



PROMISE TA Center Newsletter September 2016  
September 2016 | Vol. 14

About Newsletter.....	2
Current Issue .....	3&4

Dear Promise Grantees:

Below you will find the latest newsletter from the AUCD Promise TA Center. This newsletter highlights some resources that address bullying for youth with disabilities. The resources in this newsletter and many more can be found at the [AUCD PROMISE TA Center](#). Also, please check out [StopBullying.gov](#) to discover individual state policies and laws regarding bullying. Please feel free to send us feedback or requests for specific information and assistance. And, of course, from all of us at the Promise TA Center, have a wonderful day.

## FEATURED ARTICLE

### Safety in the Online Community

In recognition of National Bullying Prevention Month, Facebook and Instagram partnered with PACER's National Bullying Prevention Center to create this guide to help parents begin the conversation with their teens about using Facebook and Instagram safely. This helpful guide covers setting up a new account, safety tips, and commonly asked questions. This guide is also accompanied by discussion points for talking with youth about bullying and how to respond to harassing content.

**Continue reading more at:**

<http://www.pacer.org/publications/bullypdf/BP-27.pdf>

#### [Help your child recognize the signs of bullying](#)

Youth may not always realize that they are being bullied. They might think it is bullying only if they are being physically hurt; they might believe that the other child is joking; or they may not understand the subtle social norms and cues. Youth can benefit from a definition of the differences between friendly behaviors and bullying behaviors. The basic rule: Let youth know if the behavior hurts or harm them, either emotionally or physically, it is bullying.

**Continue reading more at:**

<http://www.pacer.org/publications/bullypdf/BP-2.pdf>

#### [Student Action Plan Against Bullying](#)

Student bullying is something that impacts you, your peers, and your school - whether you're the target of bullying, a witness, or the person who bullies. Bullying can end, but that won't happen unless students, parents, and educators work together and take action. The first step is to create a plan that works for the student and the situation. This student action plan is an opportunity for youth to develop a strategy to prevent bullying from happening.

**Continue reading more at:**

<http://www.pacer.org/publications/bullypdf/BP-25.pdf>

#### [Notifying the School about a Bullying Incident](#)

The PACER Center has created three letters that may be useful for parents as a guide for writing a letter

to their child's school. These letters contain standard language and "fill in the blank" spaces so the letter can be customized. The letters are for parents who have a child with an Individualized Education Plan OR Section 504. When bullying is based on a child's disability, federal laws can also apply under 504, Individuals with Disabilities Act and Americans with Disabilities Act Amendments Act of 2008.

**Continue reading more at:**

<http://www.pacer.org/publications/bullypdf/BP-19.pdf>