

National Limb Loss Information Center

Resource Center of Excellence

May 18, 2010

Atlanta, GA



To reach out to and empower people affected by limb loss to achieve their full potential through education, support and advocacy, and to promote limb loss prevention.



Peer support:
giving and receiving
help founded on
principles of respect,
shared responsibility,
and mutual
agreement about
what is helpful.

~Mead, 2004~



Peer support is defined by the fact that people who share like experiences can better relate and can consequently offer more authentic empathy and validation.

~Mead, 2004~

Foundations of peer support

Peer principle: affiliating w/ someone with similar life experience & having equal relationship is beneficial

Helper principle: being helpful to someone else is also self healing

Empowerment: hope, belief recovery is possible; taking personal responsibility



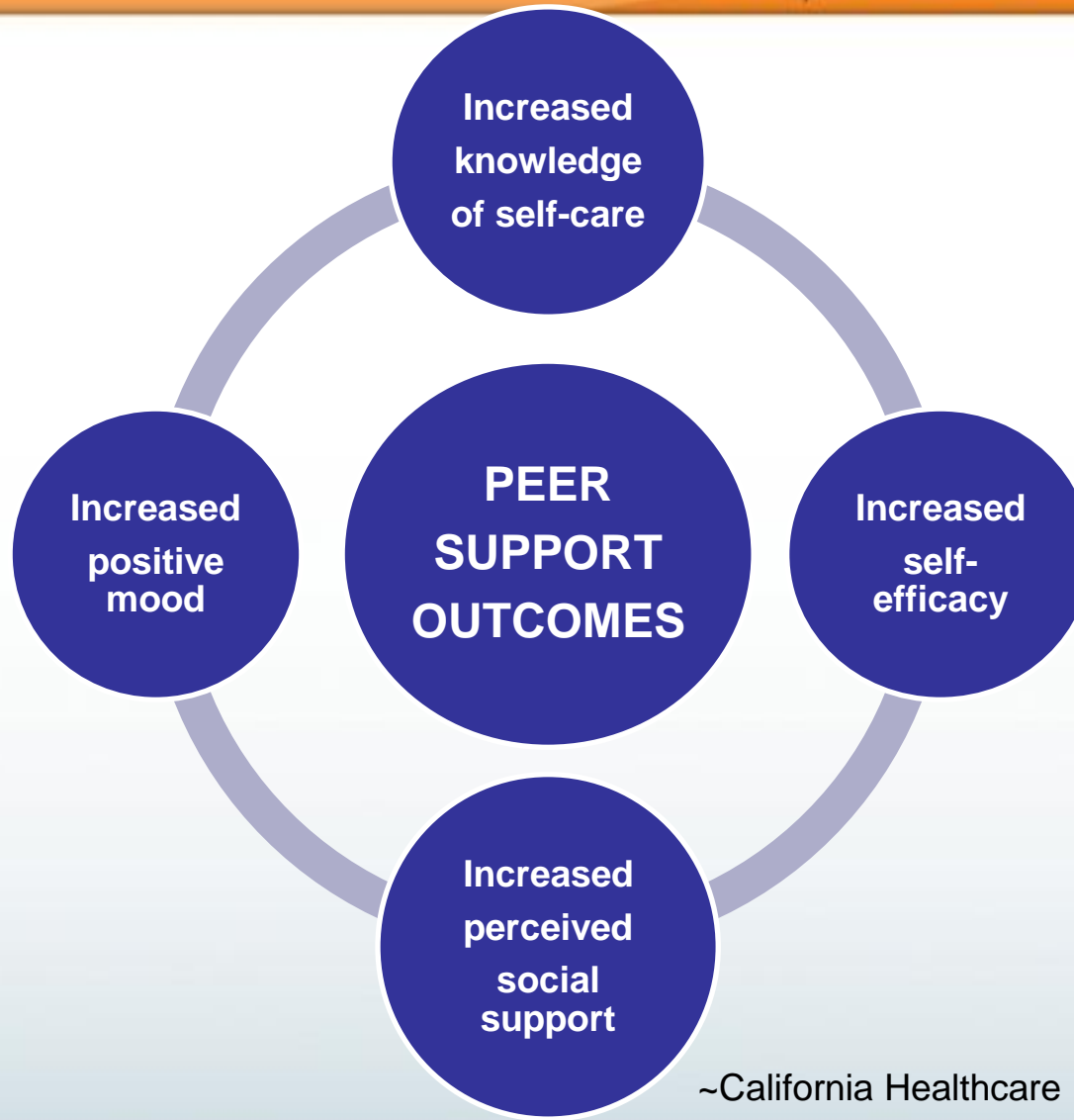
~Campbell, 2004; Clay, 2004~

COMPONENTS OF PEER SUPPORT

Informational support: sharing experiences & information; modeling effective skills

Emotional support: encouragement; reinforcement; decreased sense of isolation

Mutual reciprocity: shared problem solving; receiving & giving help on shared issues



~California Healthcare Foundation, 2006~

Milestones: 1993-2010

Civilian

- PWLL
- Family members, parents

Military

- PWLL
- Family members

VA

- PWLL
- Polytrauma



Amputee Coalition of America
HAITI RELIEF ACTION CENTER



Earthquake in Haiti

- ▶ What You Should Know
- ▶ What the ACA Is Doing
- ▶ How You Can Help
- ▶ News/Media
- ▶ Medical Resources
- ▶ Contact



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Information & Medical Resources



- **Wound care**
- **Mobility**
- **Recovery and readjustment**



“Building a Life Worth Living” Project at msnbc.com



John Brecher / msnbc.com



Courtesy of the Brown family