14th CHRONIC ILLNESS AND DISABILITY CONFERENCE

Transition from Pediatric to Adult-based Care

Thursday, October 17 – Friday, October 18, 2013

Activity Director
Albert C. Hergenroeder, MD

MD Anderson Cancer Center
Mitchell Basic Sciences Research Building
6767 Bertner Avenue | Onstead Auditorium, 3rd Floor | Houston, TX 77030

Online registration for CONFERENCE only: BaylorCME.org/CME/1478

Got Transition? and Health Care Transition Research Consortium RESEARCH SYMPOSIUM

Wednesday, October 16, 2013
7:30 AM - 5:00 PM

Online registration for RESEARCH DAY only: BaylorCME.org/CME/1478R

Baylor College of Medicine

Texas Children’s Hospital

CME Co-sponsored by Baylor College of Medicine and Texas Children's Hospital • Houston, Texas

Broadcast supported by the AUCD through HRSA grant #UA5MC11068.
ACTIVITY FACULTY

Michael Barr, MD, MBA, FACP  
Senior Vice President  
Division of Medical Practice  
Professionalism and Quality (MPPQ)  
American College of Physicians  
Washington, DC

Cecily Betz, PhD, RN  
Research Director  
Director of Nursing Training  
USC University Center for Excellence in Developmental Disabilities  
Children's Hospital Los Angeles  
Los Angeles, California

Becky S. Birchmeier, RN, MS  
Nursing Pediatric Clinical Nurse Specialist  
Marshfield Clinic  
Institute for Quality, Innovation & Patient Safety  
Eau Claire, Wisconsin

Angela H. Caughlin, LCSW  
Transition Medicine Clinic  
Baylor College of Medicine  
Houston, Texas

Eileen Forlenza, BS  
Motivational Speaker  
Littleton, Colorado

Angelo Giardino, MD, PhD  
Chief Medical Officer  
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Albert C. Hergenroeder, MD  
Professor of Pediatrics  
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Assistant Professor of Medicine  
Baylor College of Medicine  
Houston, Texas

Debra Lotstein, MD, MPH  
Director, UCLA Medicine – Pediatrics Transition Care Program  
Los Angeles, California

Charles G. Macias, MD  
Associate Professor of Pediatrics  
Baylor College of Medicine  
Houston, Texas

Professor Swaran P. Singh, MBBS, MD, DM, FRC Psych  
Head of Division  
Mental Health and Wellbeing  
Warwick Medical School  
The University of Warwick  
Coventry, United Kingdom

Jamie Snow, MBA, CCLS  
Assistant Director  
Child Life and Social Work  
Texas Children's Hospital  
Houston, Texas

Dianne Stool, LCSW  
Texas Children's Hospital Medical-Legal Partnership  
Houston, Texas

Beth Sufian, JD  
Partner, Sufian and Passman  
Houston, Texas

L. Vance Taylor, MA  
Principal, Catalyst Partners, LLC  
Washington, DC
CONFERENCE OVERVIEW

Skill preparation and planning for healthcare transition for children and youth with special healthcare needs (CYSHCN) and their families is inadequate. Less than 50% of families nationwide indicate that their CYSHCN have received the services necessary to make appropriate transitions to adult healthcare, work, and independence. One of the major problems to receiving this care is the lack of a physician workforce trained in providing the services necessary to make the healthcare transition. This conference provides a state-of-the-art update on issues involved in healthcare transition for youth and young adults with chronic illness and disability and their families from pediatric to adult-based services.

Now in its 14th year, the conference brings together internationally, nationally, and locally recognized clinical, policy, legal, research, advocacy, and family experts. Addressing all aspects of transition planning, this conference strengthens the dialogue among healthcare professionals, policy experts, youth and young adults, and family members. For clinicians, the conference includes discussions applicable to both primary and specialty care practice and provides an interdisciplinary perspective on how teams can facilitate the important transition from pediatric to adult-based healthcare. For policy and advocacy experts, the conference provides updates on recent developments. For researchers, it updates recent findings. For parents, teens, and young adults, the conference offers an opportunity to hear practical medical, legal, and insurance information. For all audience members there will be a discussion of the legal issues involved in healthcare insurance during healthcare transition; as well as time to meet and talk with faculty, to exchange ideas among participants, and to share knowledge and insight about how best to plan for a successful transition to adulthood.

