

13<sup>th</sup> CHRONIC ILLNESS AND DISABILITY CONFERENCE

# Transition from Pediatric to Adult-based Care



**Thursday October 18<sup>th</sup> and  
Friday October 19<sup>th</sup>, 2012**

**MD Anderson Cancer Center  
Mitchell Basic Science Research Building**  
6767 Bertner Avenue  
Onstead Auditorium, 3rd Floor  
Houston, TX 77030

**RETURNING  
THIS YEAR!**

**Healthcare Transition  
Research Consortium  
Research Day**

**Wednesday  
October 17, 2012  
11:00 A.M. - 5:30 P.M.**

*(Details on page 5)*

**BCM<sup>®</sup>**

**Baylor College of Medicine**



**Texas Children's Hospital<sup>®</sup>**

Co-sponsored by Baylor College of Medicine and Texas Children's Hospital  
Houston, Texas

## PLANNING COMMITTEE

### **Albert C. Hergenroeder, MD –Activity Director**

Valerie F. Bowman, LMSW | Rebecca Carman, MSW | Marylee Dilling, MD  
Hilary Griffin, BBA | Kathy Griffis-Bailey, MS | Elaine Hime, BS | Marie Mann, MD  
Diane Murrell, LCSW | Rebecca J. Schultz, PhD, RN | Sherry Sellers-Vinson, MD  
Shelley Townsend | Chava White, LMSW-AP, CCM | David L. Wood, MD, MPH

## ACTIVITY FACULTY

### **Valerie F. Bowman, LMSW**

Project Manager  
Adolescent Medicine and Sports Medicine  
Baylor College of Medicine  
Houston, Texas

### **Deborah L. Brown, MD**

Assistant Professor of Pediatrics  
The University of Texas Medical School  
at Houston  
Gulf States Hemophilia  
and Thrombophilia Center  
Houston, Texas

### **Angelo P. Giardino, MD, PhD**

Vice President  
Texas Children's Hospital Health Plan  
Houston, Texas

### **Kathy Griffis-Bailey, MS**

Title V CSHCN Services Program  
Department of State Health Services  
Austin, Texas

### **Albert C. Hergenroeder, MD**

Professor of Pediatrics  
Adolescent Medicine and Sports Medicine  
Baylor College of Medicine  
Chief, Adolescent Medicine Service  
Texas Children's Hospital  
Houston, Texas

### **Elaine Hime, BS**

Project Manager  
Project Delivery of Chronic Care (DOCC)  
Texas Children's Hospital  
Houston, Texas

### **John G. Reiss, PhD**

Associate Professor  
Institute for Child Health Policy  
University of Florida  
Gainesville, Florida

### **Peter B. Scal, MD, MPH**

Assistant Professor  
Academic General Pediatrics  
University of Minnesota  
Minneapolis, Minnesota

### **Rebecca J. Schultz, PhD, RN**

Assistant Professor of Pediatrics  
Texas Children's Hospital  
Houston, Texas

### **Beth Sufian, JD**

Attorney and Director  
Cystic Fibrosis Legal Information Hotline  
Houston, Texas

### **L. Vance Taylor**

Principal  
Catalyst Partners, LLC  
Washington, DC

### **Brad Thompson, MS, LPC**

Director, The HALI Project, Inc.  
Amarillo, Texas

### **Mark Wallace**

President and CEO  
Texas Children's Hospital  
Houston, Texas

### **Patience H. White, MD, MA**

Chief Public Health Officer  
National Arthritis Foundation  
Washington, DC

### **David L. Wood, MD, MPH**

Professor of Pediatrics  
University of Florida  
College of Medicine  
Jacksonville, Florida

## CONFERENCE OVERVIEW

Skill preparation and planning for healthcare transition for children and youth with special healthcare needs (CYSHCN) and their families is inadequate. Less than 50% of families nationwide indicate that their CYSHCN have received the services necessary to make appropriate transitions to adult healthcare, work, and independence. One of the major problems to receiving this care is the lack of a physician workforce trained in providing the services necessary to make the healthcare transition. This conference provides a state-of-the-art update on issues involved in healthcare transition for youth and young adults with chronic illness and disability and their families from pediatric to adult-based services.

