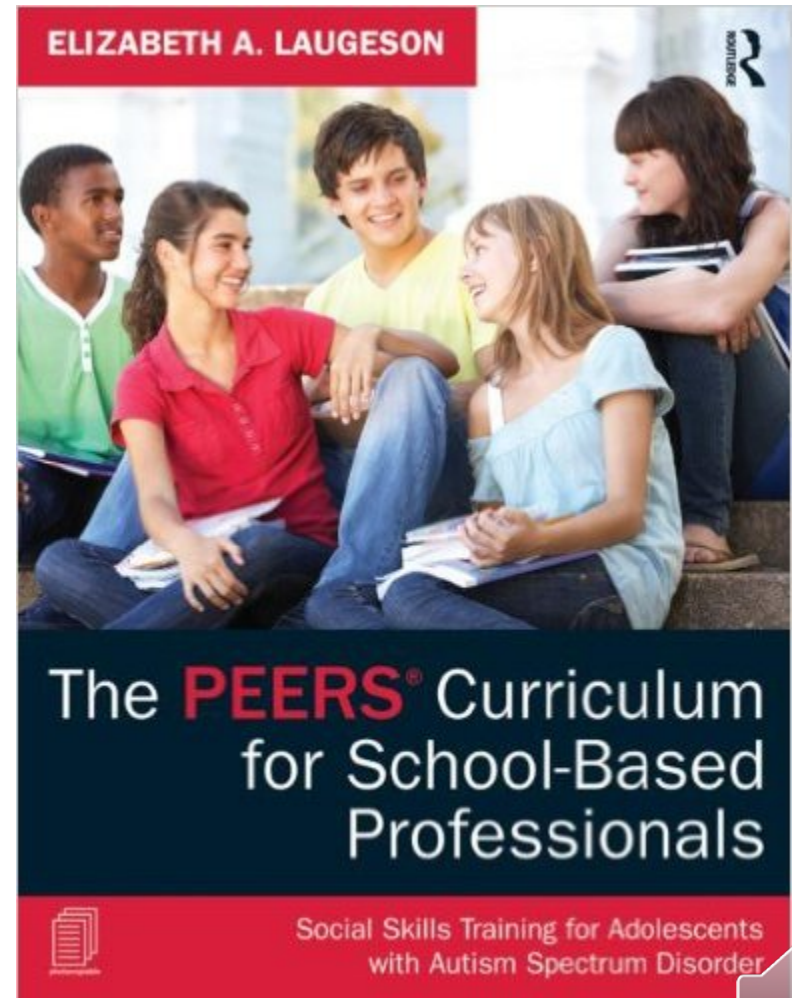


ELIZABETH A. LAUGESON
AND FRED FRANKEL

THE PEERS TREATMENT MANUAL



www.semel.ucla.edu/peers



A Randomized Controlled Trial to Improve Social Skills in Young Adults with Autism Spectrum Disorder: The UCLA PEERS[®] Program

Elizabeth A. Laugeson^{1,2} · Alexander Gantman^{1,2} · Steven K. Kapp^{1,3} · Kaely Orenski^{1,4} · Ruth Ellingsen^{1,5}

© Springer Science+Business Media New York 2015

PEERS[®] for Young Adults

- Conversation skills
- Finding common interests
- Appropriate use of humor
- Entering and exiting conversations
- Hosting get-togethers
- Choosing friends
- Handling arguments and disagreements
- Dating etiquette and skills
- Handling rejection, teasing, bullying



achieve independence

Helping Adults with Developmental Disabilities to Live Independently



www.triumphservices.org

Birmingham, Alabama

L I V E

LIVING INDEPENDENTLY is a hallmark of Triumph— we support over 250 adults in Birmingham who are learning to live on their own thanks to the support team at Triumph. Individuals with developmental disabilities are a HIGHLY UNDERSERVED group with an expected 1 MILLION adults who will need services in the next few years..

W O R K

More than 90 PERCENT of adults with autism are unemployed. Not the case at Triumph! A whopping 8 out of 10 participants are EMPLOYED! Not only is being gainfully employed critical to achieving independence, but it also means individuals become contributing members of their community.

P L A Y

More than half of adults with developmental disabilities suffer from depression and anxiety. Therefore, FRIENDSHIPS AND SOCIAL OUTLETS are critical to their well being. That's why Triumph offers social groups and one-on-one counseling. These services have yielded amazing outcomes!





**Social
Skills**





Graphic: Triumph Services







Sarah O'Kelley, in transition

sokelley@uab.edu

