

19th ANNUAL CHRONIC ILLNESS
AND DISABILITY CONFERENCE

Transition from Pediatric to Adult-based Care



October 25-26, 2018

MD Anderson Mitchell Basic Sciences Research Building
Onstead Auditorium, 3rd Floor
6767 Bertner Avenue
Houston, TX 77030

Co-provided by: Baylor College of Medicine and Texas Children's Hospital



Supported by: The Robbins Foundation



Conference broadcast supported by the AUCD through a HRSA Grant and
by the Texas DSHS Maternal and Child Health Program.

Broadcast open captioning also supported by the AUCD through a HRSA Grant



Follow the conference on Twitter @Transition_Conf
and be sure to include #TC2018.



10th Annual Health Care Transition
Research Consortium Symposium

Wednesday, October 24, 2018 ■ 7:30 AM – 5:00 PM

PLANNING COMMITTEE

Albert C. Hergenroeder, M.D. – Activity Director

Cecily L. Betz, Ph.D., R.N. ■ Sarah DeMaio, M.S.W.
Amanda K. Garey, M.S.N., RNC-OB, C-EFM ■ Scott H. Garner, M.B.A.
Elaine J. Hime ■ Katlyn Le, M.P.A, R.D., L.D. ■ Christine Liao, M.S.W.
Siripoom McKay, M.D. ■ Peggy McManus, M.H.S.
Diane V. Murrell, M.S.W. ■ Rebecca J. Schultz, Ph.D., R.N.
Erin Thompson, M.Ed., CHES ■ Shelley Townsend, M.S.W.
Sherry Sellers Vinson, M.D. ■ Laura J. Warren
Chava White, L.M.S.W.-AP

ACTIVITY FACULTY

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Endocrinology, Diabetes and Metabolism
Baylor College of Medicine
Texas Children's Hospital
Houston, Texas

Judy Blake

Disability Leadership Network of Houston
Family to Family Network
Houston, Texas

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Department Chair of Pediatrics,
University of Utah School of Medicine
and Chief Medical Officer at
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Harvard Medical School
Boston Children's Hospital Division of
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Chief Operating Officer
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Sara Kendall

Program Specialist
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and Pediatrics
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Lead Parent Support Specialist
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Director of Counseling Services
Turn Center Pediatric Therapy Center,
Amarillo, Texas

Billeh Tubea

Fulfillment Coordinator
UnitedHealthcare Community and
State Texas Health Plan
Houston, Texas

Patience H. White, M.D., M.A.

Professor of Medicine and of Pediatrics,
The George Washington University
Washington, D.C.
Got Transition, Washington D.C.

Angela Wrigglesworth

3rd Grade Teacher
Klein Independent School District
Klein, Texas

CONFERENCE OVERVIEW

Skill preparation and planning for healthcare transition for children and youth with special healthcare needs is inadequate. Less than 50 percent of families nationwide indicate that their children with special healthcare needs have received the services necessary to make appropriate transitions to adult healthcare, work, and independence. One of the major hurdles to receiving this care is the lack of a workforce, including physicians, nurses, social workers, mental health providers and all who provide services to youth and young adults with special healthcare needs trained to provide the services necessary to make the healthcare transition. There is a strong need for physicians to have the knowledge and skills to provide the services needed to facilitate a successful transition from pediatric to adult-based care and services.

Because of increased awareness of transitioning to adult-based care, clinicians are required to update their knowledge of the changing strategies for integrating emerging adult-based care into practice.

For all conference participants, there will be a discussion of the legal issues involved in healthcare transition, as well as time to meet and talk with faculty in small groups, to exchange ideas among participants, and to share knowledge and information about how best to plan for a successful transition to adulthood.

TARGET AUDIENCE

Physicians in internal medicine, family practice, pediatrics, psychiatry, and physiatry; other healthcare providers including psychologists, social workers, nurses, dietitians, case managers, counselors, and primary care providers; and youth and young adults who have a chronic illness or disability and their parents or guardians.