Now in its 13th year, the conference brings together internationally, nationally, and locally recognized clinical, policy, legal, research, advocacy, and family experts. Addressing all aspects of transition planning, this conference strengthens the dialogue among healthcare professionals, policy experts, youth and young adults, and family members. For clinicians, the conference includes discussions applicable to both primary and specialty care practice and provides an interdisciplinary perspective on how teams can facilitate the important transition from pediatric to adult-based healthcare. For policy and advocacy experts, the conference provides updates on recent developments. For researchers, it updates recent findings. For parents, teens, and young adults, the conference offers an opportunity to hear practical medical, legal, and insurance information. For all audience members there will be a discussion of the legal issues involved in healthcare insurance during healthcare transition; as well as time to meet and talk with faculty, to exchange ideas among participants, and to share knowledge and insight about how best to plan for a successful transition to adulthood.

## TARGET AUDIENCE

Physicians in internal medicine, family practice, pediatrics, psychiatry, and psychiatry; other healthcare providers including, psychologists, social workers, nurses, dietitians, case managers, counselors, and public health officials; primary care providers; youth and young adults with chronic illness and their parents/guardians.

## OBJECTIVES

At the conclusion of the conference, participants should be able to:

- Develop methods to transition pediatric patients with special healthcare needs to adult-based care.
- Identify strategies to strengthen collaborative healthcare transition planning between children and young adults with special healthcare needs, parents/guardians, and providers.
- Identify strategies to improve communication between pediatric and adult healthcare providers of children and young adults with special healthcare needs
- Discuss the key features of the new Affordable Care Act and options for medical insurance for young adults with disabilities.
- Screen children and young adults with special health care needs for neurocognitive deficits and determine appropriate follow up to maximize outcomes.
- Assess the needs of the family as well as the child or young adult with special healthcare needs, with referrals to appropriate community-based services.

## EDUCATIONAL METHODS

Lecture ■ Question and Answer Sessions ■ Panel Discussion

## EVALUATION

Evaluation by questionnaire will address program content, presentation, and possible bias.

## ACCREDITATION/CREDIT DESIGNATION

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 12.75 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CNE contact hours available to nurses.

Texas Children's Hospital is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Social Work continuing education units (11.5 hours, including one hour in ethics) for this conference have been approved by the Department of Case Management and Social Work at Texas Children's Hospital.

The presentation, *Legal Issues in Transition*, has been designated by Baylor College of Medicine for .75 credit of education in medical ethics and/or professional responsibility.

## DISCLOSURE POLICY

In order to meet the requirements of the Accreditation Council for Continuing Medical Education it is the policy of Baylor College of Medicine that all individuals who are in a position to control the content of a CME activity (activity director, planning committee members, and faculty) disclose relevant financial relationships with commercial interests.

All identified conflicts of interest are managed to help ensure that the educational material is scientifically based, accurate, and objectively presented. Specific disclosure will be made to the participants prior to the educational activity.

## FEE, REGISTRATION, AND CONFIRMATION INFORMATION

Refer to the registration form for the fee schedule. Your registration will be confirmed, but not be processed until payment is received. If you have not received confirmation at least five business days before the activity start date, contact the Office of Continuing Medical Education (OCME) immediately.

A limited number of scholarships are available for CYSHCN and their parents/guardians. Please contact Valerie Bowman at [TRACS@texaschildrens.org](mailto:TRACS@texaschildrens.org) for complete details.

If you plan to register on-site, contact the OCME at least 24 hours in advance to confirm activity status and space availability. The OCME reserves the right to limit the number of participants in an activity and will not be responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

*To register/pay online visit the activity website at [BaylorCME.org/CME/1463](http://BaylorCME.org/CME/1463) and follow the instructions.*

## CANCELLATION/REFUND POLICY

Requests for registration refunds must be in writing and received by the OCME at least 10 business days before the activity begins. The date the request is received by the OCME will be considered the cancellation date. Requests received after the refund deadline will not be processed. Cancellations are subject to a \$50 administrative fee deducted from the registration fee paid to cover guarantees and other expenses. Requests should be mailed to the OCME or faxed to 713.798.7955.