TARGET AUDIENCE

Physicians in internal medicine, family practice, pediatrics, psychiatry, and physiatry; other healthcare providers including, psychologists, social workers, nurses, dietitians, case managers, counselors, and public health officials; primary care providers; youth and young adults with chronic illness and their parents/guardians.

OBJECTIVES

At the conclusion of the conference, participants should be able to:

• Identify youth and young adults with special health care needs (YYASHCN) with conditions with high transition-related morbidity and mortality and develop an appropriate health care transition plan.
• Work with both YYASHCN and families to develop an individualized healthcare transition plan and encourage the patient to be an active participant in decision-making.
• Implement an electronic medical record-based tool to help facilitate the healthcare transition process from pediatric to adult-based care.
• Discuss the current state of healthcare transition in the US, including legal and financial issues.
• Advocate for the introduction of coursework in healthcare transition planning into medical school and residency curricula, as well as required rotations in adolescent medicine.

EDUCATIONAL METHODS

Lecture ■ Panel Discussion

EVALUATION

Evaluation by questionnaire will address program content, presentation, and possible bias.
**ACCREDITATION/CREDIT DESIGNATION**

**Physicians**

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Baylor College of Medicine designates this live activity for a maximum of 13.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nursing**

Earn up to 13.16 contact hours by attendance at this activity. Texas Children’s Hospital is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

**Social Work**

Social Work continuing education units (12.5 hours, including 1.0 credits in ethics) for this conference have been approved by the Department of Case Management and Social Work at Texas Children’s Hospital. The presentation, *Legal Issues in Transition*, has been designated by Baylor College of Medicine for 1.0 credit of education in medical ethics and/or professional responsibility.

**DISCLOSURE POLICY**

In order to meet the requirements of the Accreditation Council for Continuing Medical Education it is the policy of Baylor College of Medicine that all individuals who are in a position to control the content of a CME activity (activity director, planning committee members, and faculty) disclose relevant financial relationships with commercial interests.

All identified conflicts of interest are managed to help ensure that the educational material is scientifically based, accurate, and objectively presented. Specific disclosure will be made to the participants prior to the educational activity.

**FEE, REGISTRATION, AND CONFIRMATION INFORMATION**

Refer to the registration form for the fee schedule. Your registration will be confirmed, but not processed until payment is received. If you have not received confirmation at least five business days before the activity start date, contact the Office of Continuing Medical Education (OCME) immediately.

A limited number of scholarships are available for CYSHCN and their parents/guardians. Please contact Valerie Bowman at TRACS@texaschildrens.org for complete details.

If you plan to register on-site, contact the OCME at least 24 hours in advance to confirm activity status and space availability. The OCME reserves the right to limit the number of participants in an activity and will not be responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

*To register/pay online visit the activity website at BaylorCME.org/CME/1478 and follow the instructions.*

**CANCELLATION/REFUND POLICY**

Requests for registration refunds must be in writing and received by the OCME at least 10 business days before the activity begins. The date the request is received by the OCME will be considered the cancellation date. Requests received after the refund deadline will not be processed. Cancellations are subject to a $50 administrative fee deducted from the registration fee paid to cover guarantees and other expenses. Requests should be mailed to the OCME or faxed to 713.798.7955.

The OCME reserves the right to cancel activities, not less than 10 business days before the scheduled date, if extenuating circumstances make it necessary. Registrants will be notified at the contact number indicated on the registration form, followed by written notification. If an activity is cancelled, OCME’s liability is limited to the registration fee paid. Note: If payment is made by check, a social security number is required to process the refund.
OVERVIEW
A research-oriented panel composed of parents, youth and emerging adults that speaks to their unique issues and concerns in collaboration with interdisciplinary health researchers. Topics will include challenges to participating in research studies, experience with participatory action research, and research problems/questions of interest to parents and consumers.

REGISTRATION
There is no cost to attend the Research Symposium, however, registration is required. Please complete the registration form or register online to confirm your attendance.