OBJECTIVES

At the conclusion of the conference, participants should be able to:

- Describe strategies for setting up a transition program.
- Describe successful methods for discussing reproductive and sexual health topics for young women with pediatric-onset chronic disease.
- Discuss method to help entering college students with mental health issues transition to college
- Describe the basic requirements, purpose and differences of different benefit programs for youth and young adults with chronic illness and disability.
- Describe the basic principles of inclusion and diversity in healthcare transition programs for youth and young adults with chronic illness and disability.
- Describe the legal issues associated with transition from pediatric to adult-based care
- Discuss the new AAP/AAFP/ACP Clinical Report on Health Care Transition

EDUCATIONAL METHODS

Lecture ■ Meet the Faculty Sessions ■ Breakout Sessions
■ Question and Answer Sessions

EVALUATION

A questionnaire will be used to evaluate and address program content, presentation, and possible bias.

DISCLOSURE POLICY

To meet the requirements of the Accreditation Council for Continuing Medical Education (ACCME), it is the policy of Baylor College of Medicine that all individuals who are in a position to control the content of the CME activity (activity director, planning committee members, and faculty) disclose relevant financial relationships with commercial interests. All identified conflicts of interest are managed to help ensure that the educational material is scientifically based, accurate, current, and objectively presented. Specific disclosure will be made to the participants before the educational activity.

Registration for, attendance at, and/or participation in this activity constitutes acknowledgment by the registrant/attendee/participant that photos may be made of the conference events and constitute agreement by the registrant/attendee/participant that Baylor College of Medicine may use and distribute in its publications, on its website, and in the conference proceedings, such photos that include the image of the registrant/attendee/participant.

By participating in the activity, the registrant/attendee/participant acknowledges that he/she agrees to these stipulations. Audio or videotaping is prohibited without written permission from the Activity Director and the Office of Continuing Medical Education, Baylor College of Medicine, Houston, Texas.

ACCREDITATION/CREDIT DESIGNATION

Physicians

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 14.50 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The presentation, *Legal Issues in Healthcare Transition*, has been designated by Baylor College of Medicine for 1.0 credit of education in medical ethics and/or professional responsibility.

Nursing

Texas Children's Hospital is an approved provider of continuing nursing education by the Texas Nurses Association—an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Social Work

Texas Children's Hospital is an approved continuing education provider for Social Workers through the Texas State Board of Social Worker Examiners. Social work continuing education units provided, 14 hours of continuing education including 1 hour of ethics.

Occupational Therapy and Physical Therapy

Contact hours (CCUs) have been applied for through TPTA and TOTA. Texas Children's Hospital is an Approved Provider for the Texas Occupational Therapy Association. The assignment of TOTA CE hours does not imply endorsement of a specific course, content, products, or clinical procedures by TOTA.

FEE, REGISTRATION AND CONFIRMATION INFORMATION

Refer to the registration form for the fee schedule. Your registration will not be processed until payment is received. Your registration will be confirmed. If you have not received confirmation at least 5 business days before the activity start date, contact the Office of Continuing Medical Education (OCME) immediately.

A limited number of scholarships are available for CYSHCN and their parents or guardians. For complete details, please contact Katrine Nordstrom at Katrine.Nordstrom@txp2p.org.

If you plan to register on site, contact the OCME at least 24 hours in advance to confirm activity status and space availability.

The OCME reserves the right to limit the number of participants in an activity and will not be responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

To register/pay for the conference only, visit our website at BaylorCME.org/CME/1579 and follow the instructions.

CANCELLATION/REFUND POLICY

Requests for registration refunds must be in writing and received by the OCME at least 10 business days before the activity begins. The date the request is received by the OCME will be considered the cancellation date. Requests received after the refund deadline will not be processed. Cancellations are subject to a \$50 administrative fee to be deducted from the paid registration fee to cover guarantees and other expenses. Requests should be emailed to cme@bcm.edu or faxed to 713.798.7955.

The OCME reserves the right to cancel activities, not less than 10 business days before the scheduled date, if extenuating circumstances make it necessary. Registrants will be notified at the contact number indicated on the registration form and again in writing. If an activity is cancelled, the OCME's liability is limited to the paid registration fee. Note: If the registration payment was made by check, a Social Security number is required to process the refund.

