

Help Us Protect Your Care By Telling Us Your Health Care Story:

As you may know, there has been an effort to repeal the Affordable Care Act (ACA) aka Obamacare. Advocates are fighting hard to protect the ACA and need your help: we need you to tell us how the ACA has helped you. We want to share your story so you can keep the health insurance required by the ACA and its benefits.

The ACA has a lot of parts and it may be difficult to know all the ways it has helped. And it can be hard to remember what health insurance was like before the ACA and how the ACA improved it. Please take a moment to review the questions below. If you answer yes to any of these questions, we would love to hear your story so you can help protect our care. Before 2014:

- Did you ever have trouble getting health insurance because you already had a health condition but are able to get insurance now? (preexisting condition requirement)
- Was the only insurance you could get so expensive because you already had a health condition that you couldn't afford it? (preexisting condition requirement)
- Did an insurance company ever tell you that it would not cover any more health care for the rest of the year? (annual limit)
- Did an insurance company ever tell you that it would not cover any care for you ever again because it had already paid all it would pay for you in your lifetime? (lifetime limits)
- Did you skip seeing your doctor for visits or care that would help you stay well because you could not afford it? (free preventative care)
- Did you get sick, but decide to wait and see and then eventually go to the Emergency Room when it did not get better?
- Did you ever decide not to go to the doctor, not to fill a prescription, or not get treatment because you had spent so much on health care already that year you could not afford it? (out of pocket limits)
- Did an insurance company ever tell you that you could not get treatment or services your doctor said you needed because it was not a service your insurance policy covered but you can get it now? This might include mental health or substance use disorder services. (comprehensive benefits)
- Did you get kicked off your parent's health insurance when you turned 21, but were able to go back on it until you turned 26?
- As a small business owner, did you receive tax breaks and tax credits via Small Business Health Options Program (SHOP)?
- Were you ever denied insurance because, at one point in time, you had a lapse or break in coverage? (subsidies)
- Did you ever pay more for insurance on the basis of race, color, national origin, age, gender, gender identity, or disability? (nondiscrimination)
- Did you ever experience discrimination on the basis of race, color, national origin, age, gender, gender identity, or disability in certain health programs or activities? (nondiscrimination)