AGENDA
7:30 AM  Registration and Continental Breakfast
8:15  Opening Remarks
Megumi J. Okumura, MD, MAS
Cecily L. Betz, PhD, RN
HCTRC Research Symposium Co-Chairs
Albert C. Hergenroeder, MD
Baylor College of Medicine  |  Texas Children's Hospital
8:30  KEYNOTE PRESENTATION
Swaran P. Singh, MBBS, MD, DM, FRCPsych
9:15  Platform Session 1: Health Care Transition Programs
Panel Question and Answer Session
10:15  Break
10:30  Poster Session 1  |  Main Hall
12:30  Lunch
1:30  Platform Session 2: Health Care Transition Readiness
Panel Question and Answer Session
2:30  Breakout Sessions
■ Session 1: Institutional Health Care Transition Implementation Model
■ Session 2: Health Care Transition Professional Education and Curriculum Development
3:45  Poster Session 2  |  Main Hall
5:00  Adjourn
7:00 AM  Registration and Continental Breakfast

8:00  Welcome and Announcements  
Albert C. Hergenroeder, MD  
Interactive Presentation: Down Syndrome Association of Houston Pantomime Troupe

8:15  The Current State of Health Care Transition in the U.S.  
Debra Lotstein, MD, MPH

9:15  Health Care Transition Service Models and Providers’ Attitudes Toward Health Care Transition  
Cecily Betz, PhD, RN

10:15  BREAK

10:30  Implementing an EMR Based Transition Planning Tool in a Health System  
Becky S. Birchmeier, RN, MS

11:15  Legal Issues in Transition  
Beth Sufian, JD

12:15 PM  BOXED LUNCH WITH FACULTY GROUPS (select one):  
Parent Advocacy—Eileen Forlenza, BS  
Parents as Case Managers—Elaine Hime, BS  
Health Care Transition in Tertiary Care Centers—Debra Lotstein, MD, MPH  
Legal Issues—Beth Sufian, JD  
Research in Health Care Transition—Cecily Betz, PhD, RN

BREAKOUT SESSION ONE
Preparing for and Delivering Transition Services  
(Please choose one; sessions will repeat at 2:00 PM)

1:15  Specific Medical Issues in Autism and Down Syndrome  
Tamiko H. Kido, MD

A Parent’s Perspective on Successful Advocacy for Health Care Transition  
Eileen Forlenza, BS

Health Care Transition: Nursing Science and Practice  
Cecily Betz, PhD, RN

Health Care Transition Around the World  
Swaran P. Singh, MBBS, MD, DM, FRC Psych

Medical Legal Partnership  
Dianne Stool, LCSW and Jamie Snow, MBA, CCLS

BREAKOUT SESSION TWO
(Repeat of Session One outlined above; please choose one)

2:00  HCT Grants (HRSA D70 Grantees only)  
Albert C. Hergenroeder, MD

2:45  BREAK

3:00  Transition for Youth and Young Adults with Diabetes  
Marisa E. Hilliard, PhD

4:00  Evaluation/Adjourn
7:00 AM Center for Health Care Transition Improvement Meeting
7:30 Registration and Continental Breakfast
8:00 Announcements
Albert C. Hergenroeder, MD
8:15 Youth/Young Adults’ Perspectives on Transition
Albert C. Hergenroeder, MD, Angela H. Caughlin, LCSW and L. Vance Taylor, MA
9:25 Young Adult Perspective
L. Vance Taylor, MA
10:15 BREAK
10:25 Family Members’ Perspectives on Transition
Eileen Forlenza, BS
11:25 Normal Young Adult Development and Chronic Illness
Marisa E. Hilliard, PhD
12:15 pm LUNCH
1:00 Health Care Transition: The Internal Medicine Perspective
Michael Barr, MD, MBA, FACP
1:45 BREAK
2:00 HRSA-funded “An Innovative Model for Facilitating Adult Services Through Transition (AIM FAST)” Update
Albert C. Hergenroeder, MD
2:15 Financial Aspects of Health Care Transition
Angelo Giardino, MD, PhD
3:00 Quality Improvement in Health Care Transition: Applying the Principles of Quality Improvement to Health Care Transition
Charles G. Macias, MD
4:00 Closing Comments
4:15 Evaluation/Adjourn

Faculty, topics, program schedule, and credit are subject to change. Audio or videotaping is prohibited without written permission from the Activity Director and the OCME, Baylor College of Medicine, Houston, Texas.
CONFEREE LOCATION

MD Anderson Cancer Center ■ Mitchell Basic Sciences Research Building
6767 Bertner Avenue | Onstead Auditorium, 3rd Floor
Houston, TX 77030

Parking is available in the McGovern Commons parking garage. Unfortunately we are unable to validate parking. Parking is $12/day. Onstead Auditorium may be accessed from the McGovern Commons Building through the first floor breezeway.

