

The NADD 26th Annual Conference & Exhibit Show for 2009

Advancing Mental Wellness
Through Excellence in
Mental Health Care (ID/MH)

October 21 - 23, 2009

Royal Sonesta Hotel

300 Bourbon Street, New Orleans, Louisiana 70130

Phone 504-586-0300 · 800-766-3782

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The 26th Annual Conference sponsored by:

NADD

and co-sponsored by



U.S. Department of
Health and Human Services—
Office on Disability



Welcome to the NADD 26th Annual Conference!



It's that time - The NADD 26th Annual Conference will take place in a city of instant inspiration at the Royal Sonesta Hotel, New Orleans, Louisiana. The Royal Sonesta Hotel is located in the heart of the French Quarter, with an atmosphere of southern Old-World charm and a style of European elegance. In New Orleans, the blues beats and the jazz melodies mingle in the streets along with the aroma of spiced seafood and sweet pralines. This destination has a great up-beat spirit filled with excitement! For great activities that are out and about in New Orleans, visit www.neworleanscvb.com, where there is information about Plantations, Swamps, Haunted Happenings, and Walking Tours to name a few. Check out a riverboat cruise on the Mississippi, dine in the best restaurants, all within three blocks of the hotel, and celebrate, of course, on Bourbon Street!

The NADD Conference program features a variety of topics and speakers that promises to be stimulating and rewarding for all. The theme of the program for this year is Advancing Mental Wellness Through Excellence in Mental Health Care in Persons with Intellectual Disabilities. Every day we are flooded with important new health information and are challenged to keep pace with the many new developments in prevention and intervention. This year's conference is an opportunity to learn and apply support strategies, program models, and treatment approaches. Providing the most comprehensive education, the Conference will highlight important areas of physical and mental health, the well being for people with intellectual disabilities, and will focus on the collaboration and integration of physical and mental health care in promoting collaborative efforts among professionals and family members. As you know this has always been a theme of NADD Conferences.

Among the highlights of the Conference are keynote lectures on *Perspectives on Dual Diagnosis: History and Future* given by Steven Reiss, PhD, and *Mental Wellness – A Critical Element in the New DD Service Paradigm* presented by Nancy R. Thaler.

You will not want to miss the broad array of pre-conference symposia. There are seven informative sessions on critical topics of advancing mental wellness through excellence in mental health care presented by experts in the field. The sessions cover Trauma Treatment, Autism, Environmental Awareness, Policy Issues Across the Lifespan, Forensics, and Life Motives and Needs.

Friday, October 23, we will feature "Family Member Sessions." There will be a number of these sessions that are designed especially for family members as well as professionals.

Join us in 2009 in the heart of the French Quarter for an academically sound and personally rewarding time at the 26th Annual NADD Conference in New Orleans, Louisiana.

26th Annual Conference Chairperson

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The NADD 26th Annual Conference

Program Description

This program will provide information regarding various topics in the field of Dual Diagnosis (ID/MH).

Who Should Attend?

Administrators, Direct Support Professionals, Educators, Family Members, Nurses, Persons with Disabilities, Psychiatrists, Psychologists, Physicians, Researchers, Residential Providers, Service Coordinators, Social Workers, Students, and Vocational Staff.

Program Objectives

At the end of the conference, participants will be able to:

- Identify the historical and future perspectives needed in the field of ID/MH;
- Discuss wellness as it applies to individuals with ID and MH issues;
- Cite treatment and support issues for individuals in various parts of the life span;
- Articulate several models of treatment and support for individuals with autism;
- Recognize the value of credentialing programs and personnel who work with persons with co-occurring ID and MH challenges.

Continuing Education Credits

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Drexel University College of Medicine and NADD. The Drexel University College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. AMA: The Drexel University College of Medicine designates this educational activity for a maximum of 11 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. The Pre-Conference Symposia can award 3 or 6 additional credit hours. AOA: This program is eligible for 11 credits in Category 2A of the American Osteopathic Association.

APA (Psychology): Drexel University College of Medicine, Behavioral Healthcare Education is approved by the American Psychological Association to offer continuing education for psychologists. Drexel University College of Medicine, Behavioral Healthcare Education maintains responsibility for the program. This program is being offered for up to 11 hours of continuing education. The Pre-Conference Symposia can award 3 or 6 additional hours of continuing education.

ASWB (National Social Work): Behavioral Healthcare Education, provider #1065, is approved as a provider for social work continuing education by the Association of Social Work Boards, www.aswb.org phone: 1-800-225-6880, through the Approved Continuing Education (ACE) program. Behavioral Healthcare Education maintains responsibility for the program. Social Workers will receive

a maximum of 11 continuing education clock hours for participating in this course. The Pre-Conference Symposia can award 3 or 6 additional hours of continuing education clock hours.

NAADAC (National D&A): This conference has been approved by the National Association of Alcoholism and Drug Abuse Counselors for a maximum of 11 educational hours. NAADAC Approved Provider #000125. The Pre-Conference Symposia can award 3 or 6 additional hours of continuing education.

NBCC (National Counselors): Drexel University College of Medicine is recognized by the National Board of Certified Counselors to offer continuing education for National Certified Counselors. We adhere to NBCC continuing education guidelines and can award a maximum of 11 hours of continuing education credit for this program. The Pre-Conference Symposia can award 3 or 6 additional hours of continuing education.

PA Nurses: Drexel University College of Medicine, Behavioral Healthcare Education is an approved provider of continuing nursing education by the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants will be awarded a maximum of 11 contact hours for attending this program. The Pre-Conference Symposia can award 3 or 6 additional contact hours of continuing education.

CEU for all others:

Drexel University College of Medicine, Behavioral Healthcare Education has been approved as an Authorized Provider by the International Association for Continuing Education and Training (IACET), 8405 Greensboro Drive, Suite 800, McLean, VA 22102. In obtaining this approval, the Drexel University College of Medicine, Behavioral Healthcare Education has demonstrated that it complies with the ANSI/IACET Standards which are widely recognized as standards of good practice internationally. As a result of their Authorized Provider membership status, Drexel University College of Medicine, Behavioral Healthcare Education is authorized to offer IACET CEUs for its programs that qualify under the ANSI/IACET Standards. Drexel University College of Medicine, Behavioral Healthcare Education is authorized by IACET to offer [1.1] CEUs for this program. The Pre-Conference Symposia can award .3 or .6 additional hours of continuing education.

FACULTY DISCLOSURE STATEMENT

It is the policy of Drexel University College of Medicine to insure balance, independence, objectivity, and scientific rigor in all its sponsored educational programs. Speakers at continuing medical education activities are required to disclose to the audience their financial relationships with the manufacturer(s) of any commercial products, goods or services related to the subject matter of the program topic. Any conflicts of interest must be resolved prior to the presentation and announced to the audience. The intent of this disclosure is to allow participants to form their own judgments about the educational content of this activity and determine whether the speaker's commercial interests influenced the presentation. In addition, speakers are required to openly disclose any off-label, experimental, or investigational use of drugs or devices discussed in their presentation.



Steven Reiss, PhD, Emeritus Professor of Psychology & Psychiatry, Ohio State University, OH

Professor Steven Reiss has put forth new constructs for studying human motivation, published a scientifically validated taxonomy of life motives (psychological needs), and challenged the distinction between intrinsic and extrinsic motivation. In dual diagnosis, Professor Reiss started an outpatient clinic

in 1980; demonstrated diagnostic overshadowing in 1982; performed the first research studies of depressed mood in 1985; published the first standardized assessment of dual diagnosis (Reiss Screen) in 1988; and wrote the first single-authored book on dual diagnosis summarizing the published literature. Professor Reiss is currently completing a new book, *Life Motives, Needs, and Intellectual Disabilities: Applications for Person-Centered Planning and Challenging Behavior*.



Nancy Thaler, Executive Director, NASDDDS, Inc., VA

Nancy Thaler is the Executive Director of the National Association of State Directors of Developmental Disabilities Services (NASDDDS) which serves 50 states and the District of Columbia. She keeps state leaders informed about federal requirements, represents states' issues to federal agencies, and provides information and technical assistance to state administrators. Ms. Thaler began working as a direct support worker in Pennsylvania in 1971, caring for children with disabilities in institutions and later developing services for children and adults in the community.

Ms. Thaler joined Pennsylvania state government in 1987 and served as the State's Deputy Secretary for Mental Retardation from 1993 to 2003. From 2003-2005, Ms. Thaler worked for the Federal Center for Medicare and Medicaid Services (CMS) and was responsible for the quality improvement strategy for the Federal Medicaid Home and Community-Based Waiver Program. Ms. Thaler has a Bachelor of Arts and Honorary PhD from Misericordia University and a Master of Human Organization Science with a specialty in public administration from Villanova University. Ms. Thaler and her husband are the parents of an adult son with cognitive disabilities.

SCHEDULE

TUESDAY, OCTOBER 20

7:00—8:00 p.m.

EARLY BIRD REGISTRATION

WEDNESDAY, OCTOBER 21

7:00 a.m.

REGISTRATION OPENS

9:00 a.m.—12:15 p.m.