10th Annual Health Care Transition Research Consortium Symposium

WEDNESDAY, OCTOBER 24, 2018 ■ 7:30 AM - 5:00 PM

MD Anderson Cancer Center | Mitchell Basic Sciences Research Building
6767 Bertner Avenue, Onstead Auditorium, 3rd Floor • Houston, TX 77030

This October 24th event is not designated for CME or CE credit.

OVERVIEW

The *10th Annual Health Care Transition Research Consortium Symposium* features research presentations in the emerging field of healthcare transition (HCT). A variety of research topics of interest to researchers, clinicians, policymakers, parents, youth, and emerging adults are presented. Topics include testing of HCT models of care and programs, the HCT needs and experiences of adolescents, emerging adults and families, and provider topics pertaining to pretransition and posttransition services and training. Poster sessions on HCT research will enable direct dialogue with researchers, and plenary sessions will address interdisciplinary perspectives pertaining to HCT education and curriculum development and the creation, maintenance, and evaluation of HCT programs.

REGISTRATION

Registration is required for all participants. The fee is \$100 for all participants.

Online registration (Research Symposium *only*): BaylorCME.org/CME/1579

Agenda

7:30 AM Continental Breakfast and Registration

8:15 **Opening Remarks**

Cecily L. Betz, Ph.D., R.N. ■ Research Symposium Co-Chair
Professor of Clinical Pediatrics
University of Southern California Keck School of Medicine
Los Angeles, California

Megumi J. Okumura, M.D., M.A.S. ■ Research Symposium Co-Chair
Assistant Professor of Pediatrics and Internal Medicine
University of California, San Francisco
San Francisco, California

Albert C. Hergenroeder, M.D.
Professor of Pediatrics
Chief, Adolescent Medicine and Sports Medicine Service
Baylor College of Medicine/Texas Children's Hospital
Houston, Texas

8:30 **PLENARY SESSION: Inclusion of Mental Health in Healthcare Transition**

Beth H. Garland, Ph.D. ■ Assistant Professor and Licensed Psychologist
Baylor College of Medicine/Texas Children's Hospital

9:00 **PLATFORM SESSION 1: Continuous Quality Improvement/Program Development/Models of Care**

Moderator: Rita Nathawad, M.D.

Panel Discussion | Question and Answer Session

10:15 Break

10:30 **Poster Session 1** ■ Posters Display – Onstead Auditorium Lobby

11:45 **Lunch** (provided)

Noon **LUNCH BREAK OUT SESSIONS** (*Select one*)

- Supporting Decision Making in Young Adults: A Quality Improvement Approach (LEAP)
- Mental Health Interest Group
- Cerner Healthcare Transition Collaborative
- Networking Clusters

1:00 **PLATFORM SESSION 2: Health Care Transition Outcomes and Readiness Measures**

Moderator: Jason Woodward, M.D.

Panel Discussion | Question and Answer Session

2:15 **PLATFORM SESSION 3: Health Provider/Patient/Caregiver Education**

Moderator: Parag Shah, M.D.

Panel Discussion | Question and Answer Session

3:30 Break

3:45 **Poster Session 2** ■ Posters Display – Onstead Auditorium Lobby

5:00 **Adjournment**

Faculty, topics, and the symposium schedule are subject to change.

Transition from Pediatric to Adult-based Care

Agenda

THURSDAY ■ OCTOBER 25, 2018

- 7:00 AM Continental Breakfast and Registration
- 8:00 **Welcome and Announcements**
Albert C. Hergenroeder, M.D.
Proclamation: *David W. Robinson, Houston City Councilman-at-Large*
Film Presentation
- 8:15 **The New AAP/AAFP/ACP Clinical Report**
Patience H. White, M.D., M.A.
- 9:15 **Legal Issues in Healthcare Transition**
Beth Sufian, J.D.
- 10:15 Question and Answer Session
- 10:30 Break
- 10:45 **Texas Workforce Commission**
Sarah Kendall
- 11:45 Question and Answer Session
- 12:15 PM **Meet the Faculty Lunch Breakout Sessions*** (*Select one*)
Mental Health Transition into College | *Cecilia Sun, Ph.D.*
Legal Issues | *Beth Sufian, J.D.*
Disability Benefits | *Sarah Kendall*
Parent Perspective | *Brad Thompson/Judy Blake*
The Updated Clinical Report | *Patience H. White, M.D., M.A.*
- 1:15 **Breakout Session 1 ■ Preparing For and Delivering Transition Services**
(*Select one*)
Employment Preparation for AYASHCN*
Jillian Hamblin and Billeh Tubea
Parent Panel*
Brad Thompson and Judy Blake
Mental Health Services for College Students
(Broadcast at 1:15 PM)
Cecilia Sun, Ph.D.
Practical Use of the AUCD Diversity and Inclusion Toolkit
(Broadcast at 2:15 PM)
Alice Kuo, M.D., Ph.D., M.B.A.
Texas Workforce Commission Continued*
Sarah Kendall
- 2:15 **Breakout Session 2** (*Repeat of sessions from 1:15 PM; select one*)
- 3:00 Break
- 3:15 **Diversity and Inclusion During Transition**
Alice Kuo, M.D., Ph.D., M.B.A.
- 4:00 Question and Answer Session, and Evaluation
- 4:10 Adjournment