The OCME reserves the right to cancel activities, not less than 10 business days before the scheduled date, if extenuating circumstances make it necessary. Registrants will be notified at the contact number indicated on the registration form, followed by written notification. If an activity is cancelled, OCME's liability is limited to the registration fee paid. Note: If payment is made by check, a social security number is required to process the refund.

# Healthcare Transition Research Consortium RESEARCH DAY

**WEDNESDAY, OCTOBER 17, 2012 ■ 11:00 A.M. - 5:30 P.M.**

**MD Anderson Cancer Center | Mitchell Basic Science Research Building**  
6767 Bertner Avenue  
Onstead Auditorium, 3rd Floor  
Houston, TX 77030

## OVERVIEW

A research-oriented panel composed of parents, youth and emerging adults that speaks to their unique issues and concerns in collaboration with interdisciplinary health researchers. Topics will include challenges to participating in research studies, experience with participatory action research, and research problems/questions of interest to parents and consumers.

## REGISTRATION

There is no cost to attend Research Day, however, registration is required. Please complete the registration form or register online to confirm your attendance.

## AGENDA

### 11:00 AM

Poster exhibit opens, authors are present at their posters. Lunch on your own.

### Noon – 12:30 PM WELCOME REMARKS

*Maria E. Ferris, MD, MPH, PhD*

Associate Professor of Pediatrics and Medicine  
University of North Carolina at Chapel Hill

*David L. Wood, MD, MPH*

Professor of Pediatrics  
University of Florida, College of Medicine

### 12:30 – 1:30

Research Panel with Question and Answer Session

### 1:30 – 2:30

Oral Presentation of Selected Posters

### 2:30 – 2:45 BREAK

### 2:45 – 3:45

Research Panel with Question and Answer Session

### 3:45 – 4:45

Research Panel with Question and Answer Session

### 4:45 – 5:30

Closing Comments and Adjourn

**NOTE: HCTRC Research Day is not designated for physician, nursing, or social work credit.**

# Agenda

THURSDAY ■ OCTOBER 18, 2012

- 7:00 AM Registration and Continental Breakfast
- 8:00 **Welcome and Announcements**  
*Albert C. Hergenroeder, MD*  
**Film Presentation: Nick Vujcic – “No Arms, No Legs, No Worries”**
- 8:15 **Health Care Transition at Texas Children’s Hospital**  
*Mark Wallace, President and CEO of Texas Children’s Hospital*
- 8:30 **The Current State of Health Care Transition in the U.S.**  
*Patience H. White, MD, MA*
- 9:15 **Building a State Health Care Transition Plan**  
*David L. Wood, MD, MPH and John G. Reiss, PhD*
- 10:00 Question and Answer Session
- 10:15 Break
- 10:30 **HEADSSS-Up for Transition: Transition as an Adolescent Health Promotion Clinical Activity**  
*Peter B. Scal, MD, MPH*
- 11:15 **Legal Issues in Transition**  
*Beth Sufian, JD*
- 12:00 PM Question and Answer Session
- 12:15 **BOXED LUNCH WITH FACULTY GROUPS** (*select one*):  
Parent Advocacy–*Brad Thompson, MS, LPC*  
Parents as Case Managers–*Elaine Hime, BS*  
Building a Clinical Transition Program–*Patience H. White, MD, MA*  
Building Statewide Transition Coalitions–*David L. Wood, MD, MPH and John G. Reiss, PhD*  
Legal Issues–*Beth Sufian, JD*  
Youth and Young Adults with Neurocognitive Disabilities–  
*Peter B. Scal, MD, MPH*

## BREAKOUT SESSION ONE WITH FACULTY:

### *Preparing for and Delivering Transition Services*

(Please choose one; sessions will repeat at 2:00 PM).