PRE-CONFERENCE SYMPOSIA

We are featuring seven (7) half-day Pre-Conference Symposia this year. You can register for one (1) session in the morning and/or one (1) session in the afternoon.

PRE-CONFERENCE SYMPOSIUM I

Mental Health and Environmental Exposures:

The Emerging Evidence

Elise Miller, MEd, Pre-Conference Chair, Collaborative on Health and the Environment (CHE), Freeland, WA; Theodore Slotkin, PhD, Duke University Medical Center, Durham, NC; Cheryl Beseler, PhD, University of Nebraska Medical Center, Omaha, NE

This workshop will highlight the latest science on links between environmental exposures and mental health symptoms and conditions. While many of us recognize that exposures to chemical contaminants can contribute to disease and disability, the connections to psychiatric conditions are not as well-known or understood. However, there is a growing scientific literature suggesting that certain exposures can lead to psychiatric symptoms and illness. Presenters in this workshop will summarize what is currently known about how toxins may contribute to mental health

concerns, the most common sources of exposure, the clinical relevance for health professionals, and ways to reduce or prevent these exposures.

PRE-CONFERENCE SYMPOSIUM II

Practical Applications of Research in Autism: What Is It and What Do We Do?

Brian Bonfardin, MD, Pre-Conference Chair, East Tennessee State University, Johnson City, TN; Jarrett Barnhill, MD, DFAPA, FAACAP, University of North Carolina School of Medicine Chapel Hill, NC

The explosion of research in the field of Autism and related disorders is overwhelming, but the practical applications of these findings can be hard to find. This pre-conference sessions will try to boil down some of these findings into basic concepts and treatments. The research is moving away from the label of Pervasive Developmental Disorder (PDD) and toward using the concept of an Autistic Spectrum (AS) but this spectrum is not clearly defined. The first question to be addressed is what is Autism and what is the Autistic Spectrum. Not only is answering this question important for clarity of language but where an individual's symptoms fall on the spectrum determines treatment goals and expectations. This basic discussion of "what is Autism?" includes a review of the older PDD diagnostic label and proposes a more inclusive label spanning many of the newly added types of Autism with use of case examples and audience discussion. Our knowledge about Autism and related disorders is expanding to the point that it is difficult for clinicians to keep up. This presentation attempts to decipher some of the recent advances in the neuroscience of Autism, especially how they apply to clinical practice.

PRE-CONFERENCE SYMPOSIUM III

TRAUMA PART 1 – THERAPY APPROACHES

a) Adapted Trauma Focused Cognitive Behavioral Therapy for Children Who Have Developmental Disabilities

Brian Tallant, MS, LPC, Aurora Mental Health Center, Intercept Center, Aurora, CO

In this session, research will be presented that demonstrates the extraordinarily high rates of trauma that children who have developmental disabilities suffer. We will discuss factors that contribute to this population's vulnerability and reasons why they are less likely to spontaneously recover from traumatic stress. We will then present an adapted model of Trauma Focused Cognitive Behavior Therapy (Cohen, Mannarino & Deblinger, 2004). Adaptations for therapy will be applied to each of the phases and examples will also be given as to how this model has been successfully implemented in an outpatient and day treatment program.

b) Dialectical Behavior Therapy for Special Populations: Prerequisite Skills for Trauma-Focused Treatment with Individuals with Developmental/Intellectual Disabilities (Adolescents thru Adulthood)

Eric Dykstra, PsyD, Developmental Enhancement, PLC, Hudsonville, MI

Chaotic interpersonal relationships, volatile emotional and behavioral outbursts, and a tumultuous sense-of-self are all-too-common descriptors used to characterize the experiences and lives of individuals with developmental/intellectual disabilities and trauma histories. Dialectical Behavior Therapy for Special Populations (DBT-SP) is a comprehensive treatment approach that utilizes group skills training, individual therapy, and a team approach to address the

myriad of difficulties described above. This presentation will provide an introduction to the DBT-SP model and elucidate the utility of this model with those with developmental/intellectual disabilities and trauma-related mental health concerns.

PRE-CONFERENCE SYMPOSIUM IV

US Public Policy Issues Across the Lifespan of Individuals with IDD/MH

Terrence McNelis, MPA, *Pre-Conference Chair, NHS Human Services, Lafayette Hills, PA*; **Joan Beasley, PhD**, *Start Services, University of New Hampshire Institute on Disability, Concord, New Hampshire*; **Diane Jacobstein, PhD**, *Georgetown University Center for Child and Human Development, Washington, DC*; **Jeffrey Keilson, MA**, *Advocates Inc., Framingham, MA*; **Robert Pary, MD**, *Southern Illinois University, School of Medicine, Springfield, IL*

This session will discuss the ramifications of US Public Policy as it affects individuals with IDD/MH across the life span. Members of the NADD United States Public Policy Committee will present the implications of policy as it shapes our ability to support children, transitional age adults, adult, and the elderly. The presentations will focus on the advantages and disadvantages of these policies. There will also be an overview of the status of the current federal initiatives and how they may influence the provision of these services.

12:15—1:30 p.m.

LUNCH (Attendees On Their Own)

1:30—4:45 p.m.

PRE-CONFERENCE SYMPOSIUM V

TRAUMA - PART 2

Diagnosis and Treatment of PTSD and Interpersonal Trauma: The DM-ID Criteria and Interactive-Behavioral Therapy

Daniel J. Tomasulo, PhD, MFA, *Pre-Conference Chair, The Courts of Red Bank, Red Bank, NJ*; **Nancy J. Razza, PhD**, *Private Practice, Red Bank, New Jersey*

Individuals with PTSD, such as survivors of sexual abuse and other forms of interpersonal trauma, bring unique treatment needs to the therapeutic relationship. This workshop will provide clinicians with an enhanced understanding of the realities of those who have learned not to trust. Participants will learn how to understand key features of PTSD in people with ID as identified in the DM-ID. Further, the unique features of the group psychotherapy model for people with ID, known as IBT, will be detailed so that participants will understand how to best help survivors of serious interpersonal harm.

PRE-CONFERENCE SYMPOSIUM VI

Life Motives, Needs, and Intellectual Disabilities: Applications for Crisis Intervention and Quality of Life

Steven Reiss, PhD, *Emeritus Professor, Ohio State University, Columbus, OH*; **James Wiltz, PhD, AWS**, *Columbus Crisis Management Service of Indiana, Bloomington, IN*

This session will present information on how to use the new Reiss Profile ID. It can be used (1) to assess the role of abnormal motivation in diagnostic conditions (Autism, ADHD, Panic Disorder, OCD, Schizophrenia); (2) generate very comprehensive lists of possible triggers of behavioral/mental health "crises," identify likely triggers, and minimize aggression; and (3) to assess happy lifestyles.

PRE-CONFERENCE SYMPOSIUM VII

Operational Aspects of Community-Based Programs for Individuals With a History of Criminal Offenses

Edwin J. Mikkelsen, MD, *Pre-conference Chair, The MENTOR Network, Wellesley Hills, MA*; **Dave Hingsburger, MA**; **Manuela Dalla Nora**, *Vita Community Living Services & Mens Sana Families for Mental Health, Toronto, Canada*; **Robin K. Keller**; **Michael Pasinski, LCSW**, *REM Connecticut Community Services, Inc., Middletown, CT*

The purpose of this presentation is to provide specific information concerning the operation of community-based programs for individuals with developmental disabilities (DD) and a history of criminal offenses. The presenters have several years of experience operating successful programs for offenders in Canada and the U.S. The following aspects of program operation will be addressed: the pre-admission assessment and contracting process; how to determine the appropriate amount of supervision/security to ensure community safety; when to decrease security; responding to incidents within the Program; and integrating therapeutic interventions into day-to-day operations. Ample time for questions and answers will follow.

4:45 p.m.

REGISTRATION CLOSES

4:45—6:30 p.m.

**NADD NETWORKING
RECEPTION WITH CASH BAR**

THURSDAY, OCTOBER 22

EXHIBIT SHOW

The NADD Exhibit Show will take place today from 10 a.m. to 5 p.m. and Friday from 10 a.m. to 4 p.m. in the break area. The show is a fantastic opportunity to view valuable services and products in our field as well as network with peers and colleagues.

FAMILY MEMBER SESSIONS

If you are a family member or care for an individual with intellectual disabilities and mental health needs, please check out the Sessions, Friday, October 23 that focus on issues that concern you. Please refer to page 10, Schedule-At-A-Glance.

7:00 a.m.

REGISTRATION OPENS

7:30—8:30 a.m.

**BREAKFAST CONSULTATIONS
WITH THE EXPERTS**

Come join the experts in the field of dual diagnosis. These sessions are designed for participants to learn from experts. They offer an opportunity for discussion and networking. A 20-minute presentation will take place, followed by interactive discussion. A continental breakfast will be served. Breakfast consultation registration confirmation sheets are issued at registration. Space is limited. Register early.

Note: Onsite registration is not available for the breakfast consultations.

