


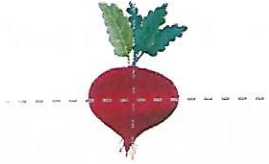



strawberry popsicles



(with hidden vegetables)



ingredients:

 +  + 

1 glass of natural orange juice 1/4 beet 1 carrot

 + 

5 strawberries natural sweetener (stevia or honey)

instructions:

- 1 Blend everything and pour mixture into popsicle molds.
- 2 Freeze and unmold when ready.



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