The Honorable Kelly Ayotte United States Senate 144 Russell Senate Office Building Washington, DC 20510

The Honorable Diane Black United States House of Representatives 1131 Longworth House Office Building Washington, DC 20515 The Honorable Michael Bennet United States Senate 261 Russell Senate Office Building Washington, DC 20510

The Honorable Michelle Lujan Grisham United States House of Representatives 214 Cannon House Office Building Washington, DC 20515

Dear Senator Ayotte, Senator Bennet, Representative Black, and Representative Lujan Grisham:

We thank you for and appreciate your leadership in establishing and co-chairing the bipartisan, bicameral Assisting Caregivers Today (ACT) Caucus. Family caregivers are the backbone of services and supports in this country – the first line of assistance for older adults and persons with disabilities who want to live independently in their homes and communities. The contribution family caregivers make to our society has been valued at \$450 billion annually in unpaid care, and we continually rely on these individuals to fill in the gaps in our long-term care and health care systems. Family caregivers need support as they face many emotional, physical, and financial challenges.

In fact, 42 million family caregivers provide unpaid care to adults at any given point in time, and about 3.9 million family caregivers provide care to a child under age 18 because of a medical, behavioral, or other condition or disability. The average family caregiver is a 49-year-old female taking care of her mother for nearly 20 hours a week, but family caregivers are incredibly diverse. Over seven in ten caregivers were employed at some time when they were caregiving. Most people have been, are, or will be a family caregiver or are likely to need the help of one to live independently. Now, more than ever, we need solutions for family caregivers. This is truly an ageless and nonpartisan issue.

We are pleased the ACT Caucus will bring greater visibility to the value of and need to support family caregivers, as well as the challenges and opportunities individuals of all ages face as they seek to live independently. We appreciate that the caucus aims to inform Members of the House and Senate about these issues, elevate the conversation, forge an environment and context conducive to reaching bipartisan solutions, and help create a sense of urgency to act. As a diverse group of stakeholders, we come together in support of the ACT Caucus, and encourage other policymakers, thought leaders, and Members of the House and Senate to support this caucus, as well. We look forward to

collaborating with the ACT Caucus to raise awareness of family caregiving issues and work toward solutions.

Sincerely,

AARP

ACCSES Alliance for Aging Research Alzheimer's Alliance of Smith County, TX Alzheimer's Association Alzheimer's Coalition of Henderson County, TX Alzheimer's Foundation of America (AFA) American Academy of Family Physicians American Academy of Pediatrics American Association on Health and Disability American Benefits Council American Council of Life Insurers American Dance Therapy Association American Health Care Association American Heart Association/American Stroke Association American Network of Community Options and Resources (ANCOR) American Occupational Therapy Association American Psychological Association American Society on Aging America's Health Insurance Plans Assisted Living Federation of America Association of University Centers on Disabilities (AUCD) Autism Speaks Caregiver Action Network Center for Excellence in Assisted Living (CEAL) Easter Seals Eldercare Workforce Alliance Family Caregiver Alliance Genworth Financial John Hancock Life Insurance Company Lakeshore Foundation LeadingAge LifeSecure Insurance Company Long Term Care Partners Lupus Foundation of America Lutheran Services in America Mutual of Omaha

National Academy of Elder Law Attorneys

National Adult Day Services Association (NADSA)

National Alliance for Caregiving

National Alliance on Mental Illness

National Association for Home Care & Hospice

National Association of Area Agencies on Aging (n4a)

National Association of Councils on Developmental Disabilities

National Association of Professional Geriatric Care Managers

National Association of Social Workers (NASW)

National Association of State Directors of Special Education

National Center for Assisted Living

National Committee to Preserve Social Security and Medicare

National Consumer Voice for Quality Long-Term Care

National Council on Aging

- National Multiple Sclerosis Society
- National Respite Coalition
- New York Life Insurance Company
- **Oral Health America**
- Paralyzed Veterans of America
- PHI (Paraprofessional Healthcare Institute)
- Rosalynn Carter Institute for Caregiving

SAGE (Services and Advocacy for Gay, Lesbian, Bisexual and Transgender Elders)

Seniorlink/Caregiver Homes

The ALS Association

The Arc

The Center for Elder Care and Advanced Illness, Altarum Institute

The National Association of State Directors of Developmental Disabilities Services

The Elizabeth Dole Foundation

The Women's Institute for a Secure Retirement (WISER)

Transamerica Companies

United Spinal Association

Well Spouse Association