Breakfast Consultation A:

Group Therapy for Adolescents with Autism Spectrum Disorders

Eric Dykstra, PsyD, *Developmental Enhancement, PLC, Hudsonville, MI*

Adolescents with Autism Spectrum Disorders (ASDs) often present a clinical conundrum with regard to groups: group settings are painfully difficult for so many, yet the potential benefit of the group is so strong. This presentation will cover areas such as topics for teaching, ways to develop groups, problem-solving difficult issues, and hints for running effective groups.

Breakfast Consultation B:

What Do We Do When What We Are Doing Isn't Working?

Ann R. Poindexter, MD, *Private Practice, Conway, AR*

General principles of re-assessment of programs when the individuals being served are not doing as well as possible will be outlined, and illustrative cases will be presented. Booklet is available for purchase at the NADD product table.

Breakfast Consultation C:

A Rational Approach to Combining Psychopharmacological and Behavioral Interventions

Jarrett Barnhill, MD, DFAPA, FAACAP, University of North Carolina School of Medicine, Chapel Hill, NC

Behavioral approaches to challenging behaviors rely on basic learning theory. Over the past decade neuroscientists expanded our understanding of the neurochemistry of associative and operant conditioning and extinction. This consultation focuses on strategies that incorporate these findings into more rational treatment interventions.

Breakfast Consultation D:

Biopsychological Features Influencing Acts of Aggression: A Triadic Mental Health Assessment and Treatment Model

William I. Gardner, PhD, University of Wisconsin-Madison, Madison, WI

A Triadic Mental Health Treatment Model that addresses central processing features that place a person at risk for aggressive responding is offered as an alternative to biomedical and psychosocial treatments that focus on reduction of behavioral or emotional or cognitive pathologies or abnormalities. This therapeutic model emphasizes the development of interrelated triads of emotional-cognitive-behavioral competencies as replacements for these personal risk features.

8:45—9:30 a.m.

WELCOME FROM THE CONFERENCE CHAIRPERSON

Michael Schroeder, MSW, Ohio Department of Mental Health, Columbus, OH

PRESIDENTIAL WELCOME & OPENING REMARKS

Donna Nagy McNelis, PhD, NADD President, Drexel University College of Medicine, Philadelphia, PA

9:30 – 10:30 a.m.

PLENARY SESSION

Perspectives on Dual Diagnosis: History and Future

Steven Reiss, PhD, Emeritus Professor, Ohio State University, Columbus, OH

The founding of NADD, 26 years ago, has led to a successful national organization to support training, information exchanges, clinical excellence, and now research. Researchers have proved the importance of looking beyond behavior to possible psychiatric disorders. Clinicians have given us the *DM-ID*. Many screening and diagnostic tools have been scientifically validated. Professionals have created hundreds of new services to support individuals in the community.

The individuals who produced these changes are

nearing retirement and soon will pass the torch to a new generation. We must attract to the field new energetic people, which requires bold new ideas and ways of thinking, including finding ways to become more cost efficient and to apply issues of the generation to dual diagnosis, issues such as happiness, new classification systems, and innovation in health care.

10:30—11:00 a.m.

BREAK

11:00 a.m.—12:30 p.m.

CONCURRENT SESSIONS

T01- Yes, We Can!: Prevention/Amelioration of Mental Health Difficulties in Young People

Focus: Children / Level: All

Ann R. Poindexter, MD, Private Practice, Conway, AZ

Very recent research (2008-2009) in the prevention of mental health disorders in children and adolescents, both with and without intellectual disability, will be outlined, as well as the importance of early diagnosis to help make their future lives better.

T02 - Treating the Re-emergence of Abuse Symptomatology in Adolescence Following Early Childhood Trauma: Supporting and Treating the Adolescent and Family Through This Difficult Process

Focus: Adolescents / Level: All

Diane Cox-Lindenbaum, ACSW, Ridgefield, CT

There is an increasing recognition that the effects of early childhood trauma affect different developmental stages in the lives of children and adolescents. The re-emergence of trauma symptomatology in an adolescent can be extremely confusing and disruptive to a family system. However, with support, psycho-educational training, and treatment, families and adolescents can emerge from these episodes with a better understanding of the whole-person approach which is needed for mental wellness. Case examples will illustrate a variety of biopsychosocial issues which need to be addressed.

T03- Addressing Excess Cognitive Disability Associated with Aging, Dementia and/or Chronic Mental Health Disorder (Part I of II)

Focus: Older Adults / Level: Intermediate

Lucille Esralew, PhD, Trinitas Regional Medical Center, Princeton, NJ

The presenter will discuss major contributors to excess cognitive disability in adults including 1) Alzheimer's disease, cerebral vascular dementia and related disorders; 2) aging and age-related changes in attention, memory, health, and sensory functioning; and 3) serious mental illnesses such as Bipolar Disorder, Schizophrenia, Major Depression which are known to affect decision making, volition, social skills, attention, memory, and impulsivity.

T04 – Positive Identity Development - Theory and Application (Part I of II)

Focus: Adults / Level: Intermediate

Karyn Harvey, PhD, DDA Emerge, Inc., Columbia, MD

Positive Identity Development (PID) theory is an alternative approach to therapeutic treatment based on three main elements. The first element is the individual's sense of identity or self; focus is placed on developing a positive view of self. The second element is the development of a mission or purpose in life, be it a job, relationship, role within an agency, or role within the birth family. The last element is recovery, from trauma, from grief, from addictions, from whatever may be a source of pain to the individual. Through addressing these three elements, using the PID approach, the therapist can increase the overall effectiveness of treatment.

T05 - A Nevada State, Competency-Based Certification and Educational Model for Direct Support Staff

Focus: Throughout Lifespan / Level: All

Jerry Hodges, MBA, BA, College of Southern Nevada, Las Vegas, NV

The presentation will focus on the needs assessment, planning, implementation, and continuing evaluation of the competency-based educational and certification program for direct support staff providing support services to persons with mental illness and intellectual disabilities in Nevada. Issues related to development of a certification model will also be presented.

T06 - Setting the Course: Pilot Research on the DBT for Special Populations Model

Focus: Adults / Level: All

Eric Dykstra, PsyD, Developmental Enhancement, PL, Hudsonville, MI

Individuals with developmental/intellectual disabilities and mental health concerns present a range of challenges that are served in many types of clinical settings. This presentation will demonstrate the utility of Dialectical Behavior Therapy for Special Populations in three settings: a day-treatment program, an outpatient clinic, and a residential treatment program.

12:30 – 1:45 p.m.

LUNCH (Attendees On Their Own)

12:30—1:45 p.m.

FAMILY ISSUES COMMITTEE/FAMILY NETWORKING MEETING

This is an opportunity for family members and professionals to get together and discuss the various issues concerning individuals with intellectual disabilities and mental health needs.

12:30—1:45 p.m.

COMMITTEE MEETINGS

The following NADD Committees will be meeting at this time. All are welcome to attend and participate.

- Membership
- US Policy
- Canadian Policy
- Research
- Conference & Education

1:45—3:15 p.m.

CONCURRENT SESSIONS

T07-Perso-First Treatment—Using the Supportive Relationship to Promote Change

Focus: Adults / Level: All

Jeffrey Keilson, MA; Chris Gordon, MD; Kevin Kelley, MS, Advocates, Inc., Framingham, MA

This seminar provides a new perspective for treatment of people with a dual diagnosis who are “stuck” in public mental health facilities. Person-first treatment begins by creating a collaborative relationship with the system as a whole, then developing a supportive relationship with the individual that allows for an open and non-judgmental evaluation followed by a coordinated team effort to ensure results that are attainable, person-centered, and lead to homes in the community.

T08- Companionable Zoo Therapeutic Day Program for Those With Sexual Behavior

Focus: Adults / Level: All

Chris Anderson, MSW; Diane Ott, All About Kindness Center, Arvada, CO

We will share our therapeutic day program for adults with developmental disabilities with co-occurring mental health problems, including post traumatic stress disorder and/or sexual behavior problems, incorporating a companionable zoo/animal assisted therapy model, behavior therapy, skills training, and supported employment on an urban farm in the Denver, Colorado area.

T09- Addressing Excess Cognitive Disability Associated With Aging, Dementia and/or Chronic Mental Health Disorder (Part II of II)

Focus: Older Adults / Level: Intermediate

Lucille Esralew, PhD, Trinitas Regional Medical Center, Princeton, NJ

(Refer to Session T03, Part II of II)

T10- Positive Identity Development - Theory and Application (Part II of II)

Focus: Adults / Level: Intermediate

Karyn Harvey, PhD, DDA Emerge, Inc., Columbia, MD
(Refer to Session T04, Part II of II)

T11- Collaboration in Action: A Multidisciplinary Approach to Behavioral Treatment for Individuals with a Dual Diagnosis

Focus: Adults / Level: Intermediate

Evangelo Boutsis, Honours BA; Patricia Billings, BA, York Central Hospital, Barrie, ON, Canada; Rosemary Condillac, PhD, C Psych, Brock University, Toronto, ON, Canada; Marnelle McDermott, MSW, Community Living Huronia, Midland, ON, Canada; Laurie Buttineau, RN, CPMHN(C), Mental Health Centre Penetanguishene, Penetanguishene, ON, Canada

Best practice guidelines highlight the importance of interdisciplinary assessments that utilize the biopsychosocial model for individuals with dual diagnosis. Collaboration of professionals is necessary to develop thorough assessments. This presentation outlines successful collaboration between partner agencies involved in behavior treatment and community transition of two individuals with dual diagnosis.