If you are staying at the Houston Hilton Plaza, a complimentary shuttle is available. Please notify the hotel valet at least 15 minutes in advance for transportation to Onstead Auditorium.

You may wish to bring a sweater or light jacket as the temperature in the auditorium can vary.

ACCOMMODATIONS

Hilton Houston Plaza/Medical Center
6633 Travis Street | Houston, TX 77030
713.313.4000

Accommodations should be arranged directly with the Hilton Houston Plaza/Medical Center by calling 713.313.4000. Please identify yourself with the Baylor College of Medicine Transition Conference when making reservations in order to benefit from the special group rate ($140 King, plus tax). A limited number of rooms will be available and have been reserved at the special rate on a space available basis. The deadline to receive the special rate is Wednesday, September 25, 2013, unless the room block has already been filled.

FOR FURTHER INFORMATION CONTACT

Baylor College of Medicine
Office of CME
One Baylor Plaza, MS: BCM155
Houston, TX 77030

Phone: 713.798.8237
Fax: 713.798.7955
Email: cme@bcm.edu

Visit our website, BaylorCME.org for information regarding upcoming Baylor College of Medicine CME activities.
14th CHRONIC ILLNESS AND DISABILITY CONFERENCE

Transition from Pediatric to Adult-based Care

(Please print clearly)

Thursday-Friday • October 17-18, 2013

Name: ___________________________ ___________________________ ___________________________ 
First Last

Degree: ___________________________ 
Affiliation: ___________________________ 
Address: ___________________________ ___________________________ ___________________________ 
City: ___________________________ State: _______ Zip: ____________ 
Phone: ___________________________ Fax: ___________________________ 
Email: ___________________________ 
Prof. License: ___________________________ 
Specialty: ___________________________ 
No./State 
Emergency Contact: ___________________________ Phone: ___________________________ 

You must register for each conference separately.

Research Day: BaylorCMe.org/CME/1478R • Transition Conference: BaylorCMe.org/CME/1478

REGISTRATION FEES

(please call the office of continuing medical education for special one day rates.)

Physician $300 | BCM faculty member $150
Nurse $200 | fellow, resident, medical student* $25
Social Worker $200 | youth, family member $100
Other healthcare professional $200 | *fax verification status within 24 hrs. of registration.

RESEARCH SYMPOSIUM (OCTOBER 16TH)

❑ Yes, I will attend. ❑ No, I will not attend.

No registration fee required for Research Symposium.

OCTOBER 17TH BREAKOUT SESSIONS

1:15 PM 2:00 PM
❑ Session 1A ❑ Session 2A Specific medical issues in autism and down syndrome
❑ Session 1B ❑ Session 2B A parent’s perspective on successful advocacy for health care transition
❑ Session 1C ❑ Session 2C HCT grants (HRSA D70 grantees only)
❑ Session 1D ❑ Session 2D Health care transition: nursing science and practice
❑ Session 1E ❑ Session 2E Health care transition around the world
❑ Session 1F ❑ Session 2F Medical legal partnership

Method of Payment (Your registration must be PREPAID)

❑ Check or money order (in U.S. funds) made payable to: Baylor College of Medicine
❑ Visa® ❑ MasterCard® ❑ Discover® ❑ Amex® $ ________ Total amount enclosed
Card No. ___________________________ Exp. Date: ___________________________

Name on the card: ___________________________

Authorized signature: ___________________________

With credit card payment, you may fax completed registration form to 713.798.7955.

Return completed form and payment to:
Baylor College of Medicine
Office of CME (1478), P.O. Box 4708
Houston, Texas 77210-4708

Special requests

Contact OCME if you have any dietary needs (specify below) or any ADA accommodation needs.

To register/pay online, visit the activity website at BaylorCMe.org/CME/1478 and follow the instructions.