- 1:15 **Health Care Transition for Adolescent and Young Adults with Neurodevelopmental Conditions**  
*Peter B. Scal, MD, MPH*
- The Adult Provider’s Perspective on Health Care Transition – Practical Aspects**  
*Patience H. White, MD, MA*
- A Parent’s Perspective on Successful Advocacy for Health Care Transition**  
*Brad Thompson, MS, LPC and Elaine Hime, BS*
- Building a Financial Model for Health Care Transition**  
*Angelo P. Giardino, MD, PhD*
- Understanding the Texas Title V Program for CYSHCN**  
*Kathy Griffis-Bailey, MS*
- Implementing a Transition Planning Tool into an Electronic Medical Record**  
*Valerie F. Bowman, LMSW*

## BREAKOUT SESSION TWO WITH FACULTY

- 2:00 Repeat of Session 1 topics. See previous page.  
2:45 Break  
3:00 **Transition for Youth and Young Adults with Hemophilia**  
*Deborah L. Brown, MD*  
3:45 Question and Answer Session  
4:00 Adjourn

# Agenda

FRIDAY ■ OCTOBER 19, 2012

- 7:30 AM Registration and Continental Breakfast  
8:00 **Announcements**  
*Albert C. Hergenroeder, MD*  
8:15 **Youth/Young Adults' Perspectives on Transition**  
*Albert C. Hergenroeder, MD and L. Vance Taylor*  
9:00 Question and Answer Session  
9:10 **Young Adult Perspective**  
*L. Vance Taylor*  
9:55 Question and Answer Session  
10:05 Break  
10:15 **Family Members' Perspectives on Transition**  
*Brad Thompson, MS, LPC and Elaine Hime, BS*  
11:00 Question and Answer Session  
11:15 **Considerations in Health Care Transition from a Nursing Perspective**  
*Rebecca J. Schultz, PhD, RN*  
12:00 PM Question and Answer Session  
12:05 Lunch  
1:00 **Financing Transition Services: State and Federal Perspective**  
*Angelo P. Giardino, MD, PhD*  
1:45 Break  
2:00 **HRSA-funded "An Innovative Model for Facilitating Adult Services Through Transition (AIM-FAST)"**  
*Albert C. Hergenroeder, MD*  
2:15 **The Best of the Research Presentations from Research Day: Got Transition and the Health Care Transition Research Consortium**  
3:00 **Quality Improvement in Health Care Transition: Applying the Principles of Quality Improvement to Health Care Transition**  
*Angelo P. Giardino, MD, PhD*  
3:45 Question and Answer Session  
4:00 Closing Comments  
4:15 Adjourn

Faculty, topics, program schedule, and credit are subject to change. Audio or videotaping is prohibited without written permission from the Activity Director and the OCME, Baylor College of Medicine, Houston, Texas.



## CONFERENCE LOCATION

### MD Anderson Cancer Center ■ Mitchell Basic Science Research Building

6767 Bertner Avenue  
Onstead Auditorium, 3rd Floor  
Houston, TX 77030

Parking is available in the McGovern Commons parking garage. Unfortunately we are unable to validate parking. Parking is \$12/day. Onstead Auditorium may be accessed from the McGovern Commons Building through the first floor breezeway.

If you are staying at the Houston Marriott at the Texas Medical Center hotel, a complimentary shuttle is available. Please notify the hotel valet at least 15 minutes in advance for transportation to Onstead Auditorium.

You may wish to bring a sweater or light jacket as the temperature in the auditorium can vary.