T12 –Research Symposia (90-Min. Total)

1) A Randomized, Single-Blind, Controlled Trial of a Specialist Behavior Therapy Team for Challenging Behaviour in Adults with Intellectual Disabilities

Focus: Adults / Level: Intermediate

Angela Hassiotis, FRCPsych, PhD, University College London Medical School, London, UK

Hassiotis et al carried out a random controlled trial of a specialist behavior team for challenging behavior in adults with intellectual disabilities versus treatment as usual. The study was conducted in one area in the UK. The presentation will discuss the methods, results, and implications of this work for service users and their caregivers as well as the services.

2) The Next Generation of Dual Diagnosis

Focus: Adults / Level: All

Roberta Chambers PsyD, Anka Behavioral Health, Inc, Concord, CA

This presentation will focus on the results of a qualitative study which explored the function of drugs and/or alcohol in people with developmental disabilities who live in the community. This includes how drug and alcohol use served to mitigate the impact of stigma for the participants.

3:15—3:45 p.m.

BREAK

3:45—5:15 p.m.

CONCURRENT SESSIONS

T13- Measuring Happy: Application of the MTR Assessment

Focus: Throughout Lifespan / Level: All

Michael Mayer, PhD, Community Resource Alliance, Mebane, NC; Rick DeMunbrun, MBA; Carol Whitmore,

BS, The Brookwood Community, Brookshire, TX

“Safe, Healthy and Happy” is our goal for citizens served by Brookwood. We use a research-based tool that identifies motivators, measures the functional level of “satisfaction,” and identifies stress points in a person’s life. This data directs our adaptation of our services and supports for each citizen in their pursuit of happiness.

T14- Community Networks of Specialized Care: Crisis Response Model

Focus: Adults / Level: All

Pam Carter, Central East Network of Specialized Care, Community Living Huronia, Midland ON, Canada; Sandra Scott, Canadian Mental Health Peterborough, Peterborough, ON, Canada

Individuals with dual diagnosis experiencing a crisis historically got trapped between mental health and developmental services. In Central East Ontario, the Community Crisis Response Network has worked to bridge that gap. This presentation will describe the Community Network of Specialized Care and its crisis response program as well as present a case study.

T15 - Psychiatric Illness in Persons with Intellectual Disabilities: Which Ones, How Much, and How Do We Know?

Focus: Throughout Lifespan / Level: All

Stephen Ruedrich, MD, Case Western Reserve University School of Medicine, Cleveland, OH; Stephan Schwartz, PhD, Ascantia, Beachwood, OH

Individuals with ID are susceptible to the entire range of mental illnesses. Prevalence depends on age, gender, etiology, and severity of ID, and on diagnostic strategy employed. Prevalence reports include population studies, institutional or community-based samples referred for psychiatric evaluation, reviews of specific psychiatric disorders, or reviews of co-morbidity with specific ID etiologies (behavioral phenotypes).

T16 - Decreasing Social Anxiety While Increasing Social Integration for Individuals with Fragile-X Syndrome

Focus: Adults / Level: Intermediate

Dawn Brodeur, MA, Emerge, Columbia, MD

Individuals with Fragile-X Syndrome often exhibit a strong desire for social interaction with others. However, their challenging behaviors in response to feelings of social anxiety often prevent them from engaging in social activities. Techniques that utilize concrete, in-vivo situations that assist individuals in developing alternative coping skills will be presented.

T17 - Interprofessional Education and Care: Bridging from Classroom to Practice

Focus: Through Lifespan / Level: Intermediate

Susan Morris, MSW, RSW, Centre for Addiction and Mental Health, Toronto, ON, Canada; Margaret Bissell, MA, Surrey Place Centre, Toronto, ON, Canada

Individuals with developmental disabilities experience a higher prevalence of co-morbid physical and mental conditions than the general population. The Developmental Disabilities Interprofessional Education Project in Toronto was developed to begin to address the problem of health professionals who are not well prepared to serve this population. A clinically relevant, evidence-informed curriculum for students and faculty within the health disciplines of three educational institutions is provided through problem-based electronic format case studies. This is complemented by interprofessional, structured learning activities within clinical placements.

T18 - What Works in Dual Diagnosis?: Evidence-Based Practice and Intellectual and Developmental Disabilities.

Focus: Through Lifespan / Level: Intermediate
Peter Sturmey, PhD, Queens College and The Graduate Center, City University of New York, Flushing, NY

The workshop will be in three parts. The background and history of evidence-based practice (EBP); describe features of randomized controlled trials, small N experiments, systematic literature reviews and meta-analyses of group and small N experiments will be outlined. The conclusion of the session will describe research on EBP and dual diagnosis.

**5:15 p.m.
REGISTRATION CLOSES**

**5:30—7:00 p.m.
NADD WELCOME RECEPTION,
ANNUAL POSTER SESSION &
SILENT AUCTION**

NADD would like to take this opportunity to welcome everyone to this year's NADD 26th Annual Conference in the hotel courtyard of Begue's Restaurant and Bienville Suite. The NADD Annual Poster Session will take place at this time, so you won't want to miss it. A silent auction to benefit the NADD Family Committee will also occur. So come out and support this important committee. There will be hors d'oeuvres and a cash bar. Come meet friends, old and new, take in the poster session, participate in the silent auction, exchange ideas, and network with colleagues.

**6:00—6:30 p.m.
NADD MEMBERSHIP TABLE**

Visit the NADD membership table at the reception and see our services and products.

**6:30 – 7:30 p.m.
SPECIAL INTEREST
GROUP MEETINGS**

- Psychopharmacology
- Forensics
- Psychotherapy
- Children's Policy

FRIDAY, OCTOBER 23

**7:15 a.m.
REGISTRATION OPENS**

**7:30—8:30 a.m.
BREAKFAST CONSULTATIONS
WITH THE EXPERTS**

Come join the experts in the field of dual diagnosis. These sessions are designed for participants to learn from experts. They offer an opportunity for discussion and networking. A 20-minute presentation will take place, followed by interactive discussion. A continental breakfast will be served. Breakfast consultation registration confirmation sheets are issued at registration. Space is limited. Register early. *Note: Onsite registration is not available for the breakfast consultations.*

**Breakfast Consultation A
Top 10 Things to Remember about Aggression in
Persons with Intellectual Disabilities**

Lauren R. Charlot, LICSW, PhD, University of Massachusetts Memorial Health Center, Worcester, MA

The presenter will review her choice for the top 10 most important things to remember when assessing aggression in patients with intellectual disabilities. For each of the top ten, case examples will be used to highlight key issues and strategies to help clinicians be better prepared to conduct a comprehensive evaluation that includes a developmental, bio-psycho-social approach. Discussion will be encouraged.

**Breakfast Consultation B
Psychotherapy and Young Adults with
Aspergers Syndrome**

Richard Blumberg, PhD, Department of Special Education College of New Jersey, Ewing, NJ

Young adults with Aspergers Syndrome present for therapy seeking help with intimate relationships, as well as family, school, and work problems. This breakfast session will feature some important lessons from the current research as well as case examples drawn from the presenter's private practice. This will be followed by a sharing and networking session among the participants.

**Breakfast Consultation C
A Novel Approach to Promoting Mental Health:
Creation of a Speed Dating Service for Individuals
with Developmental and Intellectual Disabilities**

Susan Franer, RN, MSN, CNS, Cincinnati Children's Hospital Medical Center, Cincinnati, OH

This breakfast session will examine the assessment, planning, implementation, and ongoing evaluation of a speed dating service specifically developed for individuals with intellectual disabilities that not only builds social skill but also offers a structured forum to build significant, romantic attachments.

**9:00 a.m. – 9:30 a.m.
WELCOME FROM NADD
FOUNDER AND CEO**

Robert Fletcher, DSW, ACSW, NADD, Kingston, NY

**PRESENTATION OF THE
FRANK J. MENOLASCINO
AWARD FOR EXCELLENCE**

**9:30—10:30 a.m.
PLENARY SESSION**

**Mental Wellness – A Critical Element in the New
DD Service Paradigm**

Nancy R. Thaler, NASDDDS, INC., Alexandria, VA

Demographic and economic factors are driving a paradigm shift in State DD Systems. More and more, adults with DD are living at home with family well into their adult years. The everyday challenges of life combined with the support responsibilities family members assume can be a source of stress. DD Services must focus on the needs of the person and must also attend to the needs of family members – the people who are supporting the person with a disability. Mental wellness must be a goal for both the person and family members, and families must be factored into the model of mental health services in the new paradigm.

