

“Thank you for for allowing me to ask any questions and giving me a parent’s perspective, which is all too often overlooked. We all need to be reminded that we are dealing with people, not just a disease.”  
— *pediatric resident*

“Project DOCC<sup>SM</sup> is a way for us to show how loved these children are. There’s a helplessness you feel as the parent of a chronically ill child. This program is to help the families that come after us. It gives a reason for my daughter’s experience.”  
— *parent*

“A chronic condition affects you physically or emotionally from a lack of support...now I spend my time surviving. I say that with clarity, not from self pity.”  
— *senior*

“We needed to show physicians-in-training a wider perspective of what it is like to take care of a child with chronic illness. Project DOCC<sup>SM</sup> has been a smashing success!”  
— *director of residency training*

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For more information, please contact:

**Project DOCC<sup>SM</sup>, Inc.**

Delivery of Chronic Care  
One South Road  
Oyster Bay, NY 11771-1905

(516) 773-8747  
(877) 773-8747/toll free  
(516) 498-1899/fax  
ProjDOCC@aol.com/e-mail  
[www.ProjectDOCC.org/website](http://www.ProjectDOCC.org/website)

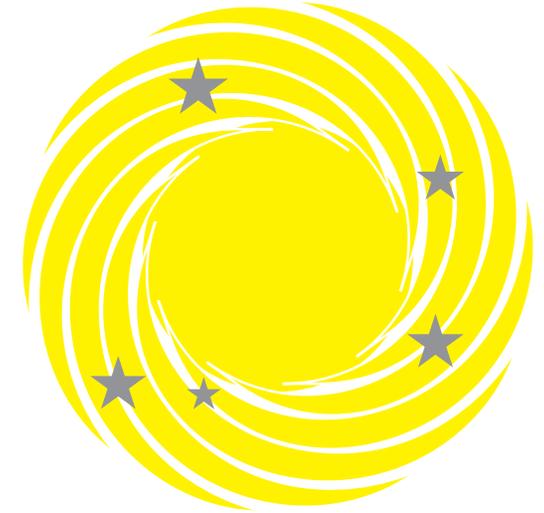
Donna Appell, Maggie Hoffman, Nancy Speller  
co-directors

Ask us about our other Project DOCC<sup>SM</sup> programs  
for schools and community

Project DOCC<sup>SM</sup> is a non-profit 501(c) 3 organization  
and donations are greatly appreciated.



**Project DOCC<sup>SM</sup> Chronic Care**  
UT Boling Center  
711 Jefferson Avenue  
Memphis, TN 38105



# Project DOCC<sup>SM</sup>

## Delivery of Chronic Care

“The family  
at the center  
of the healthcare  
system”

Medical Education

*Made possible thanks to a grant from the  
Tennessee Council on Developmental Disabilities.*

Project DOCC<sup>SM</sup> is a training program which focuses on the impact of chronic illness+/disability on individuals and their families, in every setting including the hospital, home, and community. With improved understanding of disease and advances in diagnosis and treatment, children and adults with chronic illnesses live longer. Changes in health care delivery often mean earlier discharge and create greater needs in caring for these individuals in the community.

Project DOCC<sup>SM</sup> offers a curriculum for teaching physicians and other professionals about the ingredients necessary for someone with special health care needs and their family to live in the community:

- a pivotal physician
- community resources
- quality of life

## COMMITMENT

Medical Centers and Family Members form teams to implement Project DOCC<sup>SM</sup>. The curriculum is integrated into an existing rotation (e.g. general pediatrics or internal medicine) and is required for all residents and/or medical students during their training. Teaching videos, manuals and slides are free. Each team must complete a two-day training workshop. Project DOCC<sup>SM</sup> encourages each hospital to pay a stipend to every family member who participates in teaching.

**Our mission is to promote an understanding of the issues involved in caring for a family living with special health care needs regardless of age, diagnosis or prognosis; to put the family at the center of the healthcare system.**

Our philosophy relies on the commonality of our core issues, not our differences:

- ★ it is the impact of chronic illness+/disability on the whole family
- ★ it is not disease or diagnosis specific
- ★ to speak with one voice; to advocate for each other about our universal issues: medical, financial educational, social, spiritual
- ★ to empower family members to assume the role of teacher
- ★ to identify as models physicians and other professionals whose actions and caring have enhanced lives
- ★ to provide resources and solutions to concerns raised

## PEDIATRICS

Project DOCC<sup>SM</sup> was created by parents of children with chronic illness+/disability in 1994 based on their own families' experiences. The Project DOCC<sup>SM</sup> curriculum is taught by Parent Teachers in three components:

Grand Rounds Panel Presentation	One Hour
Home Visit	Two Hours
Parent Interview (Using the Chronic Illness History)	Two Hours

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### Local Contact Information:

Laurel Ryan  
UT Boling Center  
(901) 448-3737  
lryan2@utmem.edu  
[www.utmem.edu/bcdd/](http://www.utmem.edu/bcdd/)