*Session(s) not included in broadcast.



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Agenda

FRIDAY ■ OCTOBER 26, 2018

- 7:30 AM Continental Breakfast and Registration
- 8:00 **Announcements**
Albert C. Hergenroeder, M.D.
- 8:15 **Reproductive and Sexual Healthcare**
Susan Gray, M.D.
- 9:00 Question and Answer Session
- 9:15 **A Sexual/Reproductive Health Interview for Young Women**
Susan Gray, M.D., and Angela Wrigglesworth
- 10:00 Question and Answer Session
- 10:15 Break
- 10:25 **Young Adult Perspective**
Angela Wrigglesworth
- 11:10 Question and Answer Session
- 11:25 **Parents' Perspective on Transition**
Brad Thompson and Judy Blake
- 12:10 PM Question and Answer Session
- 12:15 **Lunch**
- 1:00 **Transition to College for Young Adults with Mental Health Issues**
Cecilia Sun, Ph.D.
- 1:45 Break
- 2:00 **The Joint TCH-BCM Diabetes Transition Program**
*Ashok Balasubramanyam, M.D., Siripoom McKay, M.D.,
and Sarah Lyons, M.D.*
- 2:45 **Financial Aspects of HCT**
Angelo Giardino, M.D., Ph.D.
- 3:45 Question and Answer Session
- 3:50 Evaluation
- 4:00 Closing Comments and Conference Adjournment

Faculty, topics, the program schedule, and credit are subject to change. Audio recording or videotaping is prohibited without written permission from the Activity Director and the Office of CME, Baylor College of Medicine, Houston, Texas.



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CONFERENCE LOCATION

MD Anderson Cancer Center ■ Mitchell Basic Sciences Research Building

6767 Bertner Avenue | Onstead Auditorium, 3rd Floor
Houston, TX 77030

Parking is available in the McGovern Commons parking garage. Unfortunately, we are unable to validate parking. Parking is \$12/day. Onstead Auditorium may be accessed from the McGovern Commons Building through the 1st floor breezeway.

If you are staying at the Wyndham Houston–Medical Center, a complimentary shuttle is available. Please notify the hotel valet at least 15 minutes in advance for transportation to the Onstead Auditorium.

You may wish to bring a sweater or light jacket, as the temperature in the auditorium can vary.



ACCOMMODATIONS

Wyndham Houston–Medical Center

6800 Main Street | Houston, TX 77030
713.577.1230

Accommodations should be arranged directly with the Wyndham Houston–Medical Center by calling 713.528.7744 or 800.996.3426, or go online ([link below](#)). Please identify yourself as an attendee of the *Baylor College of Medicine Annual Chronic Illness and Transition Conference* when making reservations to benefit from the special group rate of \$149 (plus tax). A limited number of rooms will be available and have been reserved at the special rate on a space-available basis. *The deadline to receive the special rate is **October 2, 2018**, unless the room block has already been filled.*

Wyndham Houston–Medical Center registration link:

wyndhamhotels.com/groups/hr/bcm-annual-chronic-illness-and-transitions-conference-2018

FOR ADDITIONAL INFORMATION CONTACT

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Visit our website, BaylorCME.org for information about upcoming Baylor College of Medicine CME programs and activities.