**10:30—11:00 a.m.
BREAK**

**11:00 a.m.—12:30 p.m.
CONCURRENT SESSIONS**

**F01- There Ought to Be a Law: Adults Living and
Working (ALAW)**

Focus: Adults / Level: All

Cynthia Hennessey, MSW, NHS Human Services, Erdenheim PA; Frank Unger, MEd, ALAW, Valley Forge, PA

This session will describe a unique model program that began from the wisdom of parents. Several years ago, a group of diligent parents predicted that their adult children with Autism would need supports that did not readily exist in the MH or ID systems. This session will describe the collaborative that was able to develop two limited liability corporations for home ownership, negotiate the OBRA waiver for services, and implement a true team approach with the overarching goal of community independence for adults with ASD.

F02- From Diagnosis to Transition Planning: Providing Family-Centered Supports Across the Lifespan

Focus: Throughout Lifespan / Level: Beginner

Shelley Watson, PhD, Laurentian University, Sudbury, ON, Canada; **Nancy Miodrag, MA**, McGill University, Montreal, QC, Canada; **Deborah Richards, BA**, Community Living- Welland Pelham, Welland, ON, Canada

This interactive presentation applies a lifespan perspective to describe concerns of families raising children with disabilities. Highlighting findings from the presenters' research and clinical experience with families of children with various developmental disabilities, this session will provide practical suggestions to support families and their children with disabilities throughout the lifespan.

F03- A Comprehensive Community-Based Approach to Evaluating and Addressing the Mental Health Needs of Individuals with ID/MI

Focus: Adolescents and Adults / Level: All

Joan B. Beasley, PhD, UNH Institute on Disability, Concord, New Hampshire; **Lauren R. Charlot, PhD; Van R Silka, MD**, University of Massachusetts Memorial Health Center, Worcester, MA

This presentation describes a specialized consultative service developed to improve outcomes for individuals with ID/MH experiencing severe difficulties related to their psychiatric and behavioral issues. The program was also designed to reduce expenses related to costly forms of urgent psychiatric care and restrictive residential services. Case examples will highlight common problems identified and the methods found to be most effective in promoting improvements. A summary of outcomes will be provided.

F04- Brief Therapy with Chronic Problems (Part I of II)

Focus: Throughout Lifespan / Level: All

Katharina Anger, PhD, YAI National Institute for People with Disabilities, New City, NY

Case examples will be used to illustrate the steps of this focused, short-term model of psychotherapy. The aim will be to help participants of the workshop think differently about their cases, which may lead to more time-efficient treatment. Audience participation will be encouraged.

F05- The NADD Competency-Based Dual Diagnosis Certification Program

Focus: Throughout Lifespan / Level: All

Robert J. Fletcher, DSW, ACSW, FAAIDD, Founder and Chief Executive Officer, NADD, Kingston, NY; **Donna Nagy McNelis, PhD**, Drexel University, College of Medicine, Philadelphia, PA; **John J. McGonigle, PhD**, Center for Autism and Developmental Disorders, Western Psychiatric Institute and Clinic, Pittsburgh, PA; **Melissa Cheplic, MPH, CHES**, The Elizabeth Boggs Center on Developmental Disabilities, UMDNJ, New Brunswick, NJ; **Dan Baker, PhD**, Elizabeth M. Boggs Center on Developmental Disabilities Robert

Wood Johnson Medical School, UMDNJ, New Brunswick, NJ

NADD is developing three Competency-based Dual Diagnosis Certification Programs: (1) for an Agency/Organization where there are programs in Dual Diagnosis, (2) for Clinical/Professionals, and (3) for Direct Support Professionals. Discussion of these three Certification Programs will include the standards for providing services, treatments, and interventions to individuals with a Dual Diagnosis and the structure and process for certifying competencies of clinicians and Direct Support Professionals supporting these individuals.

F06- Are Stereotypes and Self-Injury Challenging Behaviors or a Psychiatric Disorder?

Focus: Throughout Lifespan / Level: Intermediate

Jarrett Barnhill, MD, DFAPA, FAACAP, University of North Carolina School of Medicine, Chapel Hill, NC

There is ongoing debate where the boundary lies between self-injurious and stereotypic behaviors and whether they should be classified as challenging behaviors or as symptoms of Stereotypic Movement Disorders (DSM-IV-TR, 2000; DM-ID). This presentation focuses on reframing this debate based on biopsychosocial models of both classification systems.

12:30—1:45 p.m.
NETWORK LUNCHEON
PRESENTATION OF
NADD AWARDS



1:45—3:15 p.m.
CONCURRENT SESSIONS

F07- The School-to-Adult Transitions at Vanderbilt Clinic: Description and Significant Outcomes

Focus: Adolescents - Adults / Level: All

Bruce E. Davis, PhD, LPC, SrLPE, BCBA; Kellye A. Carman, MS, LMSW, Vanderbilt University Medical Center, Nashville, TN

Co-occurring mental health disorders or other behavioral issues make the transition from school to adulthood difficult for persons with an intellectual disability. The School-to-Adult Transitions at Vanderbilt Clinic (SAT-V) is designed to meet the needs of this unique population. The program provides transition planning and mental health, behavioral, psychiatric, and coordination services.

F08 - Effective Behavior Support for Children and Adults with High Functioning Autism (HFA) and Asperger's Syndrome (AS)

Focus: Throughout Lifespan / Level: Intermediate

Richard Blumberg, PhD, College of New Jersey, Ewing, NJ; **Daniel Baker, PhD**, The Boggs Center RWJMS/UMDNJ, New Brunswick, NJ

This presentation will explore some of the ways that Higher Functioning Autism and Asperger's Syndrome

affect the thinking, feeling, and behavior of children and adults. Participants will learn about the current research findings regarding the intersection of emotional, cognitive, and sensory features of HFA/Asperger's. Participants will be able to describe and apply effective behavioral support strategies for behavioral "meltdowns."

F09- Research Symposia

1) Clinical Outcomes for Persons Receiving Specialized Dual Diagnosis Services in Toronto, Canada

Focus: Adults / Level: Intermediate

Yona Lunsky, PhD, CPsych; Stacy White, BA; Susan Morris, MSW, RSW; Anna Palucka, PhD, CPsych, Centre for Addiction and Mental Health, Toronto ON, Canada

In this presentation, we will discuss the profile of individuals served by the Dual Diagnosis Program at the Centre for Addiction and Mental Health over a two year period. A detailed analysis of admission characteristics and outcomes for individuals admitted for inpatient consultation will also be presented.

2) Routine Outcome Monitoring for Adults with Intellectual Disabilities

Focus: Throughout Lifespan / Level: All

Jannelien Wieland, Kristal, Centrum Voor Psychiatrie & Verstandelijke Beperking, AN, Netherlands

Psychiatric disorders are far more common among adults with intellectual disabilities than in the general population, but diagnoses are often missed. This situation could be improved by systematic use of assessment instruments to diagnose psychiatric disorders and determine the severity of symptoms such as routine outcome monitoring, which is especially designed for adults with an intellectual disability.

F10 - Brief Therapy with Chronic Problems (Part II of II)

Focus: Throughout Lifespan / Level: All

Katharina Anger, PhD, YAI National Institute for People with Disabilities, New City, NY
(Refer to Session F04, Part II of II)

F11- Safety Net Services: Coordinated Strategies for Adults with Dual Diagnoses

Focus: Adults / Level: Intermediate

Maria Quintero, PhD; Roni Jo Frazier, MEd, MHMRA of Harris County, Houston Texas

In a crisis, adults with dual diagnoses need services that employ interventions for MI and IDD; however, these are seldom integrated successfully. A safety net model is presented, integrating hospital, clinic, day treatment, and residential services. Treatment methods, outcome data, systems issues, and "lessons learned" will be discussed.

F12- The Whole Is More Than the Sum of Its Parts

Focus: Throughout Lifespan / Level: All

Karen Borusiewicz, MSN, CRNP, NHS Human Services, Coal Township, PA; Astrid Berry, BSW, QMRP; Robin VanEerden, MS, NHS Human Services, Harrisburg, PA,

Ceil Kittell, BS, NHS Human Services, Ebensburg, PA

NHS's approach to supporting persons who present us with challenges honors individual complexity. Until you understand how the "whole" works, you can never understand the person. This workshop describes a strength-based, person-focused style of case review that celebrates the person and helps change the culture of support teams.

3:15—3:45 p.m.

BREAK

3:45—5:15 p.m.

CONCURRENT SESSIONS

F13 - Re-parenting Adolescents with Borderline Personality Traits and Intellectual Disabilities Using Intensive Intervention

Focus: Adolescents / Level: Intermediate

Shari Joseph, PhD, Miriam Home and Services, Town of Mount Royal, QC, Canada; Andre Lapointe, PhD, Guy Sabourin, PhD, CEMTGC, Montreal, QC, Canada

In this workshop a case report will illustrate the way in which an intensive multimodal intervention based on Dialectical Behavior Therapy significantly reduced a client's severe maladaptive behaviors (from 20% agita-

tion and aggressive responding to 3%). Skills training procedures and the use of a multimodal case formulation will be taught.