## ACCOMMODATIONS

### Houston Marriott at the Texas Medical Center

6580 Fannin Street | Houston, TX 77030  
713.796.0080

Accommodations should be arranged directly with the Houston Marriott at the Texas Medical Center by calling 800.228.9290. Please identify yourself with the *Baylor College of Medicine Transition Conference* when making reservations in order to benefit from the special group rate (\$155 Single/Double, plus tax). A limited number of rooms will be available and have been reserved at the special rate on a space available basis. *The deadline to receive the special rate is **Tuesday, September 25, 2012**, unless the room block has already been filled.*

## FOR FURTHER INFORMATION CONTACT

Baylor College of Medicine  
Office of CME  
One Baylor Plaza, MS: BCM155  
Houston, TX 77030

Phone: 713.798.8237  
Fax: 713.798.7955  
Email: [cme@bcm.edu](mailto:cme@bcm.edu)

Visit our website, [BaylorCME.org](http://BaylorCME.org) for information regarding upcoming Baylor College of Medicine CME activities.



13<sup>th</sup> CHRONIC ILLNESS AND DISABILITY CONFERENCE

## Transition from Pediatric to Adult-based Care

Thursday-Friday ■ October 18-19, 2012

(Please print clearly)

Name: \_\_\_\_\_

Degree: \_\_\_\_\_  Resident  Fellow

Affiliation: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Specialty: \_\_\_\_\_

Professional License (No./State): \_\_\_\_\_

Emergency Contact/Phone No.: \_\_\_\_\_

### REGISTRATION FEES

Physician	\$300
Nurse	\$200
Social Worker	\$200
Other Healthcare Professional	\$200

BCM Faculty Member	\$150
Fellow, Resident, Medical Student*	\$100
Youth, Family Member	\$100

\*Fax verification status within 24 hrs. of registration.

### RESEARCH DAY (OCTOBER 17th)

Yes, I will attend.  No, I will not attend.

### OCTOBER 18<sup>th</sup> BREAKOUT SESSIONS

1:15 p.m.

2:00 p.m.

- |                                     |                                     |   |
|-------------------------------------|-------------------------------------|---|
| <input type="checkbox"/> Session 1A | <input type="checkbox"/> Session 2A | Health Care Transition for Adolescent and Young Adults with Neurodevelopmental Conditions |
| <input type="checkbox"/> Session 1B | <input type="checkbox"/> Session 2B | The Adult Provider's Perspective on Health Care Transition-Practical Aspects              |
| <input type="checkbox"/> Session 1C | <input type="checkbox"/> Session 2C | A Parent's Perspective on Successful Advocacy for Health Care Transition                  |
| <input type="checkbox"/> Session 1D | <input type="checkbox"/> Session 2D | Building a Financial Model for Health Care Transition                                     |
| <input type="checkbox"/> Session 1E | <input type="checkbox"/> Session 2E | Understanding the Texas Title V Program for CYSHCN  |
| <input type="checkbox"/> Session 1F | <input type="checkbox"/> Session 2F | Implementing a Transition Planning Tool into an Electronic Medical Record                 |

These sessions repeat at 2:00 p.m. Please select ONE session below for 1:15 p.m. and ONE session for 2:00 p.m.

### Method of Payment (Your registration must be PREPAID)

- Check or money order (in U.S. funds) made payable to: *Baylor College of Medicine*
- Visa®  MasterCard®  Discover®  Amex® \$ \_\_\_\_\_ **Total Amount Enclosed**
- Card No. \_\_\_\_\_ Exp. Date: \_\_\_\_\_
- Name on the Card: \_\_\_\_\_
- Authorized Signature: \_\_\_\_\_

With credit card payment, you may fax completed registration form to 713.798.7955.

### Return completed form and payment to:

Baylor College of Medicine  
Office of CME (1463), P.O. Box 4708  
Houston, Texas 77210-4708

#### Special Requests

Contact OCME if you have any dietary needs (specify below) or any ADA accommodation needs.

\_\_\_\_\_  
\_\_\_\_\_

This low registration fee would not be possible without the generous support of Health Resources and Services Administration, Maternal and Child Health Bureau.

#### FOR OFFICIAL USE ONLY

CK CC LB Cash

Date:

Amount:

To register/pay online, visit the activity website at [BaylorCME.org/CME/1463](http://BaylorCME.org/CME/1463) and follow the instructions.