

Aging SIG

Dec 6, 2016

- In attendance and areas of focus:
 - Tamar Heller (IL) (bridging disability and aging, family caregiving, family support policy, managed care, health matters)
 - Lisa Cauble (AK) (Alzheimer's)
 - Marisa Brown (DC) (end of life, dementia, NTG)
 - Lauren Bishop-Fitzpatrick (WI) (health, aging, autism, end of life)
 - Linda Madsen (ND) (dementia, Alzheimer's)
 - Margaret Gilbride (NJ) (grief and loss)
 - Jessica Walker (TX A&M) (supported decision making and STM)
 - Sandy Hubert (WY) (increasing focus of IDD and aging within network and state, parents, siblings)
 - Liz Perkins (FL) (caregiver issues)
 - Sue Fox (NY) (center on aging and community living, caregivers of older adults, sibling support)
 - Yumi Shirai – (Sonoran AZ) (Art Works, expressiveness beyond talking and writing, grief support, training local trainers)
 - Barbara Wheeler (CA-USC)
 - John Munnis Jr (OH-Cinn) (maintaining ones health as you age, end of life)
 - Donna Bainbridge (MT) (global fitness advisor for special Olympics, fitness activities/health promotion for aging athletes, fall prevention, rural living, modifying “14 weeks to a healthier you”)
 - Kate Fialkowski (PA) (sibling, supported decision making, communications and behaviors, ethics, physician assisted suicide, fully informed)
 - Barbara - Los Angeles (minority parent groups, screening for dementia)
- Liz sending out info on technology for caregivers
- Project in NY on chronic disease self-management – provides TA
- WA – modifying existing project focused on ID and aging, translating it to work for people with physical disability
- Nebraska – normally pediatric focused, now holding Lifespan Respite and Centers for Ind. Living
- Minnesota developing training modules
- NCI developed criteria focused on aging
- MT strategies for involvement without making a separate case for specific populations
 - Shifting focus of falls prevention work to people with cognitive impairments not just IDD
 - Gain tractions in the aging in place initiative
- Age friendly communities should focus on all groups in order to create an inclusive community of support
- Bridging support for aging individual and the aging caregiver
- Working more closely with managed care org
- Direct care workforce
- Cerebral Palsy foundation – women's healthcare, reproduction, sexuality, now thinking about including aging

- Australia – very active aging SIG, last summer in Sydney they held a day-long conference on aging and ethical issues (Tamara was key note)
- Topics we should focus on and ways to promote them:
 - Technology
 - Aging caregivers vs aging people with DD
 - Self-care for individual and the caregiver
 - Elevate issues within AUCD to get info to the rest of network
 - Webinar series on certain topics
 - Gathering NIRS data – summarizing aging info?
 - Keywords: Dementia, growing old, falls, grief and loss, fitness and health promotion, ADLs, older adults, geriatrics, IADLs, health, end of life, death, Alzheimer’s, cognitive impairment, caregiving, caregivers
 - Identifying aging initiatives that may not be called aging
 - Develop policy brief
 - Connecting with the family support SIG
 - Best practices
 - Post more to Aging SIG website
 - Siblings who are expected to take over responsibility without proper training
- Bridging Aging Disability International – BADINETWORK.org
 - Funded by march of dimes
 - Age well grant out of Canada, 50 million dollars, technology and aging
- Tamara to share blog on the history of aging
 - Add to website
- Gerontological society has SIG
 - International meeting in San Fran next summer
 - 700 submissions
- Update SIG website with categories and adding more info, increase traffic, write best practice info,
 - Sue Fox, Liz Perkins
- AAIDD position paper on end of life
 - Does AUCD think this is important to have something like this? Perhaps around physician assisted suicide/end of life planning
- President-elect identifies “life” as “conception to *natural* death”
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