F14 - Through the Looking Glass: Effective Strategies for Working with Parents with Dual Diagnosis and Their Children

Focus: Adults / Level: All

Sherrie Hansen, PhD; Christi Tuleja, MS, Through the Looking Glass, Berkeley, CA

This workshop will describe and illustrate Through the Looking Glass's model for working with parents with dual diagnosis and their children. This model combines an infant mental health approach, family systems perspectives, child development, and adaptive strategies within intervention. Guidelines for appropriate parenting evaluations for court-involved parents will be also discussed.

F15 - How to Stay Sane in This Crazy World... Promoting Positive Mental Health

Focus: Throughout Lifespan / Level: Beginner - Intermediate

Sue Gabriel, PMHNP BC, Developmental Enhancement, PLC, St. Johns, MI

Stress...it's everywhere. The economy, housing, weather threats, war, family strife, and more. How do we deal with it? If we, the "professionals," struggle with

stress and its effects on our lives, what about the needs of those with developmental disabilities? Could it be that we are hard-wired to stay wired? Can we better learn to deal with stress in our own lives and in the lives of the people we serve? This talk will address the importance of promoting "Positive Mental Health" to reduce the physical and emotional effects of stress.

F16- Finding Your Place Under the Sun: How One Organization Is Meeting the Needs of People on the Autism Spectrum No Matter Their Age

Focus: Throughout Lifespan / Level: Intermediate

Karen Markle, MA, BCBA, NHS Human Services, Herminie, PA; Astrid Berry, BA, QMRP, NHS Human Services, Harrisburg, PA; Jerry Valenti, BA, MBA; Tamara Smith, BS, NHS Human Services, Pittsburgh, PA

NHS has developed a continuum of supports for individuals who are on the Autism Spectrum. During this 90 minute workshop, complementary services associated with life stages of the individual will be presented. Participants will learn about exciting models of care and be offered tools to help implement high impact service.

5:15 p.m.

REGISTRATION CLOSSES



Exhibit Space is Available

Exhibit at NADD's 26th Annual Conference!

Exhibit space includes one 6' draped table and two chairs, plus one complimentary registration (Thurs. - Fri.). A Literature Display Area is also available.

Please contact:

NADD, 132 Fair St.
Kingston, NY 12401

(845) 331-4336 or

(800) 331-5362

e-mail: info@thenadd.org

Web: www.thenadd.org



New Orleans 2009 October Event Highlights:

Octoberfest is every Friday and Saturday in October

Location: French Quarter on Galvez St.

www.deutscheshaus.org/oktoberfest_countdown.htm

Other Festivals, visit:

www.laffnet.org/october_fairs_and_festivals.htm

HALLOWEEN EVENTS:

Audubon Zoo's Annual Halloween - Boo at the Zoo

October 23, 2009 www.auduboninstitute.org

Location: The Audubon Zoo, 6500 Magazine Street

Phone: (504) 861-2537

Richard O'Brien's Rocky Horror Show

October 23, 2009 - November 7, 2009

Times: Friday 7:30 pm; Saturday at 7:30 pm & 10:00 pm

Location: Westwego Performing Arts Theatre, 177 Sala Avenue in Westwego

Phone: (504) 885-2000 ext. 205 • www.jpas.org

Krewe of Boo Parade

& Costume Expose

October 24, 2009

Location: Blain Kern's Mardi Gras World

1380 Port of New Orleans Place

Phone: (504) 361-7821 • www.kreweofboo.org

Admission: Parade Free - Costume Party fee per person

For more information on New Orleans, LA, visit www.neworleanscvb.com



THURSDAY, OCTOBER 22

7:00	Registration opens					
7:30- 8:30	Breakfast Consultations a. Group Therapy for Adolescents with Autism Spectrum Disorders - Eric Dykstra, Psy D b. What Do We Do When What We Are Doing Isn't Working? - Ann R. Poindexter, MD c. A Rational Approach to Combining Psychopharmacological and Behavioral Interventions - Jarrett Barnhill, MD d. Biopsychological Features Influencing Acts of Aggression: A Triadic Mental Health Assessment/Treatment Model - William I. Gardner, PhD					
8:45-9:30	Welcome from the Conference Co-Chairpersons * Presidential Welcome and Opening Remarks * General Membership Meeting					
9:30-10:30	Plenary Session: Perspectives on Dual Diagnosis: History and Future - Steven Reiss, PhD					
10:30-11:00	Break					
11:00-12:30	PROGRAM MODEL Prevention/Amelioration of MH in Young People Ann Poindexter T01	SOCIAL SEXUAL Treatment Early Trauma Re-emergence of Abuse Adolescence Diane Cox Lindenbaum T02	DIAG. & ASSESSMENT Cognitive Disability Part 1 Lucille Esralew T03	COUN. & THERAPY Positive Identity Dev. Theory Part 1 Karyn Harvey T04	STAFF TRAINING Certification Program Nevada Jerry Hodges T05	RESEARCH Pilot Research on DBT Eric Dykstra T06
12:30-1:45	Lunch on your own					
12:30- 1:45	Family Committee/Family Networking Meeting					
12:30- 1:45	Committee Meetings: Membership, US Policy, Canadian Policy, Research					
1:45 - 3:15	PROGRAM MODEL Treatment Promote Change Jeff Kielson T07	SOCIAL SEXUAL Companionable Zoo Chris Anderson T08	DIAG. & ASSESSMENT Cognitive Disability Part 2 Lucille Esralew T09	COUN. & THERAPY Positive Identity Dev. Theory Part 2 Karyn Harvey T10	COLLABORATION Collaboration Multidisciplinary Approach - Evangelo Boutis-Honou T11	RESEARCH & SYMPOSIA Specialist BT Trial Angela Hassiotis Next Generation Roberta Chambers T12
3:15 - 3:45	Break					
3:45- 5:15	PROGRAM MODEL Application of MTR Assessment Mike Mayer T13	CRISIS PROGRAM Crisis Response Model Pam Carter T14	DIAG. & ASSESSMENT Psychiatric Illness Stephen Ruedrich T15	COUN. & THERAPY Decreasing Social Anxiety Dawn Brodeur T16	STAFF TRAINING Interprofessional Education & Care Susan Morris T17	RESEARCH Evidence Base Practice Peter Sturmeay T18
5:15	Registration Closes					
5:30 - 7:00	26th Annual NADD Welcome Reception, Annual Poster Session & Silent Auction					
6:00 - 6:30	NADD Membership Table (at the reception)					
6:30 - 7:30	Special Interest Group Meetings: Psychopharmacology, Forensics, Psychotherapy, Children's Policy					

FRIDAY, OCTOBER 23

7:15	Registration opens					
7:30 - 8:30	Breakfast Consultations a. Top 10 Things to Remember about Aggression in Patients with Intellectual Disabilities - Laurie Charlot, LICSW, PhD b. Psychotherapy and Young Adults with Aspergers Syndrome - Richard Blumberg, PhD c. A Novel Approach to Promoting Mental Health: Creation of a Speed Dating Service for Individuals with DD and ID - Susan Franer, RN, MSN, CNS					
9:00 - 9:30	Welcome from the Chief Executive Officer * Presentation of the Frank J. Menolascino Award					
9:30 - 10:30	Plenary Session: Mental Wellness – A Critical Element in the New DD Service Paradigm - Nancy R. Thaler					
10:30 - 11:00	Break					
11:00 - 12:30	PROGRAM MODEL Ought to be a Law-ALAW (ASD) Cynthia Hennessey F01	FAMILY ISSUES Family Centered Supports Shelley Watson F02	SERVICE MODEL Community-Based Approach Joan Beasley F03	COUN. & THERAPY Brief Therapy Chronic Problems Part 1 - Katharina Anger F04	STAFF TRAINING NADD Competency Certification Program Robert Fletcher F05	PROGRAM MODELS Stereotypes & Self Injury Jarrett Barnhill F06
12:30 - 1:45	Network Luncheon: Presentation of Awards					
1:45 - 3:15	PROGRAM MODEL Adult Transitions Bruce Davis F07	FAMILY / AUTISM Behavioral Support HFA Asperger's Personality Richard Blumberg F08	RESEARCH SYMPOSIA Outcomes - Yona Lunsky Monitoring Adults Jannelien Wieland F09	COUN. & THERAPY Brief Therapy Chronic Problems Part 2 - Katharina Anger F10	PROGRAM MODELS Safety Net Services Adults Maria Quintero F11	DIAG. & ASSESSMENT Whole Is More Than Sum of Parts Karen Boruswicz F12
3:15 - 3:45	Break					
3:45 - 5:15	FAMILY ISSUES Parenting Adolescents Borderline Personality Shari Joseph F13	PROGRAM MODEL Working with Parents with DD and their Children Sherrie Hansen F14	COUN. & THERAPY Positive Mental Health - Stay Sane Sue Gabriel F15	AUTISM Finding Your Place Under the Sun Karen Markle F16		
5:15	Registration Closes					



SEEKING NOMINATIONS FOR:

NADD *awards*



Contribution to Clinical Practice Award

Purpose of the Award

The NADD Contribution to Clinical Practice Award will be given to a person whose contribution in the area of clinical practice has resulted in significant improvement in the quality of life for individuals with intellectual and developmental disabilities as well as mental health needs. The Award will be presented at the 26th Annual NADD Conference held in New Orleans, Louisiana October 21-23, 2009.

Criteria for Selection

A professional whose dedication and work have resulted in the provision of excellent clinical services to individuals who have intellectual and developmental disabilities as well as mental health needs.

Frank J. Menolascino Award for Excellence

Purpose of Award

This prestigious Award is given annually to promote excellence in the field of dual diagnosis in the memory of Dr. Frank J. Menolascino. The Award will be presented at the 26th Annual NADD Conference held in New Orleans, Louisiana October 21-23, 2009.

Criteria for Selection

Candidate may be a provider of services to persons with intellectual disabilities and mental health needs, an academician, a researcher, a legislator, an educator, a communications media specialist, an administrator, a family member, or a person with intellectual disabilities. Candidates should support the ideals and mission of NADD, but do not need to be members of NADD in order to be nominated.

The Award may recognize and honor an individual:

- Whose outstanding service and unique efforts have made significant advances in understanding and knowledge in the field or diagnosis; or
- Whose efforts have called attention to the plight of individuals with dual diagnosis and consequently enhanced the delivery of services; or
- Whose efforts have demonstrated outstanding leadership and commitment to the field of dual diagnosis; or
- Whose efforts have resulted in an improved quality of life for a significant number of persons with intellectual disabilities and mental health needs; or

The Award may recognize and honor an individual with intellectual disabilities or a family member who has made a distinctive and unique contribution through which a significant number of persons with intellectual disabilities and mental health needs have benefited from an improved quality of life.

Submission Guidelines For Both Awards

Please submit a one to two page statement indicating your reason(s) for nominating a candidate to be considered for these awards. Also, submit the candidate's name, address, telephone number, email address, and a copy of the candidate's CV. Please include your own email address as well.

Please submit your nomination of candidates for these awards by August 24, 2009 to: NADD, 132 Fair Street, Kingston, New York 12401-4802.

ABOUT NADD

NADD, an association for the benefit of persons with developmental disabilities and mental health needs, is a not-for-profit membership association established for professionals, care providers, and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. The mission of NADD is to advance mental wellness for persons with developmental disabilities through the promotion of excellence in mental health care. NADD is recognized as the world's leading organization in providing educational services, training materials, and conferences. It has an extensive array of resources including books, CDs, DVDs, and other related educational and training materials. Additionally, NADD sponsors regional, annual and international conferences, tele-conferences as well as provides consultation services.

For more information on NADD visit www.thenadd.org

Four great reasons to join:

1. Save on all NADD products
2. Save on conference registrations
3. Receive NADD member benefits
4. Networking opportunities



Enjoy these great members-only benefits:

- NADD Bulletin subscription (bi-monthly)
- Journal of Mental Health Research in Intellectual Disabilities (quarterly)
- NADD Conference and training discounts
- NADD training and educational product discounts
- Access to the members only section of the NADD web site
- Voting rights

(See registration form for membership information)

Follow these instructions to register for the Conference. Registration is also available online at www.thenadd.org.

1. In Part 1 of the Conference Registration Form, print or type your first name, last name, and credentials (as you wish it to appear on your name badge). If you are a NADD member, indicate your member number. All registrants should fill in the employer, agency, or organization (if applicable), address, city, state, zip code, and country lines. Also, fill in your daytime telephone number, fax number (if applicable), and e-mail address.
2. In Part 2, indicate your choice for continuing education credits for this Conference.
3. If you have a disability that may require special materials or services, please indicate your specific needs in this section.
4. If you are attending a Conference Symposium, please indicate which you will attend.
5. Please check the concurrent sessions that you will attend each day (only one per time slot). This section must be filled out completely in order for the registration to be processed.
6. In Part 6, circle the appropriate fee and write the Amount Due in line with your circled fee.
- 6a. This section should be used if you are registering for the Total Registration Package only (Wed.–Fri.). This package includes your registration fees for the Pre-Conference Symposia, the Conference, the Friday Luncheon, and a copy of the Conference Proceedings. You save the most money with this registration option.
- 6b. This section should be used if you want to pick a single day option.
7. If you want to attend a Breakfast Consultation, complete this section. Space is limited to 30 attendees per session. Please indicate your first and second choice (1 being first and 2 being second, where applicable).
8. Join NADD and save, wherever applicable on the form. NADD membership is valid through December 31, 2009. Individual membership is \$125, Family/Consumer/Student membership is \$60, organization membership is \$600 or \$800. Membership includes the bimonthly NADD Bulletin and quarterly *Journal of Research in Intellectual Disabilities*, among other valuable benefits. If you join NADD now, you may take advantage of the member registration fees immediately.
9. Indicate the method by which you are paying the total fee in Part 9. Institution purchase orders require individual registration forms. Include a copy of the purchase order with registration forms. If registering more than one individual on a purchase order, list each registrant's name on the purchase order.
10. Specify the total enclosed.
11. Please send or fax your completed form along with payment to NADD, as indicated on the Registration Form. Faxed registrations must include credit card information in order to be processed.

GENERAL INFORMATION

Registration Form

Registration forms can be mailed or faxed to NADD. All forms must include a method of payment. Faxed forms must include credit card payment in order to be processed. If you fax the form to NADD, please do not mail the same form. Registration is also available online at www.thenadd.org.

U.S. Tax Information

Conference registration fees are not deductible as charitable contributions for U.S. federal income tax purposes. However, they may be deductible under other provisions of the U.S. Internal Revenue Code.

When to Pay Registration Fees

Payment is due at time of registration. The registration fee due is in effect when payment is received in the NADD office.

Meeting Credentialing

No registrant will be credentialed (receive his or her admission badge and registration packet) or allowed to attend the Conference until all registration fees are paid in full, or until the Conference registrar receives an official confirmation (purchase order or other document) that the proper fees will be paid in full.

Cancellation Policy

A cancellation fee of 25 percent will be charged for all cancellations made before October 10, 2009. Refunds will not be given for cancellations received

after October 10, 2009. All cancellations must be submitted in writing. Registrants who fail to attend and who do not cancel prior to October 10, 2009, are liable for the entire Conference registration fee. You may, if you wish, send a substitute. If sending a substitute, you must contact the NADD office prior to the Conference.

Cancellation Liability

If NADD must cancel the Conference for any reason, NADD's liability is limited to the return of the Conference fee.

Questions?

If you have any questions about the Conference program, speakers, sessions, or arrangements, contact: NADD, 132 Fair Street, Kingston, NY 12401
Phone: (845) 331-4336, (800) 331-5362

Fax: (845) 331-4569
E-mail: info@thenadd.org
Web: www.thenadd.org

Conference Etiquette

It is difficult to maintain room temperatures that are comfortable for all participants, and conference attendees should be aware that room temperatures will vary throughout the conference center. A light sweater or jacket is helpful when room temperatures become too cool. Participants are asked to turn off cell phones and beepers when attending workshops, or to change them to a silent signal if necessary. Please step outside of the room when responding to a page or call.

VOLUNTEERS NEEDED

Volunteers are needed at the conference for the registration desk, the NADD Exhibit Table, and as Conveners (room monitors). Volunteers will be assigned to each area as needed.

Individuals who volunteer may attend for the day or days at a discounted, flat registration fee of \$50.00 per day. This fee does not include additional options, such as Breakfast Consultations. Individuals who would like to

volunteer their time wherever needed and not attend any sessions are welcome and appreciated as well.

For more information on volunteering (process, sign up form, etc.), please see the NADD website. The cut-off to receive the appropriate paperwork to volunteer is Friday, September 11, 2009. Volunteers' requests received after this date will be processed based on availability.

26th Annual Conference • October 21-23, 2009 • New Orleans, Louisiana

3 Easy Ways to Register: 1) Mail 2) Fax 3) Online at www.thenadd.org

Pre-Registration by mail or fax (845) 331-4569 or online will be accepted until Wednesday, October 7, 2009. At that time pre-registration will close and registration will be on-site only. Faxed forms must have credit card information to be processed. All checks sent in must have registrants names associated with them. Please DO NOT fax and then mail the same registration form. We urge people to pre-register due to limited space and to ensure your choice of concurrent sessions. On-site registration is available, but may be limited.

1. Please Print Name Legibly for ID Badge

First _____ Last _____ Credentials _____

Employer, Agency, or Organization _____

Address _____

City _____ State or Province _____ Zip+4 _____

Country: U.S. Canada Other: _____

NADD Member # _____

Please fill in the contact information below.

Daytime telephone _____ Daytime fax _____

E-mail address _____

2. Type of continuing education credit desired (choose one ONLY). Please see the Continuing Education Credits section on inside cover for descriptions.

AMA
 APA
 ASWB*
 NAADAC
 NBCC
 PSNA
 CEU

*License ID # _____

3. If you have a special need that might require special materials or services, or have food allergies, please provide specific information about your needs: _____

4. Preconference Symposia: If you are attending a Preconference Symposium, indicate which session(s) you will be attending:

WEDNESDAY 9:00 A.M. - 12:15 P.M.

- Pre-Con I – Mental Health and Environmental Exposures: The Emerging Evidence
- Pre-Con II – Practical Applications of Research in Autism: What Is It And What Do We Do?
- Pre-Con III – Trauma – Part 1: a) Adapted Trauma Focused Cognitive Behavioral Therapy for Children Who Have Developmental Disabilities (Children). b) Dialectical Behavior Therapy for Special Populations: Prerequisite Skills for Trauma-Focused Treatment with Individuals with Developmental/Intellectual Disabilities (Adolescents thru Adulthood)
- Pre-Con IV – US Public Policy Issues Across the Lifespan of Individuals with IDD/MH

WEDNESDAY 1:30 P.M. - 4:55 P.M.

- Pre-Con V – Trauma - Part 2: Diagnosis and Treatment of PTSD and Interpersonal Trauma: The DM-ID Criteria and Interactive-Behavioral Therapy
- Pre-Con VI – Life Motives, Needs, and Intellectual Disabilities: Applications for Crisis Intervention and Quality of Life
- Pre-Con VII – Operational Aspects of Community-Based Programs for Individuals with a History of Criminal Offenses

5. Please register me for the following concurrent sessions (only one per time slot):
(Appropriate sessions must be checked for registration form to be processed.)

Thursday	11:00 - 12:30	<input type="checkbox"/> T01	<input type="checkbox"/> T02	<input type="checkbox"/> T03	<input type="checkbox"/> T04	<input type="checkbox"/> T05	<input type="checkbox"/> T06
Thursday	1:45 - 3:15	<input type="checkbox"/> T07	<input type="checkbox"/> T08	<input type="checkbox"/> T09	<input type="checkbox"/> T10	<input type="checkbox"/> T11	<input type="checkbox"/> T12
Thursday	3:45 - 5:15	<input type="checkbox"/> T13	<input type="checkbox"/> T14	<input type="checkbox"/> T15	<input type="checkbox"/> T16	<input type="checkbox"/> T17	<input type="checkbox"/> T18
Friday	11:00 - 12:30	<input type="checkbox"/> F01	<input type="checkbox"/> F02	<input type="checkbox"/> F03	<input type="checkbox"/> F04	<input type="checkbox"/> F05	<input type="checkbox"/> F06
Friday	1:45 - 3:15	<input type="checkbox"/> F07	<input type="checkbox"/> F08	<input type="checkbox"/> F09	<input type="checkbox"/> F10	<input type="checkbox"/> F11	<input type="checkbox"/> F12
Friday	3:45 - 5:15	<input type="checkbox"/> F13	<input type="checkbox"/> F14	<input type="checkbox"/> F15	<input type="checkbox"/> F16		

NADD 26th Annual Conference Scholarship Support

An association for persons with developmental disabilities and mental health needs, NADD supports the inclusion of persons with disabilities, their families, as well as, staff members. To this end, a limited number of scholarships are available to help defray the cost of the conference for those who would otherwise not be able to attend. This support is expected to be in the form of a registration reduction or waiver, and requests for other assistance will be considered.

NADD Family Committee

The NADD Family Committee is pleased to offer a scholarship for registration fee waivers. Please specify the registration fee waiver amount. These registration scholarships are supported through the fundraising efforts of the Family Issues Committee by the holding of silent auctions.

Scholarship Submission Procedures

Go to the NADD website, www.thenadd.org, and fill out and submit the scholarship submission form. If needed, please call the NADD office, and we will send you the form. Due to the limited number of scholarships, we encourage you to do so as soon as possible. **Requests received prior to September 1, 2009 will be given first priority.**

For those who receive scholarship funds, expenses will be reimbursed after the conference. Please submit all receipts to the NADD office at the same time, no later than two (2) weeks after the Conference. Upon receipt of the required information, a reimbursement check will be sent to cover the approved expenses.

Notification of scholarship approval will be sent by email by September 30, 2009.

HOTEL & TRAVEL INFORMATION — NEW ORLEANS, LOUISIANA

Conference Location: Royal Sonesta Hotel, 300 Bourbon Street, New Orleans, Louisiana 70130



Direct 504-586-0300 or 800-766-3782

www.sonesta.com/RoyalNewOrleans/

For more information on New Orleans, LA, visit www.neworleanscvb.com

Other Reservation Terms

All reservations must be guaranteed with a major credit card. The hotel requires a credit card imprint upon check-in. If the guest does not have a credit card, all room and tax costs will be collected at the time of check-in along with appropriate deposits for incidental expenses. Any unused deposits will be refunded upon departure.

Guaranteed reservations will be held for night of arrival only. Any reservations requiring cancellation must be cancelled 72 hours (3 days) in advance. Individuals who fail to cancel or arrive on the confirmed date will be charged at the group rate for one (1) night plus tax.

Check-In 3:00 pm / Check-Out 12:00 pm

Parking- Covered Garage Limited Parking is available at the hotel

Royal Sonesta Garage Rates

Hours

0-2	\$10.00
2-6	\$17.00
6-10	\$22.00
10-24	\$35.00

Overnight Guests- Cars/ Vans/ SUVs - \$30.00

All rates are plus tax. Prices subject to change without notice.

TRANSPORTATION

Discounted Airport Transportation to and from Royal Sonesta Hotel

NADD 2009 AIRPORT SHUTTLE NEW ORLEANS

Web Reservation Discount- Reservations must be made in advance and on-line!

In order to book your discounted airport/hotel shuttle reservations online, you must book travel online at least 24 hours prior to flight departure.

ONE WAY \$15.00 per person ROUNDTRIP \$28.00 per person

For special accommodations and to make adjustments to existing online reservations, call the reservation department at 866-569-2699.

All rates are plus tax. Prices subject to change without notice.

Hotel Information

The Royal Sonesta New Orleans Hotel combines Southern charm with European elegance. Located just 17 miles from Louis Armstrong International Airport. Located in the center of the French Quarter directly on Bourbon Street. The Royal Sonesta offers a casual bistro, an award winning restaurant, a lounge, bars, and room service all with a variety of food and beverage options including Louisiana cuisine. On property there is a sundry/gift and jewelry shop, outdoor pool, tropical courtyard, 24 hour business center, wired and wireless high-speed internet access, covered parking garage with valet, concierge services, fitness room, and spa services. Visit www.sonesta.com/RoyalNewOrleans/ for more information.

Reservations/Group Rates

Room Type

Room Rate

Single & Double Deluxe Occupancy	\$199.00
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**Prices are subject to state and local tax & fees*

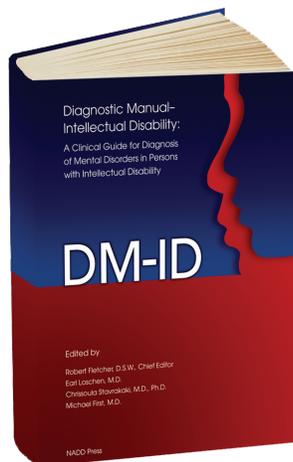
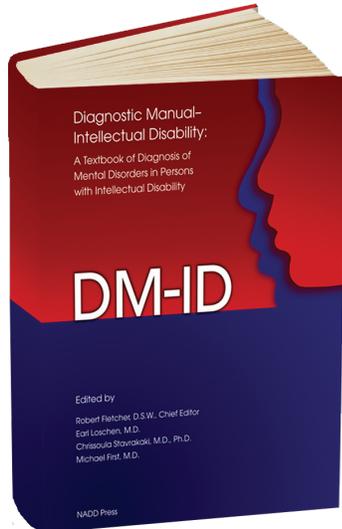
THIS SPECIAL GROUP RATE FOR HOTEL ACCOMMODATIONS WILL BE AVAILABLE UNTIL SEPTEMBER 28, 2009. We encourage you to make reservations as soon as possible.

For Reservations, please call (Direct) 504-586-0300 or 1-800-766-3782. Mention: NADD Association. The conference rates are available 3 days after the official conference dates, WEDNESDAY, OCTOBER 21 - FRIDAY, OCTOBER 23, 2009, reservations will be accepted on a space available basis.

DM-ID:

The Diagnostic Manual-Intellectual Disability (DM-ID): A Textbook of Diagnosis of Mental Disorders in Persons with Intellectual Disability and the DM-ID Diagnostic Manual-Intellectual Disability (DM-ID): A Clinical Guide of Diagnosis of Mental Disorders in Persons with Intellectual Disability are now available. The Manuals were developed by NADD in association with the APA. They are designed to facilitate an accurate DSM-IV-TR diagnosis in persons who have intellectual disabilities and to provide a thorough discussion of the issues involved in reaching an accurate diagnosis.

For more information visit
www.DMID.org



SAVE THE DATES

**International Congress
& Exhibit Show - 2010**
April 14 - 16, 2010 (Wed - Fri)

Hyatt Regency Toronto
370 King St West
Toronto, Ontario, Canada M5V 1J9
www.hyattregencytoronto.com

**27th Annual Conference
& Exhibit Show - 2010**
November 3- 5, 2010 (Wed - Fri)

Renaissance Seattle Hotel
515 Madison Street
Seattle, Washington 98104
www.renaissancehotels.com/seasm

An association for persons with developmental disabilities and